

2008 PAC Women's Soccer Release

Week 6 - October 6



Presidents' Athletic Conference
8500 Brooktree Road, Suite 130
Wexford, PA 15090
Web: www.pacathletics.org

Contact: Joe Onderko
(724) 933-4630
onderko@pacathletics.org

2008 PAC WOMEN'S SOCCER STANDINGS (through Oct. 5)

School	PAC Contests					All Contests							
	W	L	T	Pct.	Pts!	GF	GA	W	L	T	Pct.	GF	GA
Westminster	1	0	0	1.00	3	3	2	8	2	1	.773	35	12
Washington & Jefferson	1	0	0	1.00	3	3	0	8	3	0	.727	16	14
Grove City	1	0	0	1.00	3	7	0	4	5	2	.455	22	17
Waynesburg	0	0	0	.000	0	0	0	5	4	1	.550	20	14
Bethany	0	0	0	.000	0	0	0	5	4	2	.545	18	12
Thomas More	0	1	0	.000	0	2	3	6	5	0	.545	28	12
Thiel	0	1	0	.000	0	0	7	0	7	3	.150	3	26
Chatham	0	1	0	.000	0	0	3	0	9	0	.000	1	38
Geneva*								4	2	3	.611	13	6
Saint Vincent*								4	5	2	.455	21	22

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Tuesday, September 30, 2008

SAINT VINCENT 1, Baldwin-Wallace 1 (2ot)

Wednesday, October 1, 2008

PITT-BRADFORD 3, Chatham 0

WASH. & JEFF. 3, Franciscan 0

CARNEGIE MELLON 1, Grove City 0

Friday, October 3, 2008

SAINT VINCENT 4, Waynesburg 0*

BETHANY 0, Geneva 0* (2ot)

Saturday, October 4, 2008

GROVE CITY 7, Thiel 0*

Westminster 3, THOMAS MORE 2*

WASH. & JEFF. 3, Chatham 0*

Sunday, October 5, 2008

THOMAS MORE 6, Spalding 0

THIS WEEK

Monday, October 6, 2008

Grove City at La Roche - 4 p.m.

Tuesday, October 7, 2008

Waynesburg at Chatham* - 4 p.m.

Wednesday, October 8, 2008

Bethany at Grove City* - 4 p.m.

Westminster at Saint Vincent* - 4 p.m.

Wash. & Jeff. at Geneva* - 5 p.m.

Thursday, October 9, 2008

Thomas More at Thiel* - 2 p.m.

Friday, October 10, 2008

Grove City at Waynesburg* - 6:30 p.m.

Saturday, October 11, 2008

Saint Vincent at Wash. & Jeff.* - noon

Thiel at Bethany* - 1 p.m.

Geneva at Westminster* - 5 p.m.

Sunday, October 12, 2008

Chatham at Thomas More* - noon

Offensive Player of the Week

SPENCER AHRENHOLTZ

Wash. & Jeff.

Junior M

Bridgeville, Pa.

Chartiers Valley H.S.



Ahrenholtz recorded her first career hat trick by scoring all three goals in a 3-0 win over Franciscan, then scored the first W&J goal in a 3-0 PAC win over Chatham to give her four goals and eight points on the week. She currently leads the PAC in goals (10), goals-per game (0.90) and game-winning goals (five).

Also nominated was senior M **Stephanie Wild** of Grove City, freshman F **Courtney Ebersole** of Waynesburg, and sophomore F **Sarah Nee** of Westminster.

Def./Goalkeeper of the Week

MEGAN FERDERBER

Wash. & Jeff.

Senior D

Grove City, Pa.

Grove City H.S.



Ferderber led the W&J defensive unit which posted shutout wins over Franciscan (3-0) and PAC foe Chatham (3-0) this week, allowing only four shots combined in the two contests.

Also nominated was freshman SW **Brea Thrower** of Bethany, senior GK **Diana Prugel** of Grove City, and junior GK **Lindsey Mellott** of Westminster.

PAC WOMEN'S SOCCER 2008 - Week 6 Conference Notes

PAC PLAY UNDERWAY: The 2008 PAC league schedule opened this weekend with five contests ... In a battle of traditional league powers on Saturday, defending PAC champion Westminster edged Thomas More 3-2 ... Grove City and W&J joined Westminster atop the standings, as the Wolverines blanked Thiel 7-0 and the Presidents shut out Chatham 3-0 ... Friday, Bethany and Geneva played to a scoreless draw in two overtimes, while Saint Vincent rolled to a 4-0 win over Waynesburg.

WHO'S HOT: W&J posted a pair of 3-0 shutouts last week, topping Franciscan and Chatham ... **Leanna Seminsky** scored twice for Saint Vincent in a 4-0 blanking of PAC rival Waynesburg ... With a 7-0 win over Thiel, Grove City has now won 10 consecutive PAC openers ... Sophomore GK **Lauren Londino** stopped seven shots for Geneva in a scoreless draw with Bethany to post her fifth shutout of the season ... For the Bison, GK **Julie Brady** made five stops for her third shutout this season.

AROUND THE LEAGUE: It was a defensive-oriented week for PAC women's soccer, as at least one team was held scoreless in eight of the 10 contests involving conference teams last week ... Saint Vincent GK **Kirstie Mills** made 12 saves, including six in two OT sessions, to preserve a 1-1 tie against Baldwin-Wallace Tuesday ... Sophomore F **Sarah Nee** scored a pair of goals and junior GK **Lindsey Mellott** faced 22 shots and made nine saves for Westminster in a 3-2 PAC victory at Thomas More.

Bethany Bison (5-4-2, 0-0 PAC)



The Bison women played the first home night game in school history Friday by hosting Geneva at Bison Stadium for Homecoming ... Geneva outshot BC 5-3 in the opening half, but the Green & White posted a 20-7 advantage in the second half and both OTs, but narrowly missed on several great chances to score the winning goal ... Junior **Lisa Wabrck** tallied six of the team's 23 shots ... Sweeper **Brea Thrower** led a defensive effort that allowed 12 shots, including just seven over the final 70 minutes ... GK **Julie Brady** made five stops to post her third clean sheet of the season ... Bethany opens PAC play this week with a road game at Grove City and a home match against Thiel.

Chatham Cougars (0-9, 0-1 PAC)



The Chatham Cougars are looking to get their offense on track after being shut out in two games this week ... Chatham dropped a road game to Pitt Bradford by a 3-0 score ... The Cougars then traveled to Washington and Jefferson to open PAC play and again fell by a score of 3-0 ... The Cougars host Waynesburg this week in a rematch of an early season game ... Waynesburg won the first match by a 3-0 score.

Geneva Golden Tornadoes (4-2-3)



Geneva's women's soccer team is riding an impressive streak ... The Golden Tornadoes pushed their current unbeaten streak to five matches with a 0-0 tie at Bethany in their only match of the week ... Playing against a PAC opponent for the first time in 2008, Geneva battled to a scoreless tie after 110 minutes of action ... Sophomore **Lauren Londino** turned away all seven shots on goal to earn her fifth shutout of the season ... Geneva was forced to play the final 25 minutes of regulation and 20 minutes of overtime with just ten players after receiving a red card in the second half ... Despite being down a player, Geneva held its own and continued its 2008 impressive play.

Grove City Wolverines (4-5-2, 1-0 PAC)



Grove City opened PAC play Saturday with a 7-0 victory over Thiel ... The Wolverines have now won 10 straight PAC openers, the longest streak in conference history ... **Stephanie Wild** posted her first hat trick of the 2008 season to help spark the Grove City offense ... Junior **Lauren Woodring** gave the Wolverines a 1-0 lead at 15:32 with her first goal of the season ... Freshmen **Cara Colley**, **Emily Hurley** and **Morgan Osterhouse** all scored in the win also ... **Elise Bender**, **Arielle Goyzueta** and **Michelle Peck** all had assists ... GKs **Diana Prugel** and **Nikki Spina** each played a half and combined for the shutout ... Wednesday, the Wolverines dropped a 1-0 decision at Carnegie Mellon in non-conference play.

Saint Vincent Bearcats (4-5-2)



The Lady Bearcats went 1-0-1 on the week, tying Baldwin-Wallace Tuesday before defeating Waynesburg 4-0 Friday ... Against B-W, senior **Kylie Simonini** put SVC on the board just six minutes into play, assisted by **Michelle Stepien** ... B-W scored moments later, and the two defenses then went to work, as the final 95 minutes were scoreless ... SVC GK **Kirstie Mills** made 12 saves, including six over the two overtime sessions, to preserve the tie ... Friday, the Lady Bearcats out-shot Waynesburg 35-6, with **Leanna Seminsky** scoring twice and **Simonini** and **Alex Shasko** adding a goal apiece ... Mills was forced to make just one save for her second career shutout.

Thiel Tomcats (0-7-3, 0-1 PAC)



Thiel opened its PAC schedule with a, 7-0, loss at Grove City to drop its second straight ... The Tomcats have now been shut out seven times this season ... Saturday's match was Thiel first action in eight days.

Thomas More Saints (6-5, 0-1 PAC)



Thomas More went 1-1 last week as it fell, 3-2, to Westminster and then defeated Spalding, 6-0 ... Freshman M **Michelle DeZarn** led the Saints in scoring last week as she had four points on two goals ... Sophomore F **Brandi Carmichael**, freshman F **Lauren Wietmarschen** and sophomore F **Megan Keck** each had three points last week as they each had a goal and an assist ... On the season, **Wietmarschen** and junior F **Deanna Goshdigian** lead the Saints in scoring with 17 points as they each have seven goals and three assists ... Junior GK **Jenna Kramer** has a 5-5 record this season as she has given up 12 goals and recorded 39 saves and three shutouts in 841:38 of action.

Washington & Jefferson Presidents (8-3, 1-0 PAC)



W&J women's soccer posted its fourth and fifth shut-outs of the year last week, cruising past both Franciscan and Chatham by a margin of 3-0 ... The 8-3 start is the best record by a W&J's women's soccer team through 11 contests in history ... W&J is four victories shy of setting a new school record for single-season wins ... The Presidents currently find themselves in a three-way tie for first place in the PAC, sharing the top spot with Grove City and Westminster ... Junior **Spencer Ahrenholtz** posted the first hat trick of her career against Franciscan ... W&J is currently tied for first place in the PAC in shutouts, posting five this season in just 11 contests.

Waynesburg Yellow Jackets (5-4-1, 0-0 PAC)



The Waynesburg University women's soccer team had a rough week as they dropped a 4-0 non-conference decision at Saint Vincent in the team's only action of the week.

Westminster Titans (8-2-1, 1-0 PAC)



The Westminster women's soccer team beat Thomas More, 3-2, on Saturday to win its only game last week ... After a halftime score of 0-0, Westminster sophomore F **Sarah Nee** scored two goals in the 57th and 66th minutes to give Westminster a 2-1 lead ... Thomas More tied the game in the 69th minute, but senior F **Christina Adams** netted the game-winning goal in the 81st minute ... The Titans improved their record to 8-2-1 overall and 1-0 in the PAC.

Bethany Bison
5-4-2, 0-0 PAC

Chatham Cougars
0-9, 0-1 PAC

Geneva Golden Tornadoes
4-2-3

Aug. 30 at Marietta	W 2-1	Aug. 30 at Alvernia	L 0-4	Aug. 29 at La Roche	W 2-0
Sept. 3 LA ROCHE	L 0-1	Aug. 31 vs. Shenandoah	L 0-6	Aug. 30 vs. Carlow (at La Roche)	W 3-0
Sept. 6 at Clarkson (at Hilbert)	L 0-1	Sept. 5 at Waynesburg	L 0-3	Sept. 2 POINT PARK	L 0-2
Sept. 7 at Hilbert	W 1-0	Sept. 9 POINT PARK	L 0-7	Sept. 6 PITT-BRADFORD	L 0-1
Sept. 10 at Franciscan	L 2-3	Sept. 20 at Mount Aloysius	L 1-2 (ot)	Sept. 13 MEDIALLE	W 2-0
Sept. 13 at Wooster	L 1-4	Sept. 23 at Penn State-Altoona	L 0-6	Sept. 17 at Franciscan	T 0-0
Sept. 16 OHIO VALLEY	W 7-0	Sept. 27 at Lake Erie	L 0-4	Sept. 20 at Heidelberg	T 2-2
Sept. 20 PITT-GREENSBURG	T 1-1	Oct. 1 at Pitt-Bradford	L 0-3	Sept. 24 PITT-GREENSBURG	W 4-1
Sept. 24 MUSKINGUM	W 1-0	Oct. 4 at Wash. & Jeff.*	L 0-3	Oct. 3 at Bethany*	T 0-0
Sept. 27 at Waynesburg	W 3-1	Oct. 7 WAYNESBURG*	4 p.m.	Oct. 8 WASH. & JEFF.*	5 p.m.
Oct. 3 GENEVA*	T 0-0	Oct. 12 at Thomas More*	noon	Oct. 11 at Westminster*	5 p.m.
Oct. 8 at Grove City*	4 p.m.	Oct. 15 at Geneva*	7 p.m.	Oct. 15 CHATHAM*	7 p.m.
Oct. 11 THIEL*	1 p.m.	Oct. 18 BETHANY*	1 p.m.	Oct. 17 SAINT VINCENT*	5 p.m.
Oct. 15 WAYNESBURG*	4 p.m.	Oct. 23 at Grove City*	4 p.m.	Oct. 21 at Waynesburg*	6:30 p.m.
Oct. 18 at Chatham*	1 p.m.	Oct. 25 THIEL*	1 p.m.	Oct. 25 THOMAS MORE*	5 p.m.
Oct. 21 WESTMINSTER*	2 p.m.	Oct. 29 at Saint Vincent*	4 p.m.	Oct. 29 at Thiel*	5 p.m.
Oct. 26 at Saint Vincent*	1 p.m.	Nov. 1 WESTMINSTER*	1 p.m.	Nov. 1 at Grove City*	2:30 p.m.
Oct. 29 at Wash. & Jeff.*	5 p.m.	Nov. 5-8 PAC Tournament			
Nov. 1 at Thomas More*	6 p.m.				
Nov. 5-8 PAC Tournament					

2008 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK

	<u>Offense</u>	<u>Defense/GK</u>
September 1:	Emily Ostlund , M, GRO	Jill Harry , GK, THI
September 8:	Christina Adams , F, WES	Jessi Losteter , D, WES
September 15:	Melody Cox , F, WAY	Diana Prugel , GK, GRO
September 22:	Loren McAnany , F, BET	Jackie Foltz , GK, W&J
September 29:	Sarah Nee , F, WES	Julie Brady , GK, BET
October 6:	Spencer Ahrenholtz , F, W&J	Megan Ferderber , D, W&J
October 13:		
October 20:		
October 27:		
November 3:		

Grove City Wolverines
4-5-2, 1-0 PAC

Aug. 29	MEDAILLE	W 8-2
Aug. 30	MOUNT ST. JOSEPH	W 2-1
Sept. 5	at Fredonia State	L 1-3
Sept. 6	vs. Rochester	L 0-5
Sept. 10	ALLEGHENY	W 1-0
Sept. 15	at La Roche	ppd.
Sept. 16	PENN ST.-BEHREND	L 1-2
Sept. 20	JOHN CARROLL	T 1-1
Sept. 23	at Baldwin-Wallace	T 1-1
Sept. 27	at Mount Union	L 0-1
Oct. 1	at Carnegie Mellon	L 0-1
Oct. 4	THIEL*	W 7-0
Oct. 8	BETHANY*	4 p.m.
Oct. 10	at Waynesburg*	6:30 p.m.
Oct. 15	at Saint Vincent*	4 p.m.
Oct. 17	THOMAS MORE*	1 p.m.
Oct. 23	CHATHAM*	4 p.m.
Oct. 25	at Wash. & Jeff.*	3 p.m.
Oct. 29	at Westminster*	7:30 p.m.
Nov. 1	GENEVA*	2:30 p.m.
Nov. 5-8	PAC Tournament	

PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS
(through September 28, 2008)

<u>TEAM</u>	<u>Category</u>	<u>Nat. Rank</u>	<u>Stats</u>
Westminster	Goals per game	T-42nd	3.20 (10g - 32gls)
<u>INDIVIDUAL</u>	<u>Category</u>	<u>Nat. Rank</u>	<u>Stats</u>
Sam. Killmeyer, WES	Assists per game	T-8th	0.90 apg (10g-9a)
Mary McMahan, CHA	Saves per game	26th	10.71 (7g-590m-75sv)

**Saint Vincent Bearcats
4-5-2**

Aug. 30	vs. Hiram (at CWRU)	W 3-1
Aug. 31	at Case W. Reserve	L 1-2
Sept. 3	at Seton Hill	T 0-0
Sept. 7	JUNIATA	L 0-2
Sept. 10	PITT-GREENSBURG	W 4-1
Sept. 13	PITT-BRADFORD	W 2-1
Sept. 20	at Marietta	L 3-4 (ot)
Sept. 23	at Frostburg State	L 0-3
Sept. 28	LYCOMING	L 0-3
Sept. 30	BALDWIN-WALLACE	T 1-1
Oct. 3	WAYNESBURG*	W 4-0
Oct. 8	WESTMINSTER*	4 p.m.
Oct. 11	at Wash. & Jeff.*	noon
Oct. 15	GROVE CITY*	4 p.m.
Oct. 17	at Geneva*	5 p.m.
Oct. 22	at Thomas More*	4 p.m.
Oct. 26	BETHANY*	1 p.m.
Oct. 29	CHATHAM*	4 p.m.
Nov. 1	at Thiel*	1 p.m.

**Thiel Tomcats
0-7-3, 0-1 PAC**

Aug. 30	MOUNT ALOYSIUS	T 0-0
Sept. 3	at Pitt-Greensburg	T 1-1
Sept. 7	MUSKINGUM	L 1-2
Sept. 11	at La Roche	L 0-5
Sept. 13	ALFRED	L 0-3
Sept. 18	CARLOW	L 0-2
Sept. 20	BLUFFTON	L 0-3
Sept. 23	at Pitt-Bradford	T 0-0
Sept. 25	at Hilbert	L 1-3
Oct. 4	at Grove City*	L 0-7
Oct. 9	THOMAS MORE*	2 p.m.
Oct. 11	at Bethany*	1 p.m.
Oct. 15	at Westminster*	9 p.m.
Oct. 18	WAYNESBURG*	1 p.m.
Oct. 21	WASH. & JEFF.*	4 p.m.
Oct. 25	at Chatham*	1 p.m.
Oct. 29	GENEVA*	5 p.m.
Nov. 1	SAINT VINCENT*	1 p.m.
Nov. 5-8	PAC Tournament	

**Thomas More Saints
6-5, 0-1 PAC**

Aug. 29	CAPITAL	W 2-1 (ot)
Sept. 2	HANOVER	W 5-0
Sept. 5	at Earlham	L 1-3
Sept. 7	at Franklin	W 6-0
Sept. 13	at Anderson	W 2-0
Sept. 16	CENTRE	W 2-0
Sept. 23	MOUNT ST. JOSEPH	L 1-2
Sept. 26	at Ohio Wesleyan	L 1-2
Sept. 28	at Marietta	L 0-1
Oct. 4	WESTMINSTER*	L 2-3
Oct. 5	SPAULDING	W 6-0
Oct. 9	at Thiel*	1 p.m.
Oct. 12	CHATHAM*	noon
Oct. 14	WASH. & JEFF.*	4 p.m.
Oct. 17	at Grove City*	1:30 p.m.
Oct. 22	SAINT VINCENT*	4 p.m.
Oct. 25	at Geneva*	noon
Oct. 29	at Waynesburg*	3:30 p.m.
Nov. 1	BETHANY*	TBA
Nov. 5-8	PAC Tournament	

**Wash. & Jeff. Presidents
8-3, 1-0 PAC**

Aug. 31	at Pitt-Greensburg	W 3-1
Sept. 3	PENN ST.-ALTOONA	L 0-5
Sept. 6	at Medaille	W 1-0
Sept. 7	vs. Buffalo St. (at Medaille)	W 1-0
Sept. 10	at Capital	L 0-2
Sept. 13	at Muskingum	W 2-1 (ot)
Sept. 20	PENN ST.-BEHREND	W 1-0 (ot)
Sept. 24	MARIETTA	W 2-1
Sept. 27	at Wooster	L 0-4
Oct. 1	FRANCISCAN	W 3-0
Oct. 4	CHATHAM*	W 3-0
Oct. 8	at Geneva*	5 p.m.
Oct. 11	SAINT VINCENT*	noon
Oct. 14	at Thomas More*	4 p.m.
Oct. 17	at Westminster*	8 p.m.
Oct. 21	at Thiel*	4 p.m.
Oct. 25	GROVE CITY*	3 p.m.
Oct. 29	BETHANY*	5 p.m.
Nov. 1	at Waynesburg*	5:30 p.m.
Nov. 5-8	PAC Tournament	

**Waynesburg Yellow Jackets
5-4-1, 0-0 PAC**

Aug. 29	vs. Carlow (at La Roche)	W 3-0
Aug. 30	vs. Point Park (at La Roche)	L 1-2
Sept. 5	CHATHAM	W 3-0
Sept. 10	MOUNT ALOYSIUS	W 6-0
Sept. 13	at Pitt-Greensburg	W 2-1
Sept. 16	MUSKINGUM	T 1-1
Sept. 20	at La Roche	W 3-1
Sept. 24	at Franciscan	L 0-2
Sept. 27	BETHANY	L 1-3
Oct. 3	at Saint Vincent*	L 0-4
Oct. 7	at Chatham*	4 p.m.
Oct. 10	GROVE CITY*	6:30 p.m.
Oct. 15	at Bethany*	4 p.m.
Oct. 18	at Thiel*	1 p.m.
Oct. 21	GENEVA*	6:30 p.m.
Oct. 25	at Westminster*	6:30 p.m.
Oct. 29	THOMAS MORE*	3:30 p.m.
Nov. 1	WASH. & JEFF.*	5:30 p.m.
Nov. 5-8	PAC Tournament	

**Westminster Titans
8-2-1, 1-0 PAC**

Aug. 29	MOUNT ST. JOSEPH	L 0-1
Aug. 30	MEDAILLE	W 6-2
Sept. 3	PITT-BRADFORD	W 3-0
Sept. 6	vs. Brockport (at Marietta)	T 2-2
Sept. 7	at Marietta	W 3-1
Sept. 13	at Penn State-Behrend	W 2-1
Sept. 16	at Allegheny	L 1-2 (ot)
Sept. 18	at Pitt-Greensburg	W 8-0
Sept. 24	at La Roche	W 5-0
Sept. 27	at Baldwin-Wallace	W 2-1
Oct. 4	at Thomas More*	W 3-2
Oct. 8	at Saint Vincent*	4 p.m.
Oct. 11	GENEVA*	5 p.m.
Oct. 15	THIEL*	9 p.m.
Oct. 17	WASH. & JEFF.*	8 p.m.
Oct. 21	at Bethany*	4 p.m.
Oct. 25	WAYNESBURG*	6:30 p.m.
Oct. 29	GROVE CITY*	7:30 p.m.
Nov. 1	at Chatham*	1 p.m.
Nov. 5-8	PAC Tournament	