

# 2008 PAC Women's Soccer Release

## Week 5 - September 29



**Presidents' Athletic Conference**  
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### 2008 PAC WOMEN'S SOCCER STANDINGS (through Sept. 28)

School	PAC Contests					All Contests							
	W	L	T	Pct.	Pts!	GF	GA	W	L	T	Pct.	GF	GA
Westminster	0	0	0	.000	0	0	0	7	2	1	.750	32	10
Washington & Jefferson	0	0	0	.000	0	0	0	6	3	0	.667	10	14
Waynesburg	0	0	0	.000	0	0	0	5	3	1	.611	20	10
Thomas More	0	0	0	.000	0	0	0	5	4	0	.556	20	9
Bethany	0	0	0	.000	0	0	0	5	4	1	.550	18	12
Grove City	0	0	0	.000	0	0	0	3	4	2	.444	15	16
Thiel	0	0	0	.000	0	0	0	0	6	3	.167	3	19
Chatham	0	0	0	.000	0	0	0	0	7	0	.000	1	32
Geneva*								4	2	2	.625	13	6
Saint Vincent*								3	5	1	.389	16	21

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie

\* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

#### LAST WEEK

Tuesday, September 23, 2008

Mount St. Joseph 2, THOMAS MORE 1  
Thiel 0, PITT-BRADFORD 0 (2ot)  
FROSTBURG STATE 3, Saint Vincent 0  
PENN STATE-ALTOONA 6, Chatham 0  
Grove City 1, BALDWIN-WALLACE 1 (2ot)

Wednesday, September 24, 2008

Westminster 5, LA ROCHE 0  
BETHANY 1, Muskingum 0  
WASH. & JEFF. 2, Marietta 1  
FRANCISCAN 2, Waynesburg 0  
GENEVA 4, Pitt-Greensburg 1

Thursday, September 25, 2008

HILBERT 3, Thiel 1

Friday, September 26, 2008

OHIO WESLEYAN 2, Thomas More 1

Saturday, September 27, 2008

Bethany 3, WAYNESBURG 1  
LAKE ERIE 4, Chatham 0  
MOUNT UNION 1, Grove City 0  
WOOSTER 4, Washington & Jefferson 0  
Westminster 2, BALDWIN-WALLACE 1

Sunday, September 28, 2008

MARIETTA 1, Thomas More 0  
Lycoming 3, SAINT VINCENT 0

#### THIS WEEK

Tuesday, September 30, 2008

Baldwin-Wallace at Saint Vincent - 2:30 p.m.

Wednesday, October 1, 2008

Chatham at Pitt-Bradford - 4 p.m.  
Franciscan at Wash. & Jeff. - 7 p.m.  
Grove City at Carnegie Mellon - 7:30 p.m.

Friday, October 3, 2008

Waynesburg at Saint Vincent\* - 2 p.m.  
Geneva at Bethany\* - 6 p.m.

Saturday, October 4, 2008

Thiel at Grove City\* - noon  
Westminster at Thomas More\* - noon  
Chatham at Washington & Jefferson\* - 2 p.m.

Sunday, October 5, 2008

Spalding at Thomas More - 3:30 p.m.

#### Offensive Player of the Week

##### SARAH NEE

##### Westminster

Sophomore F  
McMurray, Pa.  
Peters Township H.S.



Nee recorded six points (two goals, two assists) for the 2-0 Titans, who defeated La Roche (5-0) and Baldwin-Wallace (2-1) to improve to 7-2-1 last week. She scored both goals in the win at B-W and now has a team-high nine on the season.

Also nominated was freshman F **Cassie Spalding** of Bethany, senior M **Laura Shipley** of Grove City, junior M **Spencer Ahrenholtz** of Washington & Jefferson, and freshman F **Courtney Ebersole** of Waynesburg.

#### Def./Goalkeeper of the Week

##### JULIE BRADY

##### Bethany

Freshman GK  
Aliquippa, Pa.  
Hopewell H.S.



Brady allowed just one goal for the 2-0 Bison last week, as Bethany posted non-league wins over Muskingum (1-0) and PAC foe Waynesburg (3-1). She made five saves in the Muskingum shutout, then added three more against the Yellow Jackets.

Also nominated was senior GK **Diana Prangel** of Grove City, senior GK **Jackie Foltz** of Washington & Jefferson, freshman GK **Katrina Kelly** of Waynesburg, and senior D **Jessi Losteter** of Westminster.

### PAC WOMEN'S SOCCER 2008 - Week 5 Conference Notes

**WHO'S HOT:** Defending PAC champion Westminster improved to 7-2-1 with non-league road victories at La Roche (5-0) and Baldwin-Wallace (3-1) ... Geneva improved its unbeaten streak to four contests after posting a 4-1 home victory over Pitt-Greensburg on Wednesday ... Bethany topped Waynesburg 3-1 on the road in a non-conference matchup between the PAC rivals ... Conference play in PAC women's soccer opens this weekend with five matchups on Friday and Saturday.

**NEWS & NOTES:** **Amanda Munsch** scored a pair of goals for Geneva in a 4-1 victory over Pitt-Greensburg ... **Spencer Ahrenholtz** scored the game-winning goal for W&J in a 2-1 win over Marietta ... Senior M **Laura Shipley** of Grove City scored on a penalty kick in the 90th minute to force overtime and an eventual 1-1 draw at Baldwin-Wallace ... **Courtney Ebersole** scored for Waynesburg in a 3-1 loss to Bethany ... D **Jessi Losteter** keyed a Westminster defense which held opponents to 15 shots.

**AROUND THE LEAGUE:** **Cassie Spalding** scored three goals for 2-0 Bethany last week, ... GK **Diana Prangel** of Grove City made 14 saves in two contests for the 0-1-1 Wolverines last week .. Saint Vincent tallied just 13 shots combined in consecutive 3-0 losses to Frostburg State and Lycoming ... Bearcat GK **Kirstie Mills** made 21 saves combined in the two losses ... Thomas More suffered through an 0-3 week ... Chatham remained winless following a pair of non-league losses.

**Bethany Bison**  
**(5-4-1, 0-0 PAC)**



The Bison won a pair of matches last week to run their unbeaten streak to four and go over the .500 mark ... This is the latest a Bethany team has been above .500 since the 1999 championship season ... BC and Muskingum battled through 70 scoreless minutes before Bethany finally broke through with 18 minutes to play on a goal by **Cassie Spalding**, assisted by **Loren McAnany** ... GK **Julie Brady** and the Bison defense finished the shutout, as Brady totaled five saves and Bethany allowed just two shots in the final 45 minutes ... Spalding scored twice and McAnany had one goal and one assist in a 3-1 triumph at Waynesburg Saturday ... The Spalding scores were sandwiched around the McAnany goal.

**Chatham Cougars**  
**(0-7, 0-0 PAC)**



Chatham lost to Penn State Altoona away, by a score of 6-0 on Tuesday, September 23 ... GK **Mary McMahon** had 12 saves in the loss ... Chatham continued on the road, traveling to Lake Erie for a 4-0 loss on Saturday ... Next week, Chatham plays at Pitt Bradford on Wednesday, October 1 at 4pm. Chatham plays host to Washington and Jefferson on October 4 at 2pm.

**Geneva Golden Tornadoes**  
**(4-2-2)**



Geneva improved its unbeaten streak to four games and moved to 4-2-2 on the season with a 4-1 victory over Pitt-Greensburg in the only game action of the week ... **Amanda Munsch** netted a pair of goals to increase her team leading goal total to six on the season ... **Kelsey Anderson** chipped in with a goal and an assist, while teammate **Rebecca Shaw** netted the fourth goal ... Sophomore GK **Lauren Londino** won for the fourth time and came within a few minutes of registering her fifth shut-out of the season.

**Grove City Wolverines**  
**(3-4-2, 0-0 PAC)**



Grove City went 0-1-1 last week on the road against a pair of Ohio foes ... Tuesday, senior **Laura Shipley** scored her second penalty kick goal of the season in the 90<sup>th</sup> minute to forge a 1-1 tie at Baldwin-Wallace ... GK **Diana Prugel** stopped six shots ... Combined with a 1-1 draw against John Carroll Sept. 20, it gave the Wolverines back-to-back ties for the first time in the 17-year history of the program ... Saturday, Grove City dropped a 1-0 decision at Mount Union ... The Wolverines out-shot Mount Union 9-4 in the second half ... Prugel rebuked eight shots ... Grove City will play Wednesday at Carnegie Mellon ... PAC play begins Saturday at noon against Thiel ... Grove City has won nine straight PAC openers.

**Saint Vincent Bearcats**  
**(3-5-1)**



The Bearcat losing streak reached three games after SVC suffered a pair of 3-0 defeats, falling to Frostburg State on Tuesday and Lycoming on Sunday ... The SVC offense struggled, tallying just 13 shots, including eight shots on goal, in the two games ... Freshman GK **Kirstie Mills** made 10 saves at Frostburg State, and 11 against Lycoming.

**Thiel Tomcats**  
**(0-6-3, 0-0 PAC)**



Thiel finished up its non-conference slate by snapping its five-game goalless streak in a 3-1, loss at Hilbert.

**Thomas More Saints**  
**(5-4, 0-0 PAC)**



The Saints lost three matches last week ... The TMC offense was led by freshman F **Lauren Wietmarschen** and freshman M **Taylor Stoll**, who each scored a goal last week for the Saints ... Through the Saints' first nine matches, junior F **Deanna Goshdigian** leads the team with 17 points on seven goals and three assists and Wietmarschen with 14 points on six goals and two assists ... The Thomas More defense has been anchored by junior GK **Jenna Kramer**, who has played all nine matches in goal with a 5-4 record and has recorded 36 saves and pitched three shutouts.

**Washington & Jefferson Presidents**  
**(6-3, 0-0 PAC)**



The Washington and Jefferson women's soccer team will open PAC play this week, hosting Chatham on Saturday, October 4<sup>th</sup> at 2:00 pm ... The Presidents 6-2 start in 2008 marked the best in school history ... Freshman M **Elizabeth Bendick** has brought a recent spark to the Presidents offensive attack, scoring the game winner against Penn State-Behrend, while also netting the Presidents' first goal in the 2-1 victory over Marietta ... The Presidents are a perfect 2-0 in overtime games in 2008, claiming victories over Penn State-Behrend (1-0, OT) and Muskingum (2-1, 2 OT).

**Waynesburg Yellow Jackets**  
**(5-3-1, 0-0 PAC)**



The Waynesburg University women's soccer team is stuck in its first multi-game losing streak of the season following defeats at the hands of Franciscan (Ohio) and Bethany ... Freshman **Courtney Ebersole**, the team's leading score, posted the only goal for the team over the stretch ... The Yellow Jackets' contest with the Bison of Bethany was a non-conference matchup between the two PAC rivals.

**Westminster Titans**  
**(7-2-1, 0-0 PAC)**



Westminster went undefeated last week by shutting out La Roche, 5-0, Wednesday and edging Baldwin-Wallace, 2-1, in two non-conference games ... Freshman M **Samantha Killmeyer** scored two goals in the game against La Roche for her fifth and sixth goals of the season ... Senior F **Christina Adams** netted her team-leading eighth goal of the season on an assist from **Sarah Nee** ... Nee scored both goals in the win over Baldwin-Wallace within a 1:12 span in the 57<sup>th</sup> and 58<sup>th</sup> minutes, as she supplanted Adams as the team's leading goal-scorer with nine on the season ... The Titans outshot the Yellow Jackets 15-8 while junior GK **Lindsey Mellott** earned the win by making one save.

**Bethany Bison**  
5-4-1, 0-0 PAC

**Chatham Cougars**  
0-7, 0-0 PAC

**Geneva Golden Tornadoes**  
4-2-2

Aug. 30 at Marietta	W 2-1	Aug. 30 at Alvernia	L 0-4	Aug. 29 at La Roche	W 2-0
Sept. 3 LA ROCHE	L 0-1	Aug. 31 vs. Shenandoah	L 0-6	Aug. 30 vs. Carlow (at La Roche)	W 3-0
Sept. 6 at Clarkson (at Hilbert)	L 0-1	Sept. 5 at Waynesburg	L 0-3	Sept. 2 POINT PARK	L 0-2
Sept. 7 at Hilbert	W 1-0	Sept. 9 POINT PARK	L 0-7	Sept. 6 PITT-BRADFORD	L 0-1
Sept. 10 at Franciscan	L 2-3	Sept. 20 at Mount Aloysius	L 1-2 (ot)	Sept. 13 MEDIALLE	W 2-0
Sept. 13 at Wooster	L 1-4	Sept. 23 at Penn State-Altoona	L 0-6	Sept. 17 at Franciscan	T 0-0
Sept. 16 OHIO VALLEY	W 7-0	Sept. 27 at Lake Erie	L 0-4	Sept. 20 at Heidelberg	T 2-2
Sept. 20 PITT-GREENSBURG	T 1-1	Oct. 1 at Pitt-Bradford	4 p.m.	Sept. 24 PITT-GREENSBURG	W 4-1
Sept. 24 MUSKINGUM	W 1-0	Oct. 4 at Wash. & Jeff.*	2 p.m.	Oct. 3 at Bethany*	6 p.m.
Sept. 27 at Waynesburg	W 3-1	Oct. 7 WAYNESBURG*	4 p.m.	Oct. 8 WASH. & JEFF.*	5 p.m.
Oct. 3 GENEVA*	6 p.m.	Oct. 12 at Thomas More*	noon	Oct. 11 at Westminster*	5 p.m.
Oct. 8 at Grove City*	4 p.m.	Oct. 15 at Geneva*	7 p.m.	Oct. 15 CHATHAM*	7 p.m.
Oct. 11 THIEL*	1 p.m.	Oct. 18 BETHANY*	1 p.m.	Oct. 17 SAINT VINCENT*	5 p.m.
Oct. 15 WAYNESBURG*	4 p.m.	Oct. 23 at Grove City*	4 p.m.	Oct. 21 at Waynesburg*	6:30 p.m.
Oct. 18 at Chatham*	1 p.m.	Oct. 25 THIEL*	1 p.m.	Oct. 25 THOMAS MORE*	5 p.m.
Oct. 21 WESTMINSTER*	2 p.m.	Oct. 29 at Saint Vincent*	4 p.m.	Oct. 29 at Thiel*	5 p.m.
Oct. 26 at Saint Vincent*	1 p.m.	Nov. 1 WESTMINSTER*	1 p.m.	Nov. 1 at Grove City*	2:30 p.m.
Oct. 29 at Wash. & Jeff.*	5 p.m.	Nov. 5-8 PAC Tournament			
Nov. 1 at Thomas More*	6 p.m.				
Nov. 5-8 PAC Tournament					

**2008 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK**

	<u>Offense</u>	<u>Defense/GK</u>
September 1:	<b>Emily Ostlund</b> , M, GRO	<b>Jill Harry</b> , GK, THI
September 8:	<b>Christina Adams</b> , F, WES	<b>Jessi Losteter</b> , D, WES
September 15:	<b>Melody Cox</b> , F, WAY	<b>Diana Prigel</b> , GK, GRO
September 22:	<b>Loren McAnany</b> , F, BET	<b>Jackie Foltz</b> , GK, W&J
September 29:	Sarah Nee, F, WES	<b>Julie Brady</b> , GK, BET
October 6:		
October 13:		
October 20:		
October 27:		
November 3:		

**Grove City Wolverines**  
3-4-2, 0-0 PAC

Aug. 29	MEDAILLE	W 8-2
Aug. 30	MOUNT ST. JOSEPH	W 2-1
Sept. 5	at Fredonia State	L 1-3
Sept. 6	vs. Rochester	L 0-5
Sept. 10	ALLEGHENY	W 1-0
Sept. 15	at La Roche	ppd.
Sept. 16	PENN ST.-BEHREND	L 1-2
Sept. 20	JOHN CARROLL	T 1-1
Sept. 23	at Baldwin-Wallace	T 1-1
Sept. 27	at Mount Union	L 0-1
Oct. 1	at Carnegie Mellon	7:30 p.m.
Oct. 4	THIEL*	noon
Oct. 8	BETHANY*	4 p.m.
Oct. 10	at Waynesburg*	6:30 p.m.
Oct. 15	at Saint Vincent*	4 p.m.
Oct. 17	THOMAS MORE*	1 p.m.
Oct. 23	CHATHAM*	4 p.m.
Oct. 25	at Wash. & Jeff.*	3 p.m.
Oct. 29	at Westminster*	7:30 p.m.
Nov. 1	GENEVA*	2:30 p.m.
Nov. 5-8	PAC Tournament	

**PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS**  
(through September 21, 2008)

<b>TEAM</b>	<u>Category</u>	<u>Nat. Rank</u>	<u>Stats</u>
Thomas More	Shutout %	T-24th	0.67 (6 gms - 4 SO)
Thomas More	W-L-T %	T-32nd	.833 (5w-1l-0t)
Waynesburg	Save %	42nd	.875 (35sv - 5ga)
<b>INDIVIDUAL</b>	<u>Category</u>	<u>Nat. Rank</u>	<u>Stats</u>
Paige Yeich, WAY	Save %	8th	.947 (7 gms-18sv-1ga)
Sam. Killmeyer, WES	Assists per game	T-16th	0.88 apg (8g-7a)
Paige Yeich, WAY	Goals-against avg.	18th	0.27 gaa (340min-1ga)
D. Goshdigian, TMC	Goals per game	T-35th	1.17 gpg (6g-7gls)
D. Goshdigian, TMC	Scoring	T-36th	2.67 ppg (6g-7g-2a-16p)

**Saint Vincent Bearcats  
3-5-1**

Aug. 30	vs. Hiram (at CWRU)	W 3-1
Aug. 31	at Case W. Reserve	L 1-2
Sept. 3	at Seton Hill	T 0-0
Sept. 7	JUNIATA	L 0-2
Sept. 10	PITT-GREENSBURG	W 4-1
Sept. 13	PITT-BRADFORD	W 2-1
Sept. 20	at Marietta	L 3-4 (ot)
Sept. 23	at Frostburg State	L 0-3
Sept. 28	LYCOMING	L 0-3
Sept. 30	BALDWIN-WALLACE	2:30 p.m.
Oct. 3	WAYNESBURG*	2 p.m.
Oct. 8	WESTMINSTER*	4 p.m.
Oct. 11	at Wash. & Jeff.*	noon
Oct. 15	GROVE CITY*	4 p.m.
Oct. 17	at Geneva*	5 p.m.
Oct. 22	at Thomas More*	4 p.m.
Oct. 26	BETHANY*	1 p.m.
Oct. 29	CHATHAM*	4 p.m.
Nov. 1	at Thiel*	1 p.m.

**Thiel Tomcats  
0-6-3, 0-0 PAC**

Aug. 30	MOUNT ALOYSIUS	T 0-0
Sept. 3	at Pitt-Greensburg	T 1-1
Sept. 7	MUSKINGUM	L 1-2
Sept. 11	at La Roche	L 0-5
Sept. 13	ALFRED	L 0-3
Sept. 18	CARLOW	L 0-2
Sept. 20	BLUFFTON	L 0-3
Sept. 23	at Pitt-Bradford	T 0-0
Sept. 25	at Hilbert	L 1-3
Oct. 4	at Grove City*	noon
Oct. 9	THOMAS MORE*	2 p.m.
Oct. 11	at Bethany*	1 p.m.
Oct. 15	at Westminster*	9 p.m.
Oct. 18	WAYNESBURG*	1 p.m.
Oct. 21	WASH. & JEFF.*	4 p.m.
Oct. 25	at Chatham*	1 p.m.
Oct. 29	GENEVA*	5 p.m.
Nov. 1	SAINT VINCENT*	1 p.m.
Nov. 5-8	PAC Tournament	

**Thomas More Saints  
5-4, 0-0 PAC**

Aug. 29	CAPITAL	W 2-1 (ot)
Sept. 2	HANOVER	W 5-0
Sept. 5	at Earlham	L 1-3
Sept. 7	at Franklin	W 6-0
Sept. 13	at Anderson	W 2-0
Sept. 16	CENTRE	W 2-0
Sept. 23	MOUNT ST. JOSEPH	L 1-2
Sept. 26	at Ohio Wesleyan	L 1-2
Sept. 28	at Marietta	L 0-1
Oct. 4	WESTMINSTER*	noon
Oct. 5	SPAULDING	1:30 p.m.
Oct. 9	at Thiel*	1 p.m.
Oct. 12	CHATHAM*	noon
Oct. 14	WASH. & JEFF.*	4 p.m.
Oct. 17	at Grove City*	1:30 p.m.
Oct. 22	SAINT VINCENT*	4 p.m.
Oct. 25	at Geneva*	noon
Oct. 29	at Waynesburg*	3:30 p.m.
Nov. 1	BETHANY*	TBA
Nov. 5-8	PAC Tournament	

**Wash. & Jeff. Presidents  
6-3, 0-0 PAC**

Aug. 31	at Pitt-Greensburg	W 3-1
Sept. 3	PENN ST.-ALTOONA	L 0-5
Sept. 6	at Medaille	W 1-0
Sept. 7	vs. Buffalo St. (at Medaille)	W 1-0
Sept. 10	at Capital	L 0-2
Sept. 13	at Muskingum	W 2-1 (ot)
Sept. 20	PENN ST.-BEHREND	W 1-0 (ot)
Sept. 24	MARIETTA	W 2-1
Sept. 27	at Wooster	L 0-4
Oct. 1	FRANCISCAN	7 p.m.
Oct. 4	CHATHAM*	2 p.m.
Oct. 8	at Geneva*	5 p.m.
Oct. 11	SAINT VINCENT*	noon
Oct. 14	at Thomas More*	4 p.m.
Oct. 17	at Westminster*	8 p.m.
Oct. 21	at Thiel*	4 p.m.
Oct. 25	GROVE CITY*	3 p.m.
Oct. 29	BETHANY*	5 p.m.
Nov. 1	at Waynesburg*	5:30 p.m.
Nov. 5-8	PAC Tournament	

**Waynesburg Yellow Jackets  
5-3-1, 0-0 PAC**

Aug. 29	vs. Carlow (at La Roche)	W 3-0
Aug. 30	vs. Point Park (at La Roche)	L 1-2
Sept. 5	CHATHAM	W 3-0
Sept. 10	MOUNT ALOYSIUS	W 6-0
Sept. 13	at Pitt-Greensburg	W 2-1
Sept. 16	MUSKINGUM	T 1-1
Sept. 20	at La Roche	W 3-1
Sept. 24	at Franciscan	L 0-2
Sept. 27	BETHANY	L 1-3
Oct. 3	at Saint Vincent*	2 p.m.
Oct. 7	at Chatham*	4 p.m.
Oct. 10	GROVE CITY*	6:30 p.m.
Oct. 15	at Bethany*	4 p.m.
Oct. 18	at Thiel*	1 p.m.
Oct. 21	GENEVA*	6:30 p.m.
Oct. 25	at Westminster*	6:30 p.m.
Oct. 29	THOMAS MORE*	3:30 p.m.
Nov. 1	WASH. & JEFF.*	5:30 p.m.
Nov. 5-8	PAC Tournament	

**Westminster Titans  
7-2-1, 0-0 PAC**

Aug. 29	MOUNT ST. JOSEPH	L 0-1
Aug. 30	MEDAILLE	W 6-2
Sept. 3	PITT-BRADFORD	W 3-0
Sept. 6	vs. Brockport (at Marietta)	T 2-2
Sept. 7	at Marietta	W 3-1
Sept. 13	at Penn State-Behrend	W 2-1
Sept. 16	at Allegheny	L 1-2 (ot)
Sept. 18	at Pitt-Greensburg	W 8-0
Sept. 24	at La Roche	W 5-0
Sept. 27	at Baldwin-Wallace	W 2-1
Oct. 4	at Thomas More*	noon
Oct. 8	at Saint Vincent*	4 p.m.
Oct. 11	GENEVA*	5 p.m.
Oct. 15	THIEL*	9 p.m.
Oct. 17	WASH. & JEFF.*	8 p.m.
Oct. 21	at Bethany*	4 p.m.
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Oct. 29	GROVE CITY*	7:30 p.m.
Nov. 1	at Chatham*	1 p.m.
Nov. 5-8	PAC Tournament	