2009 PAC Women's Soccer Release Week 6 - October 5



Presidents' Athletic Conference 8500 Brooktree Road, Suite 130 Wexford, PA 15090 Web: www.pacathletics.org

> Contact: Joe Onderko (724) 933-4630 onderko@pacathletics.org

2009 PAC WOMEN'S SOCCER STANDINGS (as of Oct. 4)

	PAC Contests					All Contests								
School	W	L	T	Pct.	Pts!	<u>GF</u>	<u>GA</u>	V	V	L	I	Pct.	<u>GF</u>	<u>GA</u>
Thomas More	1	0	0	1.00	3	2	1	1	0	0	0	1.00	21	3
Chatham	1	0	0	1.00	3	2	0	4	1	4	0	.500	26	19
Grove City	1	0	0	1.00	3	3	2	2	2	5	3	.350	14	23
Westminster	1	1	0	.500	3	4	2	8	3	4	0	.667	25	12
Bethany	0	0	0	.000	0	0	0	6	3	3	2	.636	24	14
Washington & Jefferson	0	1	0	.000	0	2	3	3	3	5	2	.400	15	13
Waynesburg	0	1	0	.000	0	0	3	3	3	6	0	.333	11	16
Thiel	0	1	0	.000	0	0	2	2	2	6	2	.300	5	14
Geneva*						•		6	3	3	0	.667	21	11
Saint Vincent*								•	1	10	0	.091	8	29

- ! Point total determines seed for PAC Tournament 3 points for win, 1 point for tie
- * NCAA Division III provisional member not eligible for 2009 PAC championship or player of the week honors

LAST WEEK

Tuesday, September 29, 2009 Carnegie Mellon 3, GROVE CITY 2 (ot) BALDWIN-WALLACE 3, Saint Vincent 0

Wednesday, September 30, 2009
Wash. & Jeff. 0, FRANCISCAN 0 (20t)
Marietta 1, BETHANY 1 (20t)
FREDONIA STATE 3, Westminster 1
Lake Erie 2, WAYNESBURG 1

Thursday, October 1, 2009 Chatham 2, THIEL 0* PENN STATE-ALTOONA 6, Grove City 3

Friday, October 2, 2009 THOMAS MORE 2, Geneva 0*

Saturday, October 3, 2009 BETHANY 3, Saint Vincent 1* Westminster 3, WAYNESBURG 0*

Sunday, October 4, 2009 Thomas More 2, WESTMINSTER 1*

THIS WEEK

Monday, October 5, 2009 Wash. & Jeff. at Chatham* - 3:30 p.m. Grove City at Thiel* - 4 p.m.

<u>Tuesday, October 6, 2009</u> Penn State-Behrend at Westminster - 3:30 p.m.

Wednesday, October 7, 2009
Bethany at Geneva* - 5 p.m.
Saint Vincent at Waynesburg* - 6:30 p.m.

Friday, October 9, 2009
Thiel at Saint Vincent* - 5:30 p.m.
La Roche at Waynesburg - 6:30 p.m.
Thomas More at Bethany* - 6:45 p.m.

Saturday, October 10, 2009 Grove City at Geneva* - 11 a.m. Chatham at Westminster* - 2 p.m. Waynesburg at Wash. & Jeff.* - 3 p.m.

Offensive Player of the Week

JULIE LINDENFELSER Bethany

Freshman F South Park, Pa. South Park H.S.

Lindenfelser had two goals and two assists in the Bison's 1-0-1



week ... She also assisted on Bethany's only goal in the tie with Marietta ... Had a hand in all three Bethany goals in the win over Saint Vincent, scoring two and assisting on the game-winner in the 3-1 victory.

Also nominated was Chatham freshman F Ashley Kostial, Grove City senior F Michelle Peck, Thomas More senior F Deanna Goshdigian and Westminster junior F Sarah Nee.

Def./Goalkeeper of the Week

KRISTIE BRANNON

Chatham Senior GK

Castle Shannon, Pa. Keystone Oaks H.S.

Brannon earned her first shut-out of the season for her team



in their first PAC victory at Thiel College ... The Cougars played a man down the entire match, but Brannon was unaffected by the advantage, as she saved all shots directed at her ... Overall, she has made 31 saves thus far in the season.

Also nominated was Bethany sophomore D Breane Minardi, Thomas More senior GK Jenna Kramer and Wash. & Jeff. sophomore GK Stephanie Saussol.

PAC WOMEN'S SOCCER 2009 - Week 6 Conference Notes

NATIONAL RANKS: Four PAC teams are ranked in the top 50 teams in several different categories ... The highest ranked is Thomas More's tie for first in win-loss-tie percentage ... Chatham, Thiel and Westminster are also ranked in either scoring offense, W-L-T percentage and save percentage ... Heading into week 6, three teams opened conferene play strong with wins, while Westminster split their first two PAC contests.

NEWS & NOTES: Bethany limited to Saint Vincent to just seven shots in their contest this week ... Westminster's Samantha Killmeyer scored both Titan goals in team's two losses last week ... Saint Vincent GK Kirstie Mills earned her third double-digit save performance with 10 saves against Baldwin-Wallace ... As a team, Thomas More have outshot opponents, 185-92, including 90-46 on goal ... In its lost to Thomas More, Geneva failed to score for the first time all season.

AROUND THE LEAGUE: The Saints' Lauren Wietmarschen leads the team in scoring with 14 points on a team high five goals and four assists ... Westminster GKs Jenn Cantella and Amanda Hummer combined for the shutout against Waynesburg with four and two saves, respectively ... Bethany's Cassie Spadling leads the PAC in shots (64), points (21) and goals (nine) ... As a team, Chatham leads the conference in points (70) and goals (26), and ties with Bethany in assists (18).

Bethany Bison (6-3-2, 0-0 PAC)

Although they dominated the flow of the game and had a 29-11 advantage in shots, the Bison were forced to settle for a 1-1 draw with Marietta ...

Cassie Spalding scored off an assist from Julie Lindenfelser in the 53rd minute for a 1-0 lead, but the Pioneers were able to tie in the 83rd minute and held off BC for the draw ... On Saturday, Lindenfelser scored twice and assisted on the third goal in a 3-1 triumph over Saint Vincent ... Brittany Bizila assisted on Lindenfelser's first score in the 15th minute. then Spalding finished off a Lindenfelser pass for her PAC-leading 9th goal of the year ... Lindenfelser made it 3-0 Bison with a score in the 66th minute before Saint Vincent broke up the shutout bid with a PK.

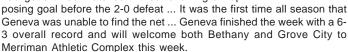
Chatham Cougars (4-4, 1-0 PAC)

Chatham traveled to Thiel for their first Presidents' Athletic Conference (PAC) match-up ... The Cougars played

a man down the entire match, but that did not stop them from earning a 2-0 victory ... First-year Ashley Kostial scored the first goal for the team, and teammate Lexi Ribar added a goal of her own in the victory ... GK Kristie Brannon earned the shut-out for the Cougars.

Geneva Golden Tornadoes (6-3)

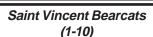
In the only action of the week, Geneva dropped a 2-0 decision at Thomas More in the first match against PAC competition ... The Golden Tornadoes GOLDEN TORNADOES had gone three matches without allowing an op-



Grove City Wolverines (2-5-3, 1-0 PAC)

Grove City continues to set the pace in the conference with an undefeated PAC mark ... Tuesday, Grove City fell to Carnegie Mellon in overtime, 3-2 ... Michelle Peck

scored twice for the Wolverines while Elise Bender and Hannah Yang both had assists ... Thursday, Grove City fell at Penn State Altoona 6-3 ... Bender, Emily Ostlund and Yang all scored goals for Grove City ... Grove City had won 17 straight matches when scoring three or more goals since tying Thomas More 4-4 October 28, 2006 ... The Wolverines are in the middle of a four-match road swing ... The Wolverines visit Thiel Monday and play at Geneva Saturday ... Grove City is 22-0 alltime against Thiel, including a 7-0 home win last year.



The Bearcats saw their losing streak reach six, dropping road contests to Baldwin-Wallace on Wednesday and Bethany on Saturday ... In Tuesday's 3-1 loss at Baldwin-Wallace, SVC's offense struggled, managing just one shot on goal ... Sophomore GK Kirstie Mills made 10 saves in the losing effort, her third double-digit save performance of the season ... On Saturday at Bethany, senior Alex Shasko scored the team's lone goal, on a penalty kick in the 78th minute ... Mills turned in eight saves in the loss.

Thiel Tomcats (2-7-2, 0-1 PAC)

The Thiel Women's soccer team suffered their seventh loss of the season to the Cougars of Chatham ... The final score came to 2-0, as Chatham's offense was too much for the Tomcats during Thursday's contest at Alumni Stadium.

Thomas More Saints (10-0, 1-0 PAC)

Thomas More defeated Geneva, 2-0, and Westminster, 2-1, last week ... F Deanna Goshdigian scored two goals last week as she

scored one in each of the wins ... M Stacey Knapp scored the other goal in the win over Geneva ... GK Jenna Kramer played all 180 minutes in goal and allowed only one goal and recorded 14 saves as she faced 15 shots ... Lauren Wietmarschen leads the team in scoring with 14 points (5 g, 4a) ... Kramer is 10-0 in goal this season with seven shutouts and has only allowed three goals in 900 minutes in goal and has recorded 51 saves ... As a team the Saints have outshot their opponents, 185-92, including, 90-46 on goal.

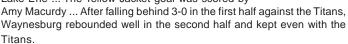
Washington & Jefferson Presidents (3-5-2, 0-1 PAC)

The Washington & Jefferson College women's soccer team played Franciscan University to a 0-0 double overtime tie in its most recent contest on Sept. 30 ... The Presidents held a 30-15 shot advantage and a 5-2 edge in corner kicks, but weren't able to convert a goal as

Franciscan's goalie racked up 15 saves in the contest ... The Red & Black will look to get back in the win column this week with back-to-back conference matches, traveling to Chatham Monday for a 3:30 pm contest, and hosting Waynesburg on Saturday, Oct. 10, at 3:00 pm on Senior Day at Alexandre Stadium.

Waynesburg Yellow Jackets (3-6, 0-1 PAC)

Waynesburg suffered a real heart-breaker on Sept. 30, when they lost a 1-0 lead and fell 2-1 to visiting Lake Erie ... The Yellow Jacket goal was scored by



Westminster Titans (8-4, 1-1 PAC)

Westminster went 1-2 last week including a 3-1 non-conference loss at Fredonia State on Wednesday, a 3-0 PAC win at Waynesburg on

Saturday, and a 2-1 PAC loss at home vs. Thomas More on Sunday ... Sarah Nee and Samantha Killmeyer led the Titans with two goals apiece during the week including Nee scoring both of her goals in the win over Waynesburg on assists from Kristin Kajari ... Killmeyer scored the lone goals in the losses to Fredonia and Thomas More ... Amanda Embry was the other goal-scorer vs. Waynesburg ... GKs Jenn Cantella and Amanda Hummer combined for the shutout vs. Waynesburg with four and two saves, respectively, in each half.









Bethai	ny I	Bison
6-3-2,	0-0	PAC

Chatham Cougars 4-4, 1-0 PAC

Geneva Golden Tornadoes 6-3

Sept. 1	at Pitt-Greensburg	W, 2-0	Sept. 1	at Carlow	L, 0-4	Sept. 2	MARIETTA	L, 1-2
Sept. 3	at La Roche	L, 1-2	Sept. 5	PENN STATE-DUBO	S W, 10-2	Sept. 5	at Pitt-Bradford	W, 2-1
Sept. 5	MOUNT ALOYSIUS	W, 6-0	Sept. 8	PITT-BRADFORD	L, 2-3 (ot)	Sept. 9	LA ROCHE	W, 1-0
Sept. 9	FRANCISCAN	W, 3-1	Sept. 11	at La Roche	L, 0-7	Sept. 12	MEDAILLE	L, 2-4
Sept. 12	WOOSTER	L, 1-3	Sept. 14	at Mount Aloysius	W, 3-0	Sept. 16	FRANCISCAN	W, 3-2
Sept. 15	at Seton Hill	W, 2-1	Sept. 23	at Wilson	W, 9-0	Sept. 19	at Point Park	W, 3-0
Sept. 20	HILBERT	T, 0-0 (2ot)	Sept. 26	at Hood	L, 0-3	Sept. 23	MOUNT ALOYSIUS	W, 7-0
Sept. 23	at Muskingum	W, 5-1	Oct. 1	at Thiel*	W, 2-0	Sept. 26	HEIDELBERG	W, 2-0
Sept. 26	at Hiram	L, 0-4	Oct. 5	WASH. & JEFF.*	3:30 p.m.	Oct. 2	at Thomas More*	L, 0-2
Sept. 30	MARIETTA	T, 1-1 (2ot)	Oct. 10	at Westminster*	2 p.m.	Oct. 7	BETHANY*	5 p.m.
Oct. 3	ST. VINCENT*	W, 3-1	Oct. 13	at Waynesburg*	6:30 p.m.	Oct. 10	GROVE CITY*	11 a.m.
Oct. 7	at Geneva*	5:30 p.m.	Oct. 18	THOMAS MORE*	1 p.m.	Oct. 13	WASH. & JEFF.*	5 p.m.
Oct. 9	THOMAS MORE*	6:45 p.m.	Oct. 21	GENEVA*	3:30 p.m.	Oct. 16	WESTMINSTER*	5 p.m.
Oct. 13	GROVE CITY*	7:30 p.m.	Oct. 24	at Bethany*	1 p.m.	Oct. 21	at Chatham*	3:30 p.m.
Oct. 17	at Thiel*	1 p.m.	Oct. 28	GROVE CITY*	3:30 p.m.	Oct. 24	at St. Vincent*	1 p.m.
Oct. 20	at Waynesburg*	6:30 p.m.	Oct. 31	ST. VINCENT*	1 p.m.	Oct. 28	WAYNESBURG*	5 p.m.
Oct. 24	CHATHAM*	1 p.m.	Nov. 3-7	PAC Tournament	TBA	Oct. 30	at Thiel*	1 p.m.
Oct. 27	at Westminster*	3 p.m.						
Oct. 31	WASH. & JEFF.*	3 p.m.						
Nov. 3-7	PAC Tournament	TBA						

2009 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK

Offense

September 7: Courtney Ebersole, F, WAY
September 14: Danielle Struble, F, WES
September 21: Ashley Kostial, F, CHA
September 28: Sarah Nee, F, WES
October 5: Julie Lindenfelser, F, BET

October 12:

October 19: October 26: November 2: Defense/GK

Katrina Kelly, GK, WAY Kaitlyn Cohen, D, TMC Brittany Sadler, GK, BET Jenna Kramer, GK, TMC Kristie Brannon, GK, CHA

PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS

(through September 27, 2009)

TEAM Thomas More	Category W-L-T percentage Save percentage Shutout percentage	Nat. Rank T-1st 6th 13th	Stats 1.00 0.952 0.75
Chatham Thiel	Scoring offense Save percentage	26th 29th	3.43 0.891
INDIVIDUAL Jenna Kramer, TMC Jill Harry, THI	Category Save percentage Goals-against avg. Save percentage	Nat. Rank 5th 9th 17th	<u>Stats</u> 0.949 0.25 0.913

Grove City Wolverines 2-5-3, 1-0 PAC

Sept. 4	DAEMEN	W, 4-3
Sept. 5	MOUNT UNION	T, 0-0 (2ot)
Sept. 11	at John Carroll	L, 0-5
Sept. 12	Olivet (at JCU)	T, 1-1 (2ot)
Sept. 16	at Allegheny	L, 0-1
Sept. 19	BALDWALLACE	T, 1-1 (2ot)
Sept. 23	at Penn State-Behre	end L, 0-1
Sept. 26	WASH. & JEFF.*	W, 3-2
Sept. 29	CARNEGIE MELLO	N L, 3-2 (ot)
Oct. 1	at Penn State-Altoor	na L, 3-6
Oct. 5	at Thiel*	4 p.m.
Oct. 10	at Geneva*	12 p.m.
Oct. 13	at Bethany*	7:30 p.m.
Oct. 17	WAYNESBURG*	12 p.m.
Oct. 21	ST. VINCENT*	3 p.m.
Oct. 24	at Thomas More*	12 p.m.
Oct. 28	at Chatham*	3:30 p.m.
Oct. 31	at Westminster*	3 p.m.
Nov. 3-7	PAC Tournament	TBA

Sair	nt Vincent Bea	arcats		Thiel Tomc 2-7-2, 0-1 P		The	omas More Sa 10-0, 1-0 PAC	
Sept. 2	SETON HALL	L, 0-1	Sept. 1	at Mount Aloysius	W, 2-1	Sept. 1	ANDERSON	W, 2-0
Sept. 5	Wooster (at Marietta)	L, 2-8	Sept. 3	at Franciscan	L, 0-2	Sept. 5	at Mount Saint Joseph	W, 2-1
Sept. 6	Bluffton (at Marietta)	L, 1-2 (OT)	Sept. 5	at Alfred	T, 0-0 (2OT)	Sept. 11	EARLHAM	W, 5-0
Sept. 8	at Juniata	L, 1-2 (ot)	Sept. 6	Hilbert (at Alfred)	L, 0-1	Sept. 13	MARIETTA	W, 1-0
Sept. 12	FRANCISCAN	W, 3-0	Sept. 9	PITT-GREENSBUR	RG W, 1-0	Sept. 18	MILIKIN	W, 3-1
Sept. 16	FROSTBURG	L, 0-3	Sept. 12	at Muskingum	L, 0-2	Sept. 19	at Defiance	W, 2-0
Sept. 19	at Mount Union	L, 0-3	Sept. 16	at Carlow	L, 0-3	Sept. 22	at Hanover	W, 1-0
Sept. 22	PITT-JOHNSTOWN	L, 0-2	Sept. 19	at Bluffton	L, 0-3	Sept. 27	at Capital	W, 1-0
Sept. 26	at Lycoming	L, 0-2	Sept. 22	PITT-BRADFORD	L, 0-1	Oct. 2	GENEVA*	W, 2-0
Sept. 29	at Baldwin-Wallace	L, 0-3	Sept. 24	HILBERT	T, 2-2 (2ot)	Oct. 4	at Westminster*	W, 2-1
Oct. 3	at Bethany*	L, 1-3	Oct. 1	CHATHAM*	L, 0-2	Oct. 9	at Bethany*	6:45 p.m.
Oct. 7	at Waynesburg*	6:30 p.m.	Oct. 5	GROVE CITY*	4 p.m.	Oct. 14	THIEL*	2:30 p.m.
Oct. 9	THIEL*	5:30 p.m.	Oct. 9	at St. Vincent*	5:30 p.m.	Oct. 17	at Denison	3:30 p.m.
Oct. 12	at Westminster*	8 p.m.	Oct. 13	at Thomas More*	2:30 p.m.	Oct. 18	at Chatham*	1 p.m.
Oct. 18	WASH. & JEFF.*	1 p.m.	Oct. 17	BETHANY*	1 p.m.	Oct. 21	at Wash. & Jeff.*	5 p.m.
Oct. 21	at Grove City*	3 p.m.	Oct. 20	WESTMINSTER*	4 p.m.	Oct. 24	GROVE CITY*	2 p.m.
Oct. 24	GENEVA*	1 p.m.	Oct. 23	at Waynesburg*	6:30 p.m.	Oct. 28	at St. Vincent*	3 p.m.
Oct. 28	THOMAS MORE*	3 p.m.	Oct. 28	at Wash. & Jeff.*	TBA	Oct. 31	WAYNESBURG*	12 p.m.
Oct. 31	at Chatham*	1 p.m.	Oct. 30	GENEVA*	1 p.m.	Nov. 3-7	PAC Tournament	TBA

TBA

Nov. 3-7 PAC Tournament

Wash	h. & Jeff. Pres	sidents	Wayn	esburg Yellow	Jackets	W	estminster T	itans
	3-5-2, 0-1 PA	C		3-6, 0-1 PAC			8-4, 1-1 PA	C
Sept. 2	at Penn StBehrend	L, 0-2	Sept. 1	FRANCISCAN	W, 1-0	Sept. 2	ALLEGHENY	L, 0-1
Sept. 6	at Penn StAltoona	L, 1-3	Sept. 5	PITT-GREENSBURG	W, 3-0	Sept. 4	MOUNT UNION	L, 1-2
Sept. 9	WOOSTER	L, 0-1	Sept. 8	at Point Park	L, 1-2	Sept. 5	DAEMEN	W, 1-0
Sept. 12	SHENANDOAH	T, 1-1 (2ot)	Sept. 10	at Carlow	L, 0-1	Sept. 11	SHENANDOAH	W, 3-2 (2ot)
Sept. 13	MEDAILLE	W, 3-1	Sept. 16	at Mount Aloysius	W, 3-0	Sept. 12	at Pitt-Johnstown	W, 2-1 (ot)
Sept. 15	PITT-GREENSBURG	W, 3-0	Sept. 22	at Penn StAltoona	L, 0-5	Sept. 15	at John Carroll	W, 2-1
Sept. 18	MUSKINGUM	W, 5-0	Sept. 26	at Muskingum	L, 2-3	Sept. 19	JUNIATA	W, 1-0
Sept. 23	at Marietta	L, 0-2	Sept. 30	LAKE ERIE	L, 1-2	Sept. 23	PITT-GREENSBURG	W, 7-0
Sept. 26	at Grove City*	L, 2-3	Oct. 3	WESTMINSTER*	L, 0-3	Sept. 26	BALDWIN-WALLAC	E W, 3-0
Sept. 30	at Franciscan	T, 0-0 (2ot)	Oct. 7	SAINT VINCENT*	6:30 p.m.	Sept. 30	at Fredonia State	L, 1-3
Oct. 5	at Chatham*	3:30 p.m.	Oct. 9	LA ROCHE	6:30 p.m.	Oct. 3	at Waynesburg*	W, 3-0
Oct. 10	WAYNESBURG*	3 p.m.	Oct. 10	WASH. & JEFF.*	3 p.m.	Oct. 4	THOMAS MORE*	L, 1-2
Oct. 13	at Geneva*	5 p.m.	Oct. 13	CHATHAM*	6:30 p.m.	Oct. 6	PENN STBEHREN	D 3:30 p.m.
Oct. 18	at St. Vincent*	1 p.m.	Oct. 17	at Grove City*	2:30 p.m.	Oct. 10	CHATHAM*	2 p.m.
Oct. 21	THOMAS MORE*	5 p.m.	Oct. 20	BETHANY*	6:30 p.m.	Oct. 12	ST. VINCENT*	8 p.m.
Oct. 24	WESTMINSTER*	1 p.m.	Oct. 23	THIEL*	6:30 p.m.	Oct. 16	at Geneva*	5 p.m.
Oct. 28	THIEL*	5 p.m.	Oct. 28	at Geneva*	6 p.m.	Oct. 21	at Thiel*	4 p.m.
Oct. 31	at Bethany*	3 p.m.	Oct. 31	at Thomas More*	12 p.m.	Oct. 24	at Wash. & Jeff.*	4 p.m.
Nov. 3-7	PAC Tournament	TBA	Nov. 3-7	PAC Tournament	TBA	Oct. 27	BETHANY*	3 p.m.
						Oct. 31	GROVE CITY*	3 p.m.
						Nov. 3-7	PAC Tournament	TBA