2009 PAC Women's Soccer Release Week 4 - September 21



Presidents' Athletic Conference

8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

> Contact: Joe Onderko (724) 933-4630 onderko@pacathletics.org

2009 PAC WOMEN'S SOCCER STANDINGS (as of Sept. 20)

	PAC Contests				All Contests									
<u>School</u>	W	L	Τ	Pct.	Pts!	<u>GF</u>	<u>GA</u>	V	Ν	L	Τ	Pct.	<u>GF</u>	<u>GA</u>
Thomas More	0	0	0	.000	0	0	0	(6	0	0	1.000	15	2
Westminster	0	0	0	.000	0	0	0	į	5	2	0	.714	10	7
Bethany	0	0	0	.000	0	0	0	4	4	2	0	.643	15	7
Waynesburg	0	0	0	.000	0	0	0	;	3	2	0	.600	8	3
Wash. & Jeff.	0	0	0	.000	0	0	0	;	3	3	1	.500	13	8
Grove City	0	0	0	.000	0	0	0		1	2	3	.417	6	11
Chatham	0	0	0	.000	0	0	0	:	2	3	0	.400	15	16
Thiel	0	0	0	.000	0	0	0	2	2	4	1	.357	3	9
Geneva*						1		4	4	2	0	.667	6	7
Saint Vincent*									1	6	0	.143	7	19

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie

* - NCAA Division III provisional member - not eligible for 2009 PAC championship or player of the week honors

LAST WEEK Monday, September

Monday, September 14, 2009 Chatham 3, MOUNT ALOYSIUS 0

Tuesday, September 15, 2009 Bethany 2, SETON HILL 1 Westminster 2, JOHN CARROLL 1 WASH. & JEFF. 3, Pitt-Greensburg 0

Wednesday, September 16, 2009 Frostburg State 3, SAINT VINCENT 0 ALLEGHENY 1, Grove City 0 Waynesburg 3, MOUNT ALOYSIUS 0 GENEVA 3, Franciscan 2 CARLOW 3, Thiel 0

Friday, September 18, 2009 THOMAS MORE 3, Millikin 1 WASH. & JEFF. 5, Muskingum 0

Saturday, September 19, 2009 Geneva 3, POINT PARK 0 MOUNT UNION 3, Saint Vincent 0 Thomas More 2, DEFIANCE 0 WESTMINSTER 1, Juniata 0 GROVE CITY 1, Baldwin-Wallace 1 (20t) BLUFFTON 3, Thiel 0

Sunday, September 20, 2009 BETHANY 0, Hilbert 0 (20t)

THIS WEEK

<u>Tuesday, September 22, 2009</u> Pitt-Johnstown at Saint Vincent - 4 p.m. Pitt-Bradford at Thiel - 5 p.m. Thomas More at Hanover - 5 p.m. Waynesburg at Penn State-Altoona - 6 p.m.

Wednesday, September 23, 2009 Chatham at Wilson - 4 p.m. Grove City at Penn State-Behrend - 4 p.m. Washington & Jefferson at Marietta - 4:30 p.m. Bethany at Muskingum - 5 p.m. Mount Aloysius at Geneva - 6 p.m. Pitt-Greensburg at Westminster - 7:30 p.m.

Thursday, September 24, 2009 Hilbert at Thiel - 3 p.m.

Saturday, September 26, 2009 Waynesburg at Muskingum - noon Bethany at Hiram - 1 p.m. Washington & Jefferson at Grove City* - 2 p.m. Heidelberg at Geneva - 2 p.m. Chatham at Hood - 3 p.m. Saint Vincent at Lycoming - 3:30 p.m. Baldwin-Wallace at Westminster - 4 p.m.

Sunday, September 27, 2009 Thomas More at Capital - 1 p.m.

Offensive Player of the Week

ASHLEY KOSTIAL Chatham

Freshman F Sewickley, Pa. Quaker Valley H.S.



Kostial scored two of the team's three goals in the 3-0 victory at Mt. Aloysius College this

week. She leads the team with five goals in 19 shots on goal.

Also nominated was Wash. & Jeff. senior M Molly Macioce, Westminster junior F Danielle Struble, Waynesburg junior M/F Brittany Spitznogle and Grove City senior F Michelle Peck.

Def./Goalkeeper of the Week

BRITTANY SADLER Bethany Freshman GK New Eagle, Pa

Freshman GK New Eagle, Pa. Ringgold H.S.



Allowed one goal and made 14 saves in two matches last week for the Bison. She aldo

helped Bethany slip past Division II Seton Hill 2-1 with 13 saves, including nine in the second half. Sadler registered her third shutout of the season in Sunday's draw with Hilbert by making one save.

Also nominated was Chatham senior GK Kristie Brannon, Waynesburg sophomore D Terrin Crist, Westminster freshman GK Jenn Cantella, Wash. & Jeff. freshman D Hanna Shaner, Grove City freshman GK Keri Ketcham, Thomas More senior GK Jenna Kramer and Thiel junior GK Jill Harry.

PAC WOMEN'S SOCCER 2009 - Week 4 Conference Notes

WHO'S HOT: Thomas More remains unbeaten in the conference with a 6-0 record ... Second place Westminster is on a five-game winning streak after last week ... Wash. & Jeff. is also riding a winning streak, with three victoires ... Grove City is 0-0-3 on Saturdays this year after tying visiting Baldwin-Wallace 1-1 ... Chatham's **Ashley Kostial** scored a pair of goals in the road victory against Mt. Aloysius, one first half for the lead and sealing the game with a goal in the final two minutes of play. **NEWS & NOTES:** PAC play opens this week with a match between Wash. & Jeff ad Grove City ... The Wolverines have won four straight PAC openers ... W&J has not won at Grove City since 2005 ... Bethany went 1-0-1 last week and outshot the Hilbert 31-2, including 16 on goal ... Despite giving up three goals, Thiel GK, **Jill Harry**, posted a career-high 26 saves ... Thomas More GK **Jenna Kramer** has played all 540 minutes in goal with 23 saves, allowed two goals and recorded four shutouts. AROUND THE LEAGUE: Geneva's Elise Mann leads the Tornado offense through the early portion of the season with four goals and three assists in her first six collegiate games ... Westminster GK Jenn Cantella posted her second shutout of the season with five saves vs. Juniata and 11 saves in the win over John Carroll ... 3 different Waynesburg players scored their first goals of the season this week: Sarah Burrie, Sarah Markwardt and Brittany Spitznogle.

Bethany Bison (4-2-1, 0-0 PAC)

Bethany went 1-0-1 last week, knocking off Division II Seton Hill on the road before settling for a draw with Hilbert ... BC scored 1:25 into the Seton Hill

match on a goal by **Cassie Spalding** and then made it 2-0 in the 68th minute on a score by **Julie Lindenfelser** ... GK **Brittany Sadler** and the Bison defense did the rest, as Sadler made 9 of her 13 saves in the 2nd half to hold off the Griffins, who reached the WVIAC Tournament semifinals last year ... Bethany dominated Hilbert Sunday in every phase except the scoreboard and was forced to settle for a 0-0 tie ... BC outshot the Hawks 31-2, including 16 on goal, but could not put one in while taking their first draw of the year.

Geneva Golden Tornadoes (4-2)



The Geneva women's soccer team improved to 4-2 last week with a pair of impressive victories ... In a see-saw affair against Franciscan, the Golden Tornadoes laughed last in a 3-2 win that featured a

game winner from Maura Allen with just minutes remaining in regulation ... Robin Webster scored her first goal of the season and Elise Mann registered a goal and assist in the win .. On Saturday, Mann struck for two more goals and Rebecca Shaw notched her first of the year in a 3-0 road win at Point Park ... GK Lauren Londino got her second shut-out of the season as the Golden Tornadoes won for the second straight game.

Saint Vincent Bearcats (1-6)



The Lady Bearcats struggled on the week, suffering a pair of 3-0 losses against Frostburg State and Mount Union ... In Wednesday's defeat to Frostburg, the Lady Bearcats surrendered 30 shots, with GK **Kirstie Mills**

making 15 saves ... At Mount Union on Saturday, both teams tallied nine shots, with the Lady Bearcats owning a 4-2 advantage in corner kicks, but SVC was unable to recover from a pair of Mount Union goals in the game's first 20 minutes.

Thomas More Saints (6-0, 0-0 PAC)



Thomas More remained undefeated on the season last week with a 3-1 win over Millikin and a 2-0 shutout win over Defiance \dots The Saints are 6-

0 on the season ... Last week, the Saints' offense was led by sophomore F Lauren Wietmarschen, who had two goals in the win over Millikin and added an assist in the win over Defiance ... Senior GK Jenna Kramer improved her season record to 6-0 and has four shutouts as she played all 180 minutes in goal last week ... For the season Wietmarschen leads the team in scoring with 10 points on four goals and two assists ... Kramer has played all 540 minutes in goal and has recorded 23 saves and has only allowed two goals.

Waynesburg Yellow Jackets (3-2, 0-0 PAC)



Waynesburg flexed its defensive muscle this past week as they recorded their third shutout of the season, this time in a 3-0 road win at Mt. Aloysius on

Wednesday, Sept. 16 ... Three different Jackets scored their first goals of the season in the victory as sophomores **Sarah Burrie** and Sarah Markwardt, along with junior **Brittany Spitznogle**, all found the back of the net against the Mounties.

Chatham Cougars (2-3, 0-0 PAC)



Chatham's Ashley Kostial scored a pair of goals in the victory on the road at Mt. Aloysius College, giving her

team the lead in the first half and sealing the game with a goal in the final two minutes of play ... M **Kristin Podboy** connected on the Cougars second goal of the night and was also responsible for assisting on Kostial's second goal ... GK Kristie Brannon earned the shut out for her team.

Grove City Wolverines (1-2-3, 0-0 PAC)



Grove City is 0-0-3 on Saturdays this year after tying visiting Baldwin-Wallace 1-1 ... Senior **Michelle Peck** scored her second goal of the season while classmate

Elise Bender provided the assist ... Grove City out-shot B-W in overtime, 7-1 ... GK **Keri Ketcham** stopped seven shots ... Wednesday, the Wolverines dropped a 1-0 decision at Allegheny as Ketcham and **Bethany Preston** both played one half in goal ... After a road match at Behrend Wednesday, Grove City will host W&J in the PAC opener Saturday at 2 p.m. ... The Wolverines have won four straight PAC openers ... W&J has not won at Grove City since 2005.

Thiel Tomcats (2-5-1, 0-0 PAC)



The women of Thiel College soccer dropped their fourth game of the season to Carlow on Thursday ... Despite giving up three goals, junior GK, **Jill Harry**, had a tre-

mendous day posting a career-high 26 saves ... Thiel suffered its fifth loss of the season the women of Bluffton, 0-3, on Saturday ... The Tomcats welcome Pitt-Bradford and Hilbert this week.

Washington & Jefferson Presidents (3-3-1, 0-0 PAC)

After beginning the season 0-3-1, the Washington & Jefferson College women's soccer team has won three consecutive non-conference games ... The Presidents defeated Pitt.-Greensburg, 3-0, and Muskingum, 5-0, last week, concluding a five-game homestand ... The



Presidents had eight different goal scorers last week, including all five seniors **Spencer Ahrenholtz**, **Karly Hresko**, **Molly Macioce**, **Tiffany Sherred** and **Jessica Swartz**, while the freshman trio of **Kelsey Kraus**, **Dawn Murphy** and **Hannah Shaner** added the final three goals ... W&J opens a four-game road swing on Wednesday afternoon, traveling to Ohio to take on Marietta at 4:30 pm.

Westminster Titans (5-2, 0-0 PAC)



Westminster is enjoying a five-game win streak after the Titans won at John Carroll, 2-1, Tuesday and at home vs. Juniata, 1-0, on Saturday ...

The come-from-behind win over JCU included sophomore **Becca Pecora** scoring her first goal of the season and junior **Danielle Struble** netted the game-winner in the 78th minute ... Struble finished a stretch of three games in which she scored the team's game-winning goal ... Against Juniata, sophomore **Shanay Phillian** scored the game-winner in the 67th minute ... Freshman GK **Jenn Cantella** posted her second shutout of the season with five saves vs. Juniata after making 11 saves in the win over JCU.

	Bethany Bisc 4-2-1, 0-0 PA			Chatham Couc 2-3, 0-0 PAC		Geneva Golden Tornadoes 4-2			
Sept. 1	at Pitt-Greensburg	W, 2-0	Sept. 1	at Carlow	L, 0-4	Sept. 2	MARIETTA	L, 1-2	
Sept. 3	at La Roche	L, 1-2	Sept. 5	PENN STATE-DUBC	DIS W, 10-2	Sept. 5	at Pitt-Bradford	W, 2-1	
Sept. 5	MOUNT ALOYSIUS	W, 6-0	Sept. 8	PITT-BRADFORD	L, 2-3 (ot)	Sept. 9	LA ROCHE	W, 1-0	
Sept. 9	FRANCISCAN	W, 3-1	Sept. 11	at La Roche	L, 0-7	Sept. 12	MEDAILLE	L, 2-4	
Sept. 12	WOOSTER	L, 1-3	Sept. 14	at Mount Aloysius	W, 3-0	Sept. 16	FRANCISCAN	W, 3-2	
Sept. 15	at Seton Hill	W, 2-1	Sept. 23	at Wilson	4 p.m.	Sept. 19	at Point Park	W, 3-0	
Sept. 20	HILBERT	T, 0-0 (2ot)	Sept. 26	at Hood	3 p.m.	Sept. 23	MOUNT ALOYSIUS	6 p.m.	
Sept. 23	at Muskingum	5 p.m.	Oct. 1	at Thiel*	4:30 p.m.	Sept. 26	HEIDELBERG	2 p.m.	
Sept. 26	at Hiram	1 p.m.	Oct. 5	WASH. & JEFF.*	3:30 p.m.	Oct. 3	at Thomas More*	4:30 p.m.	
Sept. 30	MARIETTA	4:30 p.m.	Oct. 10	at Westminster*	2 p.m.	Oct. 7	BETHANY*	5 p.m.	
Oct. 3	ST. VINCENT*	3 p.m.	Oct. 13	at Waynesburg*	6:30 p.m.	Oct. 10	GROVE CITY*	11 a.m.	
Oct. 7	at Geneva*	5:30 p.m.	Oct. 18	THOMAS MORE*	1 p.m.	Oct. 13	WASH. & JEFF.*	5 p.m.	
Oct. 9	THOMAS MORE*	6:45 p.m.	Oct. 21	GENEVA*	3:30 p.m.	Oct. 16	WESTMINSTER*	5 p.m.	
Oct. 13	GROVE CITY*	7:30 p.m.	Oct. 24	at Bethany*	1 p.m.	Oct. 21	at Chatham*	3:30 p.m.	
Oct. 17	at Thiel*	1 p.m.	Oct. 28	GROVE CITY*	3:30 p.m.	Oct. 24	at St. Vincent*	1 p.m.	
Oct. 20	at Waynesburg*	6:30 p.m.	Oct. 31	ST. VINCENT*	1 p.m.	Oct. 28	WAYNESBURG*	5 p.m.	
Oct. 24	CHATHAM*	1 p.m.	Nov. 3-7	PAC Tournament	TBA	Oct. 30	at Thiel*	1 p.m.	
Oct. 27	at Westminster*	3 p.m.							
Oct. 31	WASH. & JEFF.*	3 p.m.							
Nov. 3-7	PAC Tournament	TBA							

2009	PAC WOMEN'S SOCCER PL	Grove City Wolverines					
	Offense	Defense/Gk	-	1-2-3, 0-0 PAC			
September 14:	Courtney Ebersole, F, WAY Danielle Struble, F, WES Ashley Kostial, F, CHA	Kaitlyn Coh	ly, GK, WAY 1en, D, TMC 1dler, GK, BET	Sept. 4 Sept. 5 Sept. 11 Sept. 12 Sept. 16 Sept. 19 Sept. 23 Sept. 26 Sept. 29	at Allegheny BALDWALLACE	2 p.m.	
				Oct. 1	at Penn State-Altoo	1	
PAC WOMEN'S	S SOCCER IN THE NCAA DIV (through September)		ONAL STATISTICS	Oct. 5 Oct. 10 Oct. 13	at Thiel* at Geneva* at Bethany*	4 p.m. 12 p.m. 7:30 p.m.	
TEAM Thomas More Thomas More Thomas More Thomas More	Category W-L-T percentage Save percentage Goals-against avg. Shutout percentage	<u>Nat. Rank</u> T-1st 24th 26th 29th	<u>Stats</u> 1.0 0.938 0.25 0.75	Oct. 17 Oct. 21 Oct. 24 Oct. 28 Oct. 31	WAYNESBURG* ST. VINCENT* at Thomas More* at Chatham* at Westminster*	7:30 p.m. 12 p.m. 3 p.m. 12 p.m. 3:30 p.m. 3 p.m.	
INDIVIDUAL Jill Harry, THI Jenna Kramer, TI Katrina Kelly, WA	Save percentage	<u>Nat. Rank</u> 33rd 34th 36th 36th	<u>Stats</u> 0.937 0.25 0.929 0.929	Nov. 3-7	PAC Tournament	ТВА	

Saint Vincent Bearcats 1-6				Thiel Tomca 2-5-1, 0-0 P/		Thomas More Saints 6-0, 0-0 PAC			
Sept. 2	SETON HALL	L, 0-1	Sept. 1	at Mount Aloysius	W, 2-1	Sept. 1	ANDERSON	W, 2-0	
Sept. 5	Wooster (at Marietta)	L, 2-8	Sept. 3	at Franciscan	L, 0-2	Sept. 5	at Mount Saint Joseph	W, 2-1	
Sept. 6	Bluffton (at Marietta)	L, 1-2 (OT)	Sept. 5	at Alfred	T, 0-0 (2OT)	Sept. 11	EARLHAM	W, 5-0	
Sept. 8	at Juniata	L, 1-2 (ot)	Sept. 6	Hilbert (at Alfred)	L, 0-1	Sept. 13	MARIETTA	W, 1-0	
Sept. 12	FRANCISCAN	W, 3-0	Sept. 9	PITT-GREENSBUR	G W, 1-0	Sept. 18	MILIKIN	W, 3-1	
Sept. 16	FROSTBURG	L, 0-3	Sept. 12	at Muskingum	L, 0-2	Sept. 19	at Defiance	W, 2-0	
Sept. 19	at Mount Union	L, 0-3	Sept. 16	at Carlow	L, 0-3	Sept. 22	at Hanover	5 p.m.	
Sept. 22	PITT-JOHNSTOWN	4 p.m.	Sept. 19	at Bluffton	L, 0-3	Sept. 27	at Capital	1 p.m.	
Sept. 26	at Lycoming	3:30 p.m.	Sept. 22	PITT-BRADFORD	5 p.m.	Oct. 2	GENEVA*	4:30 p.m.	
Sept. 29	at Baldwin-Wallace	5 p.m.	Sept. 24	HILBERT	3 p.m.	Oct. 4	at Westminster*	1 p.m.	
Oct. 3	at Bethany*	3 p.m.	Oct. 1	CHATHAM*	4:30 p.m.	Oct. 9	at Bethany*	6:45 p.m.	
Oct. 7	at Waynesburg*	6:30 p.m.	Oct. 5	GROVE CITY*	5:30 p.m.	Oct. 14	THIEL*	2:30 p.m.	
Oct. 9	THIEL*	5:30 p.m.	Oct. 9	at St. Vincent*	5:30 p.m.	Oct. 17	at Denison	3:30 p.m.	
Oct. 12	at Westminster*	8 p.m.	Oct. 13	at Thomas More*	2:30 p.m.	Oct. 18	at Chatham*	1 p.m.	
Oct. 18	WASH. & JEFF.*	1 p.m.	Oct. 17	BETHANY*	1 p.m.	Oct. 21	at Wash. & Jeff.*	5 p.m.	
Oct. 21	at Grove City*	3 p.m.	Oct. 20	WESTMINSTER*	4 p.m.	Oct. 24	GROVE CITY*	2 p.m.	
Oct. 24	GENEVA*	1 p.m.	Oct. 23	at Waynesburg*	6:30 p.m.	Oct. 28	at St. Vincent*	3 p.m.	
Oct. 28	THOMAS MORE*	3 p.m.	Oct. 28	at Wash. & Jeff.*	TBA	Oct. 31	WAYNESBURG*	12 p.m.	
Oct. 31	at Chatham*	1 p.m.	Oct. 30	GENEVA*	1 p.m.	Nov. 3-7	PAC Tournament	TBA	
			Nov. 3-7	PAC Tournament	TBA				

Was	h. & Jeff. Pres 3-3-1, 0-0 PA		Wayn	esburg Yellow 3-2, 0-0 PAC		Westminster Titans 5-2, 0-0 PAC			
Sept. 2	at Penn StBehrend	L, 0-2	Sept. 1	FRANCISCAN	W, 1-0	Sept. 2	ALLEGHENY	L, 0-1	
Sept. 6	at Penn StAltoona	L, 1-3	Sept. 5	PITT-GREENSBURG	W, 3-0	Sept. 4	MOUNT UNION	L, 1-2	
Sept. 9	WOOSTER	L, 0-1	Sept. 8	at Point Park	L, 1-2	Sept. 5	DAEMEN	W, 1-0	
Sept. 12	SHENANDOAH	T, 1-1 (2ot)	Sept. 10	at Carlow	L, 0-1	Sept. 11	SHENANDOAH V	V, 3-2 (2ot)	
Sept. 13	MEDAILLE	W, 3-1	Sept. 16	at Mount Aloysius	W, 3-0	Sept. 12	at Pitt-Johnstown	W, 2-1 (ot)	
Sept. 15	PITT-GREENSBURG	W, 3-0	Sept. 22	at Penn StAltoona	6 p.m.	Sept. 15	at John Carroll	W, 2-1	
Sept. 18	MUSKINGUM	W, 5-0	Sept. 26	at Muskingum	noon	Sept. 19	JUNIATA	W, 1-0	
Sept. 23	at Marietta	4:30 p.m.	Sept. 30	LAKE ERIE	6:30 p.m.	Sept. 23	PITT-GREENSBURG	7:30 pm.	
Sept. 26	at Grove City*	2 p.m.	Oct. 3	WESTMINSTER*	3 p.m.	Sept. 26	BALDWIN-WALLACE	4 p.m.	
Sept. 30	at Franciscan	4 p.m.	Oct. 7	SAINT VINCENT*	6:30 p.m.	Sept. 30	at Fredonia State	5 p.m.	
Oct. 5	at Chatham*	3:30 p.m.	Oct. 9	LA ROCHE	6:30 p.m.	Oct. 3	at Waynesburg*	3 p.m.	
Oct. 10	WAYNESBURG*	3 p.m.	Oct. 10	WASH. & JEFF.*	3 p.m.	Oct. 4	THOMAS MORE*	1 p.m.	
Oct. 13	at Geneva*	5 p.m.	Oct. 13	CHATHAM*	6:30 p.m.	Oct. 6	PENN STBEHREND	3:30 p.m.	
Oct. 18	at St. Vincent*	1 p.m.	Oct. 17	at Grove City*	2:30 p.m.	Oct. 10	CHATHAM*	2 p.m.	
Oct. 21	THOMAS MORE*	5 p.m.	Oct. 20	BETHANY*	6:30 p.m.	Oct. 12	ST. VINCENT*	8 p.m.	
Oct. 24	WESTMINSTER*	1 p.m.	Oct. 23	THIEL*	6:30 p.m.	Oct. 16	at Geneva*	5 p.m.	
Oct. 28	THIEL*	5 p.m.	Oct. 28	at Geneva*	6 p.m.	Oct. 21	at Thiel*	4 p.m.	
Oct. 31	at Bethany*	3 p.m.	Oct. 31	at Thomas More*	12 p.m.	Oct. 24	at Wash. & Jeff.*	4 p.m.	
Nov. 3-7	PAC Tournament	TBA	Nov. 3-7	PAC Tournament	TBA	Oct. 27	BETHANY*	3 p.m.	
						Oct. 31	GROVE CITY*	3 p.m.	

TBA

Nov. 3-7 PAC Tournament