

2009 PAC Women's Soccer Release

Week 3 - September 14



Presidents' Athletic Conference
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2009 PAC WOMEN'S SOCCER STANDINGS (as of Sept. 13)

School	PAC Contests					All Contests							
	W	L	T	Pct.	Pts!	GF	GA	W	L	T	Pct.	GF	GA
Thomas More	0	0	0	.000	0	0	0	4	0	0	1.000	10	1
Bethany	0	0	0	.000	0	0	0	3	2	0	.600	13	6
Westminster	0	0	0	.000	0	0	0	3	2	0	.600	7	6
Waynesburg	0	0	0	.000	0	0	0	2	2	0	.500	4	0
Grove City	0	0	0	.000	0	0	0	1	1	2	.500	5	9
Thiel	0	0	0	.000	0	0	0	2	3	1	.417	3	6
Wash. & Jeff.	0	0	0	.000	0	0	0	1	3	1	.300	5	8
Chatham	0	0	0	.000	0	0	0	1	3	0	.250	12	16
Geneva*	0	0	0	.000	0	0	0	2	2	0	.500	6	7
Saint Vincent*	0	0	0	.000	0	0	0	1	4	0	.200	7	13

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie
* - NCAA Division III provisional member - not eligible for 2009 PAC championship or player of the week honors

LAST WEEK

Tuesday, September 8, 2009
Pitt-Bradford 3, Chatham 2 (2ot)
Juniata 2, Saint Vincent 1 (ot)
Point Park 2, Waynesburg 1

Wednesday, September 9, 2009

Thiel 1, Pitt-Greensburg 0
Geneva 1, La Roche 0 (ot)
Wooster 1, Wash. & Jeff. 0
Bethany 3, Franciscan 1

Thursday, September 10, 2009

Carlow 1, Waynesburg 0

Friday, September 11, 2009

John Carroll 5, Grove City 0
Thomas More 5, Earlham 0
Westminster 3, Shenandoah 2 (2ot)
La Roche 7, Chatham 0

Saturday, September 12, 2009

Grove City 1, Olivet 1 (2ot)
Saint Vincent 3, Franciscan 0
Medaille 4, Geneva 2
Muskingum 2, Thiel 0
Westminster 2, Pitt-Johnstown 1 (ot)
Wash. & Jeff. 1, Shenandoah 1 (2ot)
Wooster 3, Bethany 1

Sunday, September 13, 2009

Thomas More 1, Marietta 0

Wash. & Jeff. 3, Medaille 1

THIS WEEK

Monday, September 14, 2009
Chatham at Mount Aloysius - 4 p.m.

Tuesday, September 15, 2009

Bethany at Seton Hill - 4 p.m.
Westminster at John Carroll - 4 p.m.
Pitt-Greensburg at Wash. & Jeff. - 7 p.m.

Wednesday, September 16, 2009

Frostburg State at Saint Vincent - 3 p.m.
Grove City at Allegheny - 4 p.m.
Waynesburg at Mount Aloysius - 4 p.m.
Franciscan at Geneva - 7 p.m.
Thiel at Carlow - 7 p.m.

Friday, September 18, 2009

Millikin at Thomas More - 3 p.m.
Muskingum at Wash. & Jeff. - 7 p.m.

Saturday, September 19, 2009

Geneva at Point Park - 2 p.m.
Saint Vincent at Mount Union - 2 p.m.
Thomas More at Defiance - 2 p.m.
Juniata at Westminster - 3 p.m.
Baldwin-Wallace at Grove City - 3:30 p.m.
Thiel at Bluffton - 2 p.m.

Sunday, September 20, 2009

Hilbert at Bethany - 1 p.m.

Offensive Player of the Week

DANIELLE STRUBLE

Westminster

Junior F
Curwensville, Pa.
Curwensville H.S.



Junior F Danielle Struble figured in on both overtime goals during the week as she scored the game-winner vs. Shenandoah, 3-2 win in double OT on Friday night, and assisted on junior Sarah Nee's game-winner at Pitt-Johnstown, a 2-1 win in the first OT.

Also nominated was Thomas More junior M **Megan Hobbs**, Grove City sophomore F **Arielle Goyzueta**, Wash. & Jeff. sophomore M **Elizabeth Bendick**, Bethany sophomore F **Cassie Spalding** and Chatham senior D **Courtney Korzeniowski**.

Def./Goalkeeper of the Week

KAITLYN COHEN

Thomas More

Senior D
Cincinnati, Ohio
Seton H.S.



Cohen helped anchor the Saints' defense which had two shutouts last week with a 5-0 win over Earlham and a 1-0 win over Marietta. She scored the game-winning goal against Earlham from 35-yards out.

Also nominated was Westminster freshman GK **Jenn Cantella**, Grove City freshman GK **Keri Ketcham**, Thiel junior GK **Jill Harry**, Wash. & Jeff. sophomore GK **Stephanie Saussol**, Bethany sophomore D **Brea Thrower**, Chatham junior GK **Lauren Strang** and Waynesburg sophomore GK **Katrina Kelly**.

PAC WOMEN'S SOCCER 2009 - Week 3 Conference Notes

WHO'S HOT: Thomas More remains unbeaten after the second week of the season, with a pair of wins last weekend ... Bethany and Westminster are holding second place in the conference standings this week with 3-2 records ... In its win over Franciscan, Bethany scored three times in the final 17 minutes for the victory ... After an 0-2 start, Westminster has now won three straight games including two overtime wins last week.

NEWS & NOTES: PAC teams went 3-2-2 in games that went to overtime, including overtime wins by Geneva and Westminster ... Thiel recorded its first win with a 1-0 victory over Pitt-Greensburg ... The Tomcats last won a home game in September 2006 ... Saint Vincent GK **Kirstie Mills** posted her fifth career shutout in goal against Franciscan ... Geneva GK **Lauren Londino** posted her first shutout of the season with an overtime win over La Roche.

AROUND THE LEAGUE: Grove City outshot opponents last week, 70-28 while posting 1-1 for the week ... After leading Wash. & Jeff. with 14 goals in 2008, senior M **Spencer Ahrenholtz** has been held without a goal so far this season, but has still contributed on the field, dishing out a team-leading three assists ... Westminster GK **Jenn Cantella** gave up just three goals over 203 minutes while making 13 saves ... Waynesburg F **Courtney Ebersole** scored the team's lone goal of the week.

Bethany Bison
(3-2, 0-0 PAC)



The Bison split a pair of 3-1 decisions last week, winning over Franciscan and falling to unbeaten Wooster ... The win over Franciscan was not easily attained, as BC scored three times in the final 17 minutes for the victory ... **Julie Lindenfesler** scored the tying goal off a double assist from **Cassie Spalding** and **Kortni Collins**, then Spalding netted the go-ahead score with just under 8 minutes to play ... The final score was turned in by **Brittany Bizila** off an assist from **Hilary Clark** ... **Brittany Sadler** made 3 saves in the triumph ... Bethany fell behind Wooster 2-0, but a Spalding goal off a **Lisa Wabrick** assist just before half made it a one-goal deficit.

Chatham Cougars
(1-3, 0-0 PAC)



Chatham fell in double overtime this week to Pitt-Bradford; the tying goal in regulation came from **Courtney Korzeniowski** with 0.5 seconds left on the clock ... The late rally was not enough to claim the victory, however, as the Cougars fell 3-2 (2 OT) ... The team sought to redeem themselves later in the week as they traveled to La Roche College, but were again unsuccessful losing the game by a score of 7-0.

Geneva Golden Tornadoes
(2-2)



Geneva's women's soccer team split a pair of matches this past week to move its overall record to 2-2 ... The week started in dramatic fashion with **Risa Tillman** finding the back of the net with three minutes remaining in the first overtime to lift Geneva to a 1-0 overtime victory over La Roche College ... **Lauren Londino** notched her first shut-out of the season by making eight saves in the win ... On Saturday, the Golden Tornadoes rallied from a two goal deficit with a pair of first half tallies from freshman **Maura Allen** ... The comeback was for not after Medaille posted a pair of second half goals in a 4-2 final.

Grove City Wolverines
(1-1-2, 0-0 PAC)



Grove City went 0-1-1 last weekend at the John Carroll Classic in University Heights, Ohio ... Friday, Grove City fell to John Carroll 5-0 despite owning a 19-14 edge in shots ... The Wolverines also had eight corner kicks ... JCU scored all five goals in the second half ... Saturday, the Wolverines rebounded for a 1-1 draw with Olivet ... Grove City put 32 shots on goal and finished with a 51-14 shot advantage ... **Arielle Goyzueta** knotted the match with her first goal of the season at 22:43 ... GK **Keri Ketcham** blanked Olivet over the final 89 minutes of the match ... Grove City will face Allegheny Wednesday afternoon in non-conference action ... Saturday, the Wolverines host Baldwin-Wallace at 3 p.m.

Saint Vincent Bearcats
(1-4)



After suffering their second 2-1 overtime defeat in as many days on Tuesday at Juniata, the Bearcats rebounded to defeat Franciscan 3-0 on Saturday afternoon for their first win of the year ... **Leanna Seminsky** scored twice in the victory, while **Michelle Stepien** contributed with a goal and an assist ... **Kirstie Mills** posted her fifth career shutout in goal, making six saves, while the Bearcats outshot the Barons 17-9 on the day ... In the hard-luck loss at Juniata on Tuesday, Seminsky scored Saint Vincent's lone goal in the 37th minute ... She has now scored four goals over the Bearcats' last three games.

Thiel Tomcats
(2-3-1, 0-0 PAC)



Thiel College women's soccer had not won a home game since September 3, 2006 ... That streak ended as the Tomcats showed a strong defensive effort to win 1-0 against the Panthers of Pitt-Greensburg ... The Thiel College women's soccer team dropped their third game of the season, 0-2, to the Muskingum College Fighting Muskies on Saturday ... Over the past week, junior GK **Jill Harry** posted a 26 saves.

Thomas More Saints
(4-0, 0-0 PAC)



The Saints remained undefeated with two shutout wins over Earlham (5-0) and Marietta (1-0) ... Last week freshman M **Abby Gindling** led the team in scoring with four points on two goals and junior M **Megan Hobbs** was second in scoring with three points on a goal and an assists ... Senior GK **Jenna Kramer** played all 180 minutes in goal and recorded 10 saves, while senior D **Kaitlyn Cohen** scored the game-winning goal over Earlham ... Sophomore F **Lauren Wietmarschen** leads the team in scoring on the season with five points on two goals and one assist ... Kramer had three shutouts in four appearances in goal and has allowed only one goal and recorded 13 saves.

Washington & Jefferson Presidents
(1-3-1, 0-0 PAC)



The Wash. & Jeff. women's soccer team picked up its first victory of the 2009 season last week after defeating Medaille College (N.Y.) by a score of 3-1 on Sunday afternoon in Washington ... The Presidents battled Shenandoah to a 1-1 double overtime tie on Saturday afternoon, while dropping a 1-0 decision against The College of Wooster on September 9 ... After leading the team with 14 goals in 2008, senior M **Spencer Ahrenholtz** has been held without a goal in the first five games of the season, but has still contributed on the field, dishing out a team-leading three assists.

Waynesburg Yellow Jackets
(2-2, 0-0 PAC)



It was a heart-breaking week for Waynesburg as they dropped a pair of one-goal road matches to non-conference opponents ... The week started with a 2-1 loss at Point Park on Sept. 8 and that was followed by a 1-0 defeat at Carlow ... Freshman F **Courtney Ebersole** scored the team's lone goal of the week ... It was her fourth score of the season ... Sophomore GK **Katrina Kelly** continued to perform well in net by stopping 21 of 24 shots on goal ... She stopped 17 attempts at Carlow.

Westminster Titans
(3-2, 0-0 PAC)



After an 0-2 start, Westminster has now won three straight games including two overtime wins last week ... The Titans beat Shenandoah, 3-2, in double overtime Friday night before traveling to Pitt-Johnstown Saturday and beating the Division II school, 2-1, in overtime ... Senior **Lauren Graeser** scored two goals ... Junior F **Danielle Struble** figured in on both overtime goals during the week as she scored the game-winner vs. Shenandoah and assisted on junior **Sarah Nee's** game-winner vs. Pitt-Johnstown ... Freshman GK **Jenn Cantella** gave up just three goals over 203 minutes while making 13 saves.

Bethany Bison
3-2, 0-0 PAC

Chatham Cougars
1-3, 0-0 PAC

Geneva Golden Tornadoes
2-2

Sept. 1	at Pitt-Greensburg	W, 2-0
Sept. 3	at La Roche	L, 1-2
Sept. 5	MOUNT ALOYSIUS	W, 6-0
Sept. 9	FRANCISCAN	W, 3-1
Sept. 12	WOOSTER	L, 1-3
Sept. 15	at Seton Hill	4 p.m.
Sept. 20	HILBERT	1 p.m.
Sept. 23	at Muskingum	5 p.m.
Sept. 26	at Hiram	1 p.m.
Sept. 30	MARIETTA	4:30 p.m.
Oct. 3	ST. VINCENT*	3 p.m.
Oct. 7	at Geneva*	5:30 p.m.
Oct. 9	THOMAS MORE*	6:45 p.m.
Oct. 13	GROVE CITY*	7:30 p.m.
Oct. 17	at Thiel*	1 p.m.
Oct. 20	at Waynesburg*	6:30 p.m.
Oct. 24	CHATHAM*	1 p.m.
Oct. 27	at Westminster*	3 p.m.
Oct. 31	WASH. & JEFF.*	3 p.m.
Nov. 3-7	PAC Tournament	TBA

Sept. 1	at Carlow	L, 0-4
Sept. 5	PENN STATE-DUBOIS	W, 10-2
Sept. 8	PITT-BRADFORD	L, 2-3 (ot)
Sept. 11	at La Roche	L, 0-7
Sept. 14	at Mount Aloysius	4 p.m.
Sept. 23	at Wilson	4 p.m.
Sept. 26	at Hood	3 p.m.
Oct. 1	at Thiel*	4:30 p.m.
Oct. 5	WASH. & JEFF.*	3:30 p.m.
Oct. 10	at Westminster*	2 p.m.
Oct. 13	at Waynesburg*	6:30 p.m.
Oct. 18	THOMAS MORE*	1 p.m.
Oct. 21	GENEVA*	3:30 p.m.
Oct. 24	at Bethany*	1 p.m.
Oct. 28	GROVE CITY*	3:30 p.m.
Oct. 31	ST. VINCENT*	1 p.m.
Nov. 3-7	PAC Tournament	TBA

Sept. 2	MARIETTA	L, 1-2
Sept. 5	at Pitt-Bradford	W, 2-1
Sept. 9	LA ROCHE	W, 1-0
Sept. 12	MEDAILLE	L, 2-4
Sept. 16	FRANCISCAN	7 p.m.
Sept. 19	at Point Park	2 p.m.
Sept. 23	MOUNT ALOYSIUS	6 p.m.
Sept. 26	HEIDELBERG	2 p.m.
Oct. 3	at Thomas More*	4:30 p.m.
Oct. 7	BETHANY*	5 p.m.
Oct. 10	GROVE CITY*	11 a.m.
Oct. 13	WASH. & JEFF.*	5 p.m.
Oct. 16	WESTMINSTER*	5 p.m.
Oct. 21	at Chatham*	3:30 p.m.
Oct. 24	at St. Vincent*	1 p.m.
Oct. 28	WAYNESBURG*	5 p.m.
Oct. 30	at Thiel*	1 p.m.

2009 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK

	<u>Offense</u>	<u>Defense/GK</u>
September 7:	Courtney Ebersole , F, WAY	Katrina Kelly , GK, WAY
September 14:	Danielle Struble , F, WES	Kaitlyn Cohen , D, TMC
September 21:		
September 28:		
October 5:		
October 12:		
October 19:		
October 26:		
November 2:		

Grove City Wolverines
1-1-2, 0-0 PAC

Sept. 4	DAEMEN	W, 4-3
Sept. 5	MOUNT UNION	T, 0-0 (2ot)
Sept. 11	at John Carroll	L, 0-5
Sept. 12	Olivet (at JCU)	T, 1-1 (2ot)
Sept. 16	at Allegheny	4 p.m.
Sept. 19	BALDWIN-WALLACE	3:30 p.m.
Sept. 23	at Penn State-Behrend	4 p.m.
Sept. 26	WASH. & JEFF.*	2 p.m.
Sept. 29	CARNEGIE MELLON	4:30 p.m.
Oct. 1	at Penn State-Altoona	6 p.m.
Oct. 5	at Thiel*	4 p.m.
Oct. 10	at Geneva*	12 p.m.
Oct. 13	at Bethany*	7:30 p.m.
Oct. 17	WAYNESBURG*	12 p.m.
Oct. 21	ST. VINCENT*	3 p.m.
Oct. 24	at Thomas More*	12 p.m.
Oct. 28	at Chatham*	3:30 p.m.
Oct. 31	at Westminster*	3 p.m.
Nov. 3-7	PAC Tournament	TBA

PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS
(coming soon!)

**Saint Vincent Bearcats
1-4**

Sept. 2	SETON HALL	L, 0-1
Sept. 5	Wooster (at Marietta)	L, 2-8
Sept. 6	Bluffton (at Marietta)	L, 1-2 (OT)
Sept. 8	at Juniata	L, 1-2 (ot)
Sept. 12	FRANCISCAN	W, 3-0
Sept. 16	FROSTBURG	3 p.m.
Sept. 19	at Mount Union	2 p.m.
Sept. 22	PITT-JOHNSTOWN	4 p.m.
Sept. 26	at Lycoming	3:30 p.m.
Sept. 29	at Baldwin-Wallace	5 p.m.
Oct. 3	at Bethany*	3 p.m.
Oct. 7	at Waynesburg*	6:30 p.m.
Oct. 9	THIEL*	5:30 p.m.
Oct. 12	at Westminster*	8 p.m.
Oct. 18	WASH. & JEFF.*	1 p.m.
Oct. 21	at Grove City*	3 p.m.
Oct. 24	GENEVA*	1 p.m.
Oct. 28	THOMAS MORE*	3 p.m.
Oct. 31	at Chatham*	1 p.m.

**Thiel Tomcats
2-3-1, 0-0 PAC**

Sept. 1	at Mount Aloysius	W, 2-1
Sept. 3	at Franciscan	L, 0-2
Sept. 5	at Alfred	T, 0-0 (2OT)
Sept. 6	Hilbert (at Alfred)	L, 0-1
Sept. 9	PITT-GREENSBURG	W, 1-0
Sept. 12	at Muskingum	L, 0-2
Sept. 16	at Carlow	7 p.m.
Sept. 19	at Bluffton	2 p.m.
Sept. 22	PITT-BRADFORD	5 p.m.
Sept. 24	HILBERT	3 p.m.
Oct. 1	CHATHAM*	4:30 p.m.
Oct. 5	GROVE CITY*	5:30 p.m.
Oct. 9	at St. Vincent*	5:30 p.m.
Oct. 13	at Thomas More*	2:30 p.m.
Oct. 17	BETHANY*	1 p.m.
Oct. 20	WESTMINSTER*	4 p.m.
Oct. 23	at Waynesburg*	6:30 p.m.
Oct. 28	at Wash. & Jeff.*	TBA
Oct. 30	GENEVA*	1 p.m.
Nov. 3-7	PAC Tournament	TBA

**Thomas More Saints
4-0, 0-0 PAC**

Sept. 1	ANDERSON	W, 2-0
Sept. 5	at Mount Saint Joseph	W, 2-1
Sept. 11	EARLHAM	W, 5-0
Sept. 13	MARIETTA	W, 1-0
Sept. 18	MILIKIN	3 p.m.
Sept. 19	at Defiance	3 p.m.
Sept. 22	at Hanover	5 p.m.
Sept. 27	at Capital	1 p.m.
Oct. 2	GENEVA*	4:30 p.m.
Oct. 4	at Westminster*	1 p.m.
Oct. 9	at Bethany*	6:45 p.m.
Oct. 14	THIEL*	2:30 p.m.
Oct. 17	at Denison	3:30 p.m.
Oct. 18	at Chatham*	1 p.m.
Oct. 21	at Wash. & Jeff.*	5 p.m.
Oct. 24	GROVE CITY*	2 p.m.
Oct. 28	at St. Vincent*	3 p.m.
Oct. 31	WAYNESBURG*	12 p.m.
Nov. 3-7	PAC Tournament	TBA

**Wash. & Jeff. Presidents
1-3-1, 0-0 PAC**

Sept. 2	at Penn St.-Behrend	L, 0-2
Sept. 6	at Penn St.-Altoona	L, 1-3
Sept. 9	WOOSTER	L, 0-1
Sept. 12	SHENANDOAH	T, 1-1 (2ot)
Sept. 13	MEDAILLE	W, 3-1
Sept. 15	PITT-GREENSBURG	7 p.m.
Sept. 18	MUSKINGUM	7 p.m.
Sept. 23	at Marietta	4:30 p.m.
Sept. 26	at Grove City*	2 p.m.
Sept. 30	at Franciscan	4 p.m.
Oct. 5	at Chatham*	3:30 p.m.
Oct. 10	WAYNESBURG*	3 p.m.
Oct. 13	at Geneva*	5 p.m.
Oct. 18	at St. Vincent*	1 p.m.
Oct. 21	THOMAS MORE*	5 p.m.
Oct. 24	WESTMINSTER*	1 p.m.
Oct. 28	THIEL*	5 p.m.
Oct. 31	at Bethany*	3 p.m.
Nov. 3-7	PAC Tournament	TBA

**Waynesburg Yellow Jackets
2-2, 0-0 PAC**

Sept. 1	FRANCISCAN	W, 1-0
Sept. 5	PITT-GREENSBURG	W, 3-0
Sept. 8	at Point Park	L, 1-2
Sept. 10	at Carlow	L, 0-1
Sept. 16	at Mount Aloysius	4 p.m.
Sept. 22	at Penn St.-Altoona	6 p.m.
Sept. 26	at Muskingum	12 p.m.
Sept. 30	LAKE ERIE	6:30 p.m.
Oct. 3	WESTMINSTER*	3 p.m.
Oct. 7	SAINT VINCENT*	6:30 p.m.
Oct. 9	LA ROCHE	6:30 p.m.
Oct. 10	WASH. & JEFF.*	3 p.m.
Oct. 13	CHATHAM*	6:30 p.m.
Oct. 17	at Grove City*	2:30 p.m.
Oct. 20	BETHANY*	6:30 p.m.
Oct. 23	THIEL*	6:30 p.m.
Oct. 28	at Geneva*	6 p.m.
Oct. 31	at Thomas More*	12 p.m.
Nov. 3-7	PAC Tournament	TBA

**Westminster Titans
3-2, 0-0 PAC**

Sept. 2	ALLEGHENY	L, 0-1
Sept. 4	MOUNT UNION	L, 1-2
Sept. 5	DAEMEN	W, 1-0
Sept. 11	SHENANDOAH	W, 3-2 (2ot)
Sept. 12	at Pitt-Johnstown	W, 2-1 (ot)
Sept. 15	at John Carroll	4 p.m.
Sept. 19	JUNIATA	3 p.m.
Sept. 23	PITT-GREENSBURG	7:30 pm.
Sept. 26	BALDWIN-WALLACE	4 p.m.
Sept. 30	at Fredonia State	5 p.m.
Oct. 3	at Waynesburg*	3 p.m.
Oct. 4	THOMAS MORE*	1 p.m.
Oct. 6	PENN ST.-BEHREND	3:30 p.m.
Oct. 10	CHATHAM*	2 p.m.
Oct. 12	ST. VINCENT*	8 p.m.
Oct. 16	at Geneva*	5 p.m.
Oct. 21	at Thiel*	4 p.m.
Oct. 24	at Wash. & Jeff.*	4 p.m.
Oct. 27	BETHANY*	3 p.m.
Oct. 31	GROVE CITY*	3 p.m.
Nov. 3-7	PAC Tournament	TBA