

2009 PAC Women's Soccer Release

Week 5 - September 28



Presidents' Athletic Conference
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2009 PAC WOMEN'S SOCCER STANDINGS (as of Sept. 27)

School	PAC Contests					All Contests							
	W	L	T	Pct.	Pts!	GF	GA	W	L	T	Pct.	GF	GA
Grove City	1	0	0	1.00	3	3	2	2	3	3	.438	9	14
Thomas More	0	0	0	.000	0	0	0	8	0	0	1.00	17	2
Westminster	0	0	0	.000	0	0	0	7	2	0	.778	20	7
Bethany	0	0	0	.000	0	0	0	5	3	1	.611	20	12
Chatham	0	0	0	.000	0	0	0	3	4	0	.429	24	19
Waynesburg	0	0	0	.000	0	0	0	3	4	0	.429	10	11
Thiel	0	0	0	.000	0	0	0	2	5	2	.333	5	12
Wash. & Jeff.	0	1	0	.000	0	2	3	3	5	1	.389	15	13
Geneva*								6	2	0	.750	21	9
Saint Vincent*								1	8	0	.111	7	23

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie

* - NCAA Division III provisional member - not eligible for 2009 PAC championship or player of the week honors

LAST WEEK

Tuesday, September 22, 2009
Pitt-Johnstown 2, SAINT VINCENT 0
Pitt-Bradford 1, THIEL 0
Thomas More 1, HANOVER 0
PENN ST.-ALTOONA 5, Waynesburg 0

Wednesday, September 23, 2009

Chatham 9, WILSON 0
PENN ST.-BEHREND 1, Grove City 0
MARIETTA 2, Wash. & Jeff. 0
Bethany 5, MUSKINGUM 1
WESTMINSTER 7, Pitt-Greensburg

Thursday, September 24, 2009

Hilbert 2, THIEL 2 (2ot)
GENEVA 7, Mount Aloysius 0

Saturday, September 26, 2009

Waynesburg at MUSKINGUM
Bethany at HIRAM
Washington & Jefferson at GROVE CITY*
Heidelberg at GENEVA
Chatham at HOOD
Saint Vincent at LYCOMING
Baldwin-Wallace at WESTMINSTER

Sunday, September 27, 2009

Thomas More at CAPITAL

THIS WEEK

Tuesday, September 29, 2009
Carnegie Mellon at Grove City - 4:30 p.m.
Saint Vincent at Baldwin-Wallace - 5 p.m.

Wednesday, September 30, 2009

Washington & Jefferson at Franciscan - 4 p.m.
Marietta at Bethany - 4:30 p.m.
Westminster at Fredonia State - 5 p.m.
Lake Erie at Waynesburg - 6:30 p.m.

Thursday, October 1, 2009

Chatham at Thiel* - 4:30 p.m.
Grove City at Penn State-Altoona - 6 p.m.

Friday, October 2, 2009

Geneva at Thomas More* - 4:30 p.m.

Saturday, October 3, 2009

Saint Vincent at Bethany* - 3 p.m.
Westminster at Waynesburg* - 3 p.m.

Sunday, October 4, 2009

Thomas More at Westminster* - 1 p.m.

Offensive Player of the Week

SARAH NEE

Westminster

Junior F
McMurray, Pa.
Peters Township H.S.



Nee scored five goals on 11 shots last week, including all three in the win over Baldwin-Wallace. She also scored two in a 7-0 win over Pitt-Greensburg. She now has a team-high six goals for the Titans, who have won seven straight games.

Also nominated was Bethany F **Cassie Spalding**, Grove City M **Emily Ostlund**, Thiel GK/F **Jill Harry**, Thomas More M **Christy Green**, Washington & Jefferson M **Molly Macioce** and Waynesburg F **Courtney Ebersole**.

Def./Goalkeeper of the Week

JENNA KRAMER

Thomas More

Senior GK
Cincinnati, Ohio
Seton H.S.



Kramer anchored the Saints' defense last week as she faced 27 shots and recorded 14 saves and didn't allow a goal in 180 minutes to the Saints to a 2-0 week. The two shutouts increased her season shutout total to six.

Also nominated was Chatham GK **Kristie Brannon** and Westminster D **Kelli Michanowicz**.

PAC WOMEN'S SOCCER 2009 - Week 5 Conference Notes

STANDING STRONG: Thomas More continues its reign the PAC with an astonishing 8-0 record heading into week 5 ... The Saints have only allowed two goals all season ... Westminster is riding closely behind the Saints with a seven-game win streak after starting the season 0-2 ... The Geneva women's soccer team has hit its mid-season stride with four consecutive victories, three of which on its home turf ... Grove City are undefeated on Saturdays with a 1-0-3 record.

NEWS & NOTES: Chatham's **Lexi Ribar**, **Paige Dunlap**, and **Ashley Kostial** scored two goals each for the Cougars in the team's 9-0 route over Wilson ... The Cougars outshot its opponent overall 82-1 in the bout... Bethany did not allow a shot in the first half and gave up just four in the match against Muskingum ... On Saturday, Hiram scored twice in the each half and it was the Bison who were limited to only four shots ... Westminster outshot opponents, 51-8 last week.

AROUND THE LEAGUE: Chatham GK **Kristie Brannon** had 12 saves in the loss to Hood ... Despite the team's offensive struggles, Saint Vincent GK **Kirstie Mills** continued her strong season, as she stopped nine shots in the Pitt-Johnstown contest and five more in the Lycoming game ... Thomas More senior GK **Jenna Kramer** improved her record to 8-0 on the season with six shutouts and has only allowed two goals in 720 minutes in goal and has recorded 37 saves.

Bethany Bison
(5-3-1, 0-0 PAC)



Bethany was involved in a pair of 4-goal decisions last week, besting Muskingum 5-1 before being shut-out at Hiram 4-0 ... **Cassie Spalding**, the PAC leader in goals (7) and points (17), scored two early goals to propel the Bison to a big lead at Muskingum ... **Rachael Katsur** added her 3rd goal of the season before half and **Lisa Wabrick** capped the day with a pair of scores in the final 20 minutes, with an assist on the second goal going to **Jen Gallo** for her first collegiate point ... Bethany did not allow a shot in the 1st half and gave up just four in the match ... On Saturday, Hiram scored twice in the each half and it was the Bison who were limited to only four shots.

Chatham Cougars
(3-4, 0-0 PAC)



Chatham traveled to Wilson and earned the non-conference victory with a score of 9-0 ... **Lexi Ribar**, **Paige Dunlap**, and **Ashley Kostial** scored two goals each for the Cougars ... The team outshot Wilson overall 82-1 ... Chatham finished the week by traveling to Hood on Saturday, but was unable to tally a win ... The game was held to a stalemate for the first half, but the Cougars were unable to connect on any of their shots on goal and fell 3-0 ... GK **Kristie Brannon** had 12 saves in the loss.

Geneva Golden Tornadoes
(6-2)



The Geneva women's soccer team has hit its mid-season stride with four consecutive victories ... Last week, Geneva posted a pair of shutouts including a 7-0 victory over Mt. Aloysius and a 2-0 white wash over Heidelberg ... **Lauren Londino** combined for the shut-out victory over Mt. Aloysius but turned away seven shots in the win against Heidelberg ... Offensively, the Golden Tornadoes got goals from six different players in the win against Mt. Aloysius, which included a pair of tallies from leading goal scorer **Elise Mann** ... Mann assisted on both goals in the win against Heidelberg with **Julie Collins** and **Rebecca Shaw** scoring on head shots.

Grove City Wolverines
(2-3-3, 1-0 PAC)



Grove City opened Presidents' Athletic Conference play Saturday with a 3-2 home win over defending kingpin W&J ... **Emily Ostlund** broke a 2-2 tie in the 83rd minute with her first goal of the season ... She also assisted on the first two Grove City goals ... **Emily Hurley** and **Grace Riemen** scored to give Grove City a 2-0 halftime lead ... The Wolverines are now 1-0-3 on Saturdays this year ... Wednesday, Grove City fell at Penn State-Behrend, 1-0 ... Grove City plays a pair of non-conference matches this week, including a home date with Carnegie Mellon Tuesday ... The Wolverines visit Penn State-Altoona Thursday.

Saint Vincent Bearcats
(1-8)



The Bearcats saw their losing streak reach four, dropping contests with Pitt-Johnstown and Lycoming on the week, both by 2-0 scores ... After Lycoming jumped out to a 2-0 halftime lead, SVC attempted to rally, out-shooting the hosts 7-1 over the second half, but the Bearcats were unable to find the scoreboard ... Despite the team's offensive struggles, sophomore GK **Kirstie Mills** continued her strong season, as she stopped nine shots in the Pitt-Johnstown contest and five more in the Lycoming game.

Thiel Tomcats
(2-6-2, 0-0 PAC)



The women of Thiel College suffered a loss to Pitt-Bradford in Tuesday's match up ... The game was played evenly, but the final score came to 1-0 as the Panther offense was too much ... Fans at Alumni Stadium were treated to two extra periods of soccer as Thiel held their ground and split 2-2 against Hilbert ... Against Hilbert, junior **Jill Harry** scored the game tying goal with less than five minutes remaining in regulation.

Thomas More Saints
(8-0, 0-0 PAC)



The Thomas More women's soccer team extended its season-opening winning streak to eight matches with a pair of 1-0 shutout wins last week over Hanover and Capital, both the road ... In the win over Hanover senior M **Stacey Knapp** scored the Saints' goal off of an assist from senior F **Deanna Goshdigan** and sophomore M **Christy Green** scored the lone goal in the win at Capital off of a cross from freshman M **Abby Gindling** ... For the season sophomore F **Lauren Wietmarschen** led the team in scoring with 11 points (4g, 3a) ... With the two wins last week, senior goalkeeper **Jenna Kramer** improved to 8-0 on the season with six shutouts and has only allowed two goals in 720 minutes in goal.

Washington & Jefferson Presidents
(3-5-1, 0-0 PAC)



The Washington & Jefferson women's soccer team dropped a pair of contests last week, including its Presidents' Athletic Conference opener against Grove City, 3-2 ... The Presidents also fell in a non-conference match earlier in the week against Marietta, 2-0, in Ohio ... In W&J's one-goal loss against Grove City, the Presidents were down 2-0 at half and fought their way back to even the score up at 2-2 in the second half, but the Wolverines netted the game-winning goal in the 83rd minute to claim the victory ... The Presidents will conclude their non-conference schedule on Wednesday afternoon, traveling to Steubenville, Ohio, for a 4 p.m. contest against Franciscan.

Waynesburg Yellow Jackets
(3-4, 0-0 PAC)



The Waynesburg women's soccer team dropped a pair of road contests this past week ... After a rough 5-0 loss against a very good Penn State-Altoona squad, the Jackets put up a tremendous fight against Muskingum ... After falling behind 2-0, the Jackets were able to tie the game at 2-2 thanks to goals by **Courtney Ebersole** and **Chelsey Root** ... Unfortunately, the Muskies were able to bounce back with the game-winning tally.

Westminster Titans
(7-2, 0-0 PAC)



Westminster is riding a seven-game win streak after starting the season 0-2 ... The Titans' latest victims were Pitt-Greensburg, 7-0, at home on Wednesday and Baldwin-Wallace, 3-0, at home on Saturday ... Junior **Sarah Nee** scored five goals on 11 shots last week, including all three in the win over Baldwin-Wallace ... Senior **Lauren Graeser** also potted two goals in the win over UPG ... Other goal-scorers included junior **Danielle Struble**, sophomore **Samantha Killmeyer**, and freshman **Leah Murphy** ... Freshman GK **Jenn Cantella** made six saves over 156:32 in both of the team's shutout wins in which Westminster outshot opponents, 51-8.

Bethany Bison
5-3-1, 0-0 PAC

Chatham Cougars
3-4, 0-0 PAC

Geneva Golden Tornadoes
6-2

Sept. 1	at Pitt-Greensburg	W, 2-0	Sept. 1	at Carlow	L, 0-4	Sept. 2	MARIETTA	L, 1-2
Sept. 3	at La Roche	L, 1-2	Sept. 5	PENN STATE-DUBOIS	W, 10-2	Sept. 5	at Pitt-Bradford	W, 2-1
Sept. 5	MOUNT ALOYSIUS	W, 6-0	Sept. 8	PITT-BRADFORD	L, 2-3 (ot)	Sept. 9	LA ROCHE	W, 1-0
Sept. 9	FRANCISCAN	W, 3-1	Sept. 11	at La Roche	L, 0-7	Sept. 12	MEDAILLE	L, 2-4
Sept. 12	WOOSTER	L, 1-3	Sept. 14	at Mount Aloysius	W, 3-0	Sept. 16	FRANCISCAN	W, 3-2
Sept. 15	at Seton Hill	W, 2-1	Sept. 23	at Wilson	W, 9-0	Sept. 19	at Point Park	W, 3-0
Sept. 20	HILBERT	T, 0-0 (2ot)	Sept. 26	at Hood	L, 0-3	Sept. 23	MOUNT ALOYSIUS	W, 7-0
Sept. 23	at Muskingum	W, 5-1	Oct. 1	at Thiel*	4:30 p.m.	Sept. 26	HEIDELBERG	W, 2-0
Sept. 26	at Hiram	L, 0-4	Oct. 5	WASH. & JEFF.*	3:30 p.m.	Oct. 2	at Thomas More*	4:30 p.m.
Sept. 30	MARIETTA	4:30 p.m.	Oct. 10	at Westminster*	2 p.m.	Oct. 7	BETHANY*	5 p.m.
Oct. 3	ST. VINCENT*	3 p.m.	Oct. 13	at Waynesburg*	6:30 p.m.	Oct. 10	GROVE CITY*	11 a.m.
Oct. 7	at Geneva*	5:30 p.m.	Oct. 18	THOMAS MORE*	1 p.m.	Oct. 13	WASH. & JEFF.*	5 p.m.
Oct. 9	THOMAS MORE*	6:45 p.m.	Oct. 21	GENEVA*	3:30 p.m.	Oct. 16	WESTMINSTER*	5 p.m.
Oct. 13	GROVE CITY*	7:30 p.m.	Oct. 24	at Bethany*	1 p.m.	Oct. 21	at Chatham*	3:30 p.m.
Oct. 17	at Thiel*	1 p.m.	Oct. 28	GROVE CITY*	3:30 p.m.	Oct. 24	at St. Vincent*	1 p.m.
Oct. 20	at Waynesburg*	6:30 p.m.	Oct. 31	ST. VINCENT*	1 p.m.	Oct. 28	WAYNESBURG*	5 p.m.
Oct. 24	CHATHAM*	1 p.m.	Nov. 3-7	PAC Tournament	TBA	Oct. 30	at Thiel*	1 p.m.
Oct. 27	at Westminster*	3 p.m.						
Oct. 31	WASH. & JEFF.*	3 p.m.						
Nov. 3-7	PAC Tournament	TBA						

2009 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK

	<u>Offense</u>	<u>Defense/GK</u>
September 7:	Courtney Ebersole , F, WAY	Katrina Kelly , GK, WAY
September 14:	Danielle Struble , F, WES	Kaitlyn Cohen , D, TMC
September 21:	Ashley Kostial , F, CHA	Brittany Sadler , GK, BET
September 28:	Sarah Nee , F, WES	Jenna Kramer , GK, TMC
October 5:		
October 12:		
October 19:		
October 26:		
November 2:		

Grove City Wolverines
2-3-3, 1-0 PAC

Sept. 4	DAEMEN	W, 4-3
Sept. 5	MOUNT UNION	T, 0-0 (2ot)
Sept. 11	at John Carroll	L, 0-5
Sept. 12	Olivet (at JCU)	T, 1-1 (2ot)
Sept. 16	at Allegheny	L, 0-1
Sept. 19	BALD.-WALLACE	T, 1-1 (2ot)
Sept. 23	at Penn State-Behrend	L, 0-1
Sept. 26	WASH. & JEFF.*	W, 3-2
Sept. 29	CARNEGIE MELLON	4:30 p.m.
Oct. 1	at Penn State-Altoona	6 p.m.
Oct. 5	at Thiel*	4 p.m.
Oct. 10	at Geneva*	12 p.m.
Oct. 13	at Bethany*	7:30 p.m.
Oct. 17	WAYNESBURG*	12 p.m.
Oct. 21	ST. VINCENT*	3 p.m.
Oct. 24	at Thomas More*	12 p.m.
Oct. 28	at Chatham*	3:30 p.m.
Oct. 31	at Westminster*	3 p.m.
Nov. 3-7	PAC Tournament	TBA

PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS
(through September 20, 2009)

<u>TEAM</u>	<u>Category</u>	<u>Nat. Rank</u>	<u>Stats</u>
Thomas More	W-L-T percentage	T-1st	1.00
	Goals-against avg.	19th	0.33/game
Waynesburg	Save percentage	15th	0.932
Thomas More	Save percentage	16th	0.926
Thiel	Save percentage	30th	0.902
<u>INDIVIDUAL</u>	<u>Category</u>	<u>Nat. Rank</u>	<u>Stats</u>
Katrina Kelly, WAY	Save percentage	15th	0.93
Jenna Kramer, TMC	Save percentage	23rd	0.92
Jill Harry, Thiel	Save percentage	29th	0.915

Saint Vincent Bearcats 1-8

Sept. 2	SETON HALL	L, 0-1
Sept. 5	Wooster (at Marietta)	L, 2-8
Sept. 6	Bluffton (at Marietta)	L, 1-2 (OT)
Sept. 8	at Juniata	L, 1-2 (ot)
Sept. 12	FRANCISCAN	W, 3-0
Sept. 16	FROSTBURG	L, 0-3
Sept. 19	at Mount Union	L, 0-3
Sept. 22	PITT-JOHNSTOWN	L, 0-2
Sept. 26	at Lycoming	L, 0-2
Sept. 29	at Baldwin-Wallace	5 p.m.
Oct. 3	at Bethany*	3 p.m.
Oct. 7	at Waynesburg*	6:30 p.m.
Oct. 9	THIEL*	5:30 p.m.
Oct. 12	at Westminster*	8 p.m.
Oct. 18	WASH. & JEFF.*	1 p.m.
Oct. 21	at Grove City*	3 p.m.
Oct. 24	GENEVA*	1 p.m.
Oct. 28	THOMAS MORE*	3 p.m.
Oct. 31	at Chatham*	1 p.m.

Thiel Tomcats 2-6-2, 0-0 PAC

Sept. 1	at Mount Aloysius	W, 2-1
Sept. 3	at Franciscan	L, 0-2
Sept. 5	at Alfred	T, 0-0 (2OT)
Sept. 6	Hilbert (at Alfred)	L, 0-1
Sept. 9	PITT-GREENSBURG	W, 1-0
Sept. 12	at Muskingum	L, 0-2
Sept. 16	at Carlow	L, 0-3
Sept. 19	at Bluffton	L, 0-3
Sept. 22	PITT-BRADFORD	L, 0-1
Sept. 24	HILBERT	T, 2-2 (2ot)
Oct. 1	CHATHAM*	4:30 p.m.
Oct. 5	GROVE CITY*	5:30 p.m.
Oct. 9	at St. Vincent*	5:30 p.m.
Oct. 13	at Thomas More*	2:30 p.m.
Oct. 17	BETHANY*	1 p.m.
Oct. 20	WESTMINSTER*	4 p.m.
Oct. 23	at Waynesburg*	6:30 p.m.
Oct. 28	at Wash. & Jeff.*	TBA
Oct. 30	GENEVA*	1 p.m.
Nov. 3-7	PAC Tournament	TBA

Thomas More Saints 8-0, 0-0 PAC

Sept. 1	ANDERSON	W, 2-0
Sept. 5	at Mount Saint Joseph	W, 2-1
Sept. 11	EARLHAM	W, 5-0
Sept. 13	MARIETTA	W, 1-0
Sept. 18	MILIKIN	W, 3-1
Sept. 19	at Defiance	W, 2-0
Sept. 22	at Hanover	W, 1-0
Sept. 27	at Capital	W, 1-0
Oct. 2	GENEVA*	4:30 p.m.
Oct. 4	at Westminster*	1 p.m.
Oct. 9	at Bethany*	6:45 p.m.
Oct. 14	THIEL*	2:30 p.m.
Oct. 17	at Denison	3:30 p.m.
Oct. 18	at Chatham*	1 p.m.
Oct. 21	at Wash. & Jeff.*	5 p.m.
Oct. 24	GROVE CITY*	2 p.m.
Oct. 28	at St. Vincent*	3 p.m.
Oct. 31	WAYNESBURG*	12 p.m.
Nov. 3-7	PAC Tournament	TBA

Wash. & Jeff. Presidents 3-5-1, 0-0 PAC

Sept. 2	at Penn St.-Behrend	L, 0-2
Sept. 6	at Penn St.-Altoona	L, 1-3
Sept. 9	WOOSTER	L, 0-1
Sept. 12	SHENANDOAH	T, 1-1 (2ot)
Sept. 13	MEDAILLE	W, 3-1
Sept. 15	PITT-GREENSBURG	W, 3-0
Sept. 18	MUSKINGUM	W, 5-0
Sept. 23	at Marietta	L, 0-2
Sept. 26	at Grove City*	L, 2-3
Sept. 30	at Franciscan	4 p.m.
Oct. 5	at Chatham*	3:30 p.m.
Oct. 10	WAYNESBURG*	3 p.m.
Oct. 13	at Geneva*	5 p.m.
Oct. 18	at St. Vincent*	1 p.m.
Oct. 21	THOMAS MORE*	5 p.m.
Oct. 24	WESTMINSTER*	1 p.m.
Oct. 28	THIEL*	5 p.m.
Oct. 31	at Bethany*	3 p.m.
Nov. 3-7	PAC Tournament	TBA

Waynesburg Yellow Jackets 3-4, 0-0 PAC

Sept. 1	FRANCISCAN	W, 1-0
Sept. 5	PITT-GREENSBURG	W, 3-0
Sept. 8	at Point Park	L, 1-2
Sept. 10	at Carlow	L, 0-1
Sept. 16	at Mount Aloysius	W, 3-0
Sept. 22	at Penn St.-Altoona	L, 0-5
Sept. 26	at Muskingum	L, 2-3
Sept. 30	LAKE ERIE	6:30 p.m.
Oct. 3	WESTMINSTER*	3 p.m.
Oct. 7	SAINT VINCENT*	6:30 p.m.
Oct. 9	LA ROCHE	6:30 p.m.
Oct. 10	WASH. & JEFF.*	3 p.m.
Oct. 13	CHATHAM*	6:30 p.m.
Oct. 17	at Grove City*	2:30 p.m.
Oct. 20	BETHANY*	6:30 p.m.
Oct. 23	THIEL*	6:30 p.m.
Oct. 28	at Geneva*	6 p.m.
Oct. 31	at Thomas More*	12 p.m.
Nov. 3-7	PAC Tournament	TBA

Westminster Titans 7-2, 0-0 PAC

Sept. 2	ALLEGHENY	L, 0-1
Sept. 4	MOUNT UNION	L, 1-2
Sept. 5	DAEMEN	W, 1-0
Sept. 11	SHENANDOAH	W, 3-2 (2ot)
Sept. 12	at Pitt-Johnstown	W, 2-1 (ot)
Sept. 15	at John Carroll	W, 2-1
Sept. 19	JUNIATA	W, 1-0
Sept. 23	PITT-GREENSBURG	W, 7-0
Sept. 26	BALDWIN-WALLACE	W, 3-0
Sept. 30	at Fredonia State	5 p.m.
Oct. 3	at Waynesburg*	3 p.m.
Oct. 4	THOMAS MORE*	1 p.m.
Oct. 6	PENN ST.-BEHREND	3:30 p.m.
Oct. 10	CHATHAM*	2 p.m.
Oct. 12	ST. VINCENT*	8 p.m.
Oct. 16	at Geneva*	5 p.m.
Oct. 21	at Thiel*	4 p.m.
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