

2008 PAC Women's Soccer Release

Week 2 - September 8



Presidents' Athletic Conference
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2008 PAC WOMEN'S SOCCER STANDINGS (through Sept. 7)

School	PAC Contests					All Contests							
	W	L	T	Pct.	Pts!	GF	GA	W	L	T	Pct.	GF	GA
Thomas More	0	0	0	.000	0	0	0	3	1	0	.750	14	4
Washington & Jefferson	0	0	0	.000	0	0	0	3	1	0	.750	5	6
Westminster	0	0	0	.000	0	0	0	3	1	1	.700	14	6
Waynesburg	0	0	0	.000	0	0	0	2	1	0	.667	7	2
Bethany	0	0	0	.000	0	0	0	2	2	0	.500	3	3
Grove City	0	0	0	.000	0	0	0	2	2	0	.500	11	11
Thiel	0	0	0	.000	0	0	0	0	1	2	.333	2	3
Chatham	0	0	0	.000	0	0	0	0	3	0	.000	0	13
Geneva*								2	2	0	.500	5	3
Saint Vincent*								1	2	1	.375	4	5

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Tuesday, September 2, 2008
THOMAS MORE 5, Hanover 2
Point Park 2, GENEVA 0

Wednesday, September 3, 2008
WESTMINSTER 3, Pitt-Bradford 0
Saint Vincent 0, SETON HILL 0 (2ot)
Thiel 1, PITT-GREENSBURG 1 (2ot)
La Roche 1, BETHANY 0
Penn St.-Altoona 5, WASH. & JEFF. 0

Friday, September 5, 2008
FREDONIA STATE 3, Grove City 1
EARLHAM 3, Thomas More 1

Saturday, September 6, 2008
Clarkson 1, Bethany 0 (at Hilbert)
Pitt-Bradford 1, GENEVA 0
Rochester 5, Grove City 0 (at Fredonia)
Westminster 2, Brockport 2 (at Marietta) (2ot)
Washington & Jefferson 1, MEDAILLE 0
WAYNESBURG 3, Chatham 0

Sunday, September 7, 2008
Wash. & Jeff. 1, Buffalo State 0 (at Medaille)
Bethany 1, HILBERT 0
Muskingum 2, THIEL 1
Thomas More 6, FRANKLIN 0
Juniata 2, SAINT VINCENT 0
Westminster 3, MARIETTA 1

THIS WEEK

Tuesday, September 9, 2008
Point Park at Chatham - 4:30 p.m.

Wednesday, September 10, 2008
Pitt-Greensburg at Saint Vincent - 3 p.m.
Allegheny at Grove City - 4:30 p.m.
Washington & Jefferson at Capital - 5 p.m.
Bethany at Franciscan - 5:30 p.m.
Mount Aloysius at Waynesburg - 6:30 p.m.

Thursday, September 11, 2008
Thiel at La Roche - 3 p.m.

Saturday, September 13, 2008
Washington & Jefferson at Muskingum - noon
Bethany at Wooster - 1 p.m.
Grove City at La Roche - 1 p.m.
Thomas More at Anderson - 1 p.m.
Westminster at Penn State-Behrend - 1 p.m.
Medaille at Geneva - 2 p.m.
Pitt-Bradford at Saint Vincent - 3 p.m.
Alfred at Thiel - 4 p.m.
Waynesburg at Pitt-Greensburg - 4 p.m.

Offensive Player of the Week

CHRISTINA ADAMS

Westminster

Senior F
Hubbard, Ohio
Hubbard H.S.



Adams posted three goals and three assists for nine points in three matches last week for the 2-0-1 Titans, who sandwiched wins over Pitt-Bradford (3-0) and Marietta (3-1) around a 2-2 tie with Brockport State. She posted both game-winning goals and was named to the All-Tournament team at the Marietta Classic.

Also nominated was junior F **Hannah Yang** of Grove City, junior F **Deanna Goshdigian** of Thomas More, junior M **Spencer Ahrenholtz** of W&J, and junior F/M **Catherine Moore** of Waynesburg.

Def./Goalkeeper of the Week

JESSI LOSTETER

Westminster

Senior D
Jefferson Hills, Pa.
Thomas Jefferson H.S.



Losteter led the Titan back line which limited opponents to just 21 shots in three games (including none vs. Pitt-Bradford) as Westminster went 2-0-1 with wins against UP-B (3-0) and Marietta (3-1) along with a 2-2 tie vs. Brockport State.

Also nominated was freshman D **Brea Thrower** of Bethany, sophomore D **Ashley Bates** of Chatham, junior M **Kaitlyn Cohen** of Thomas More, senior GK **Jackie Foltz** of Washington & Jefferson, and senior GK **Paige Yeich** of Waynesburg.

PAC WOMEN'S SOCCER 2008 - Week 2 Conference Notes

WHO'S HOT: Washington & Jefferson posted consecutive road shutouts in New York over the weekend with 1-0 victories against Medaille and Buffalo State ... Thomas More posted lopsided shutout wins over Hanover (5-0) and Franklin (6-0) ... Westminster went 2-0-1 on the week, including a 3-0 home blanking of Pitt-Bradford and a 3-1 road win at Marietta ... Junior F/MF **Catherine Moore** posted a pair of assists for Waynesburg in a 3-0 non-conference win over Chatham.

NEWS & NOTES: Diana Prugel and Kristin Colley of Grove City were each named to the All-Tournament team at the Fredonia State Days Inn Classic ... In three contests last week, Thomas More out-shot its opponents 70-23 and held a 50-13 advantage in corner kicks ... **Loren McAnany** scored the game's lone goal in the sixth minute, assisted by **Cassie Spalding**, to lead Bethany to a 1-0 road win at Hilbert Sunday ... GK **Julie Brady** earned her first career shutout for the Bison with seven saves.

AROUND THE LEAGUE: Saint Vincent freshman GK **Kirstie Mills** earned her first collegiate career shutout as she made seven saves, including three in the two extra periods, as the Bearcats battled Division II Seton Hill to a 0-0 tie ... GK **Lauren Londino** made nine saves for Geneva in a 1-0 loss to Pitt-Bradford ... **Spencer Ahrenholtz** scored the lone goal for W&J in a 1-0 win at Medaille ... Chatham GK **Mary McMahon** made 13 saves in a 3-0 non-conference loss to Waynesburg on Friday.

Bethany Bison (2-2, 0-0 PAC)



Bethany dropped its first two matches of the week by 1-0 scores to La Roche and Clarkson before securing a win over Hilbert ... The Bison outshot La Roche 16-10, but the Redhawks tallied the only goal in the 7th minute and made it stand ... Although Clarkson held a 16-5 advantage in shots against BC, the Green & White stayed in the match behind six saves from GK **Julie Brady** ... However, the Knights finally broke through for the winning goal with just 2:07 to play ... Bethany's **Loren McAnany** scored six minutes into Sunday's game with Hilbert and the Bison held off the Hawks for the win ... **Cassie Spalding** assisted on McAnany's score and Brady made seven saves for her first career shutout.

Chatham Cougars (0-3, 0-0 PAC)



Chatham University lost to Waynesburg University 3-0, in the final of a three-game away series ... Goalkeeper **Mary McMahon** concluded the match-up with a total of 13 saves ... Waynesburg dominated in shots through both periods of play, picking up three goals on 31 attempts ... Chatham hosts its first home game of the season on September 9, against Point Park University at 4 p.m.

Geneva Golden Tornadoes (2-2)



What a difference a week makes ... In the first week of the season, Geneva scored five times in its first two games to match its win total from a year ago ... The Golden Tornadoes returned home last week and dropped a pair of matches to Point Park and Pitt-Bradford ... Geneva's offense was silenced as both games ended in shutout losses ... Despite the heroics in goal from **Lauren Londino**, who made nine saves against Pitt-Bradford, Geneva's offense could not get on track ... Pitt-Bradford notched the only goal of the match in the 47th minute ... It was the first goal in four games for Pitt-Bradford.

Grove City Wolverines (2-2, 0-0 PAC)



Grove City fell to 2-2 with a pair of setbacks in Fredonia, N.Y. this weekend ... Friday, Grove City led host Fredonia State 1-0 late in the first half but the Blue Devils rallied for a 3-1 win ... Junior **Hannah Yang** scored the Wolverine goal ... Saturday, Rochester handed Grove City a 5-0 defeat ... **Diana Prugel** and **Kristin Colley** each earned All-Tournament team honors ... Three of Grove City's next four matches are at home, starting with a home match with Allegheny Wednesday afternoon at 4:30 p.m. ... The Wolverines close the week with a trip to La Roche Saturday afternoon at 1 p.m.

Saint Vincent Bearcats (1-2-1)



The Bearcats were winless in two games this week, battling Seton Hill to a 0-0 tie on Wednesday before falling 2-0 to Juniata on Sunday ... On Wednesday, the SVC defense was strong, led by freshman goalie **Kirstie Mills**, who made seven saves, including three in the two extra periods, to earn her first career shutout ... In Sunday's loss, Juniata scored once in each half, while the SVC offense continued to struggle, managing just four shots on goal ... Mills was solid once again, posting eight saves.

Thiel Tomcats (0-1-2, 0-0 PAC)



Thiel scored its first goal of the season at Pitt-Greensburg on Wednesday, en route to a 1-1 draw.

Thomas More Saints (3-1, 0-0 PAC)



The Saints went 2-1 last week and earned shutouts in their two wins ... Through their first four matches, the Saints have outshot their opponents, 83-36 ... The Saints have 54 shots on goals to their opponents' 19 ... Junior F **Deanna Goshdigan** leads the team with 13 points as she has scored six goals and added an assist.

Washington & Jefferson Presidents (3-1, 0-0 PAC)



W&J recorded consecutive shutouts in Buffalo, N.Y. last weekend ... Junior midfielder **Spencer Ahrenholtz** leads the team with six points (3 goals), while senior goalie **Jackie Foltz** has stopped 20 shots for the Presidents ... Senior midfielder **Madison Manius** netted the only goal for the Presidents in a 1-0 victory over Buffalo State on Sunday afternoon ... Senior midfielder **Julianna Priola** was credited with the assist leading to Ahrenholtz's goal that gave W&J the 1-0 victory over Medaille.

Waynesburg Yellow Jackets (2-1, 0-0 PAC)



Waynesburg won its only game of the week by the score of 3-0 over the Chatham Cougars in a non-conference contest between two PAC opponents. The Yellow Jackets out-shot the Cougars 31-2 in the victory, while goalie **Paige Yeich** got the start and the shutout win in goal ... Waynesburg goals were scored by **Courtney Ebersole**, **Danielle Danhires** and **Melody Cox** ... The Jackets host Mount Aloysius on Wednesday before traveling to Hood over the weekend.

Westminster Titans (3-1-1, 0-0 PAC)



Westminster finished the week with a 2-0-1 record ... The Titans started off the week by holding Pitt-Bradford shot-less in a 3-0 win ... Senior F **Christina Adams** scored her first two goals of the season and added another point when she and freshman **Samantha Killmeyer** each assisted on a goal by sophomore F **Sarah Nee** ... Adams posted three goals and three assists in three games during the week ... The Titans traveled to Marietta where they tied SUNY-Brockport, 2-2, at the Marietta Soccer Classic ... Westminster got goals from Nee and Killmeyer for the second straight game ... Against Marietta, the Titans beat the host Pioneers 3-1 Sunday.

Bethany Bison
2-2, 0-0 PAC

Aug. 30	at Marietta	W 2-1
Sept. 3	LA ROCHE	L 0-1
Sept. 6	at Clarkson (at Hilbert)	L 0-1
Sept. 7	at Hilbert	W 1-0
Sept. 10	at Franciscan	5:30 p.m.
Sept. 13	at Wooster	1 p.m.
Sept. 16	OHIO VALLEY	5 p.m.
Sept. 20	PITT-GREENSBURG	1 p.m.
Sept. 24	MUSKINGUM	4:30 p.m.
Sept. 27	at Waynesburg	11 a.m.
Oct. 3	GENEVA*	6 p.m.
Oct. 8	at Grove City*	4 p.m.
Oct. 11	THIEL*	1 p.m.
Oct. 15	WAYNESBURG*	4 p.m.
Oct. 18	at Chatham*	1 p.m.
Oct. 21	WESTMINSTER*	2 p.m.
Oct. 26	at Saint Vincent*	1 p.m.
Oct. 29	at Wash. & Jeff.*	5 p.m.
Nov. 1	at Thomas More*	6 p.m.
Nov. 5-8	PAC Tournament	

Chatham Cougars
0-3, 0-0 PAC

Aug. 30	at Alvernia	L 0-4
Aug. 31	vs. Shenandoah	L 0-6
Sept. 5	at Waynesburg	L 0-3
Sept. 9	POINT PARK	4:30 p.m.
Sept. 20	at Mount Aloysius	1 p.m.
Sept. 23	at Penn State-Altoona	7 p.m.
Sept. 27	at Lake Erie	1 p.m.
Oct. 1	at Pitt-Bradford	4 p.m.
Oct. 4	at Wash. & Jeff.*	2 p.m.
Oct. 7	WAYNESBURG*	4 p.m.
Oct. 12	at Thomas More*	noon
Oct. 15	at Geneva*	7 p.m.
Oct. 18	BETHANY*	1 p.m.
Oct. 23	at Grove City*	4 p.m.
Oct. 25	THIEL*	1 p.m.
Oct. 29	at Saint Vincent*	4 p.m.
Nov. 1	WESTMINSTER*	1 p.m.
Nov. 5-8	PAC Tournament	

Geneva Golden Tornadoes
2-2

Aug. 29	at La Roche	W 2-0
Aug. 30	vs. Carlow (at La Roche)	W 3-0
Sept. 2	POINT PARK	L 0-2
Sept. 6	PITT-BRADFORD	L 0-1
Sept. 13	MEDIALLE	2 p.m.
Sept. 17	at Franciscan	5:30 p.m.
Sept. 20	at Heidelberg	2 p.m.
Sept. 24	PITT-GREENSBURG	7 p.m.
Oct. 3	at Bethany*	6 p.m.
Oct. 8	WASH. & JEFF.*	5 p.m.
Oct. 11	at Westminster*	5 p.m.
Oct. 15	CHATHAM*	7 p.m.
Oct. 17	SAINT VINCENT*	5 p.m.
Oct. 21	at Waynesburg*	6:30 p.m.
Oct. 25	THOMAS MORE*	5 p.m.
Oct. 29	at Thiel*	5 p.m.
Nov. 1	at Grove City*	2:30 p.m.

2008 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK

	<u>Offense</u>	<u>Defense/GK</u>
September 1:	Emily Ostlund , M, GRO	Jill Harry , GK, THI
September 8:	Christina Adams , F, WES	Jessi Losteter , D, WES
September 15:		
September 22:		
September 29:		
October 6:		
October 13:		
October 20:		
October 27:		
November 3:		

Grove City Wolverines
2-2, 0-0 PAC

Aug. 29	MEDAILLE	W 8-2
Aug. 30	MOUNT ST. JOSEPH	W 2-1
Sept. 5	at Fredonia State	L 1-3
Sept. 6	vs. Rochester	L 0-5
Sept. 10	ALLEGHENY	4:30 p.m.
Sept. 13	at La Roche	1 p.m.
Sept. 16	PENN ST.-BEHREND	4 p.m.
Sept. 20	JOHN CARROLL	noon
Sept. 23	at Baldwin-Wallace	7 p.m.
Sept. 27	at Mount Union	1 p.m.
Oct. 1	at Carnegie Mellon	7:30 p.m.
Oct. 4	THIEL*	noon
Oct. 8	BETHANY*	4 p.m.
Oct. 10	at Waynesburg*	6:30 p.m.
Oct. 15	at Saint Vincent*	4 p.m.
Oct. 17	THOMAS MORE*	1 p.m.
Oct. 23	CHATHAM*	4 p.m.
Oct. 25	at Wash. & Jeff.*	3 p.m.
Oct. 29	at Westminster*	7:30 p.m.
Nov. 1	GENEVA*	2:30 p.m.
Nov. 5-8	PAC Tournament	

PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS

Coming September 16...



**Saint Vincent Bearcats
1-2-1**

Aug. 30	vs. Hiram (at CWRU)	W 3-1
Aug. 31	at Case W. Reserve	L 1-2
Sept. 3	at Seton Hill	T 0-0
Sept. 7	JUNIATA	L 0-2
Sept. 10	PITT-GREENSBURG	3 p.m.
Sept. 13	PITT-BRADFORD	3 p.m.
Sept. 20	at Marietta	1 p.m.
Sept. 23	at Frostburg State	5:30 p.m.
Sept. 28	LYCOMING	1 p.m.
Sept. 30	BALDWIN-WALLACE	2:30 p.m.
Oct. 3	WAYNESBURG*	2 p.m.
Oct. 8	WESTMINSTER*	4 p.m.
Oct. 11	at Wash. & Jeff.*	noon
Oct. 15	GROVE CITY*	4 p.m.
Oct. 17	at Geneva*	5 p.m.
Oct. 22	at Thomas More*	4 p.m.
Oct. 26	BETHANY*	1 p.m.
Oct. 29	CHATHAM*	4 p.m.
Nov. 1	at Thiel*	1 p.m.

**Thiel Tomcats
0-1-2, 0-0 PAC**

Aug. 30	MOUNT ALOYSIUS	T 0-0
Sept. 3	at Pitt-Greensburg	T 1-1
Sept. 7	MUSKINGUM	L 1-2
Sept. 11	at La Roche	3 p.m.
Sept. 13	ALFRED	4 p.m.
Sept. 18	CARLOW	5 p.m.
Sept. 20	BLUFFTON	2 p.m.
Sept. 23	at Pitt-Bradford	5 p.m.
Sept. 25	at Hilbert	3 p.m.
Oct. 4	at Grove City*	noon
Oct. 9	THOMAS MORE*	2 p.m.
Oct. 11	at Bethany*	1 p.m.
Oct. 15	at Westminster*	9 p.m.
Oct. 18	WAYNESBURG*	1 p.m.
Oct. 21	WASH. & JEFF.*	4 p.m.
Oct. 25	at Chatham*	1 p.m.
Oct. 29	GENEVA*	5 p.m.
Nov. 1	SAINT VINCENT*	1 p.m.
Nov. 5-8	PAC Tournament	

**Thomas More Saints
3-1, 0-0 PAC**

Aug. 29	CAPITAL	W 2-1 (ot)
Sept. 2	HANOVER	W 5-0
Sept. 5	at Earlham	L 1-3
Sept. 7	at Franklin	W 6-0
Sept. 13	at Anderson	1 p.m.
Sept. 16	CENTRE	4 p.m.
Sept. 23	MOUNT ST. JOSEPH	4 p.m.
Sept. 26	at Ohio Wesleyan	7 p.m.
Sept. 28	at Rose-Hulman	1:30 p.m.
Oct. 4	WESTMINSTER*	noon
Oct. 5	SPAULDING	1:30 p.m.
Oct. 9	at Thiel*	1 p.m.
Oct. 12	CHATHAM*	noon
Oct. 14	WASH. & JEFF.*	4 p.m.
Oct. 17	at Grove City*	1:30 p.m.
Oct. 22	SAINT VINCENT*	4 p.m.
Oct. 25	at Geneva*	noon
Oct. 29	at Waynesburg*	3:30 p.m.
Nov. 1	BETHANY*	TBA
Nov. 5-8	PAC Tournament	

**Wash. & Jeff. Presidents
3-1, 0-0 PAC**

Aug. 31	at Pitt-Greensburg	W 3-1
Sept. 3	PENN ST.-ALTOONA	L 0-5
Sept. 6	at Medaille	W 1-0
Sept. 7	vs. Buffalo St. (at Medaille)	W 1-0
Sept. 10	at Capital	5 p.m.
Sept. 13	at Muskingum	noon
Sept. 20	PENN ST.-BEHREND	2 p.m.
Sept. 24	MARIETTA	5 p.m.
Sept. 27	at Wooster	2 p.m.
Oct. 1	FRANCISCAN	7 p.m.
Oct. 4	CHATHAM*	2 p.m.
Oct. 8	at Geneva*	5 p.m.
Oct. 11	SAINT VINCENT*	noon
Oct. 14	at Thomas More*	4 p.m.
Oct. 17	at Westminster*	8 p.m.
Oct. 21	at Thiel*	4 p.m.
Oct. 25	GROVE CITY*	3 p.m.
Oct. 29	BETHANY*	5 p.m.
Nov. 1	at Waynesburg*	5:30 p.m.
Nov. 5-8	PAC Tournament	

**Waynesburg Yellow Jackets
2-1, 0-0 PAC**

Aug. 29	vs. Carlow (at La Roche)	W 3-0
Aug. 30	vs. Point Park (at La Roche)	L 1-2
Sept. 5	CHATHAM	W 3-0
Sept. 10	MOUNT ALOYSIUS	6:30 p.m.
Sept. 13	at Pitt-Greensburg	4 p.m.
Sept. 16	MUSKINGUM	6:30 p.m.
Sept. 20	at La Roche	noon
Sept. 24	at Franciscan	5:30 p.m.
Sept. 27	BETHANY	11 a.m.
Oct. 3	at Saint Vincent*	2 p.m.
Oct. 7	at Chatham*	4 p.m.
Oct. 10	GROVE CITY*	6:30 p.m.
Oct. 15	at Bethany*	4 p.m.
Oct. 18	at Thiel*	1 p.m.
Oct. 21	GENEVA*	6:30 p.m.
Oct. 25	at Westminster*	6:30 p.m.
Oct. 29	THOMAS MORE*	3:30 p.m.
Nov. 1	WASH. & JEFF.*	5:30 p.m.
Nov. 5-8	PAC Tournament	

**Westminster Titans
3-1-1, 0-0 PAC**

Aug. 29	MOUNT ST. JOSEPH	L 0-1
Aug. 30	MEDAILLE	W 6-2
Sept. 3	PITT-BRADFORD	W 3-0
Sept. 6	vs. Brockport (at Marietta)	T 2-2
Sept. 7	at Marietta	W 3-1
Sept. 13	at Penn State-Behrend	1 p.m.
Sept. 16	at Allegheny	4:30 p.m.
Sept. 18	at Pitt-Greensburg	4 p.m.
Sept. 24	at La Roche	3 p.m.
Sept. 27	at Baldwin-Wallace	4:30 p.m.
Oct. 4	at Thomas More*	TBA
Oct. 8	at Saint Vincent*	4 p.m.
Oct. 11	GENEVA*	5 p.m.
Oct. 15	THIEL*	9 p.m.
Oct. 17	WASH. & JEFF.*	8 p.m.
Oct. 21	at Bethany*	4 p.m.
Oct. 25	WAYNESBURG*	6:30 p.m.
Oct. 29	GROVE CITY*	7:30 p.m.
Nov. 1	at Chatham*	1 p.m.
Nov. 5-8	PAC Tournament	