2009 PAC Women's Soccer Release

Week 10 - November 2

Presidents' Athletic Conference
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2009 PAC WOMEN'S SOCCER STANDINGS *(through Nov. 2)*

	PAC Contests							All Contests					
School	W	L	T	Pct.	Pts!	GF	GA	W	L	T	Pct.	GF	GA
Grove City	7	0	0	1.00	21	23	4	10	5	3	.639	41	25
Thomas More	6	1	0	.857	18	13	4	15	2	1	.861	32	11
Washington & Jefferson	5	2	0	.714	15	19	6	10	6	2	.611	36	16
Westminster	4	3	0	.571	12	13	9	13	6	1	.675	39	21
Bethany	3	4	0	.429	9	10	8	9	8	2	.526	34	24
Waynesburg	2	5	0	.286	6	7	14	6	12	0	.333	20	32
Chatham	1	6	0	.143	3	4	30	6	10	0	.375	333	52
Thiel	0	7	0	.000	0	0	14	2	15	2	.158	5	37
Geneva*								9	8	0	.529	32	22
Saint Vincent*								4	14	1	.237	21	44

! - Point total determines seed for PAC Tournament - 3 points for win, 1 point for tie
** - NCAA Division III provisional member - not eligible for 2009 PAC championship or player of the week honors*

LAST WEEK

Tuesday, October 27, 2009
WESTMINSTER 1, Bethany 0*

Wednesday, October 28, 2009
Thomas More 0, SAINT VINCENT 0 (2ot)*
Grove City 4, CHATHAM 0*
WASH. & JEFF. 3, Thiel 0*
GENEVA 3, Waynesburg 0*

Friday, October 30, 2009
Geneva 2, THIEL 0*

Saturday, October 31, 2009
THOMAS MORE 4, Waynesburg 1*
CHATHAM 3, Saint Vincent 2*
Grove City 3, WESTMINSTER 0*
Wash. & Jeff. 3, BETHANY 0*

THIS WEEK

2009 PAC Championship Tournament

Semifinals - Tuesday, November 3, 2009
#4 Westminster at #1 Grove City - 2 p.m.
#3 W&J at #2 Thomas More - 3 p.m.

Finals - Saturday, November 7, 2009
At highest remaining seed - time TBA

Offensive Player of the Week

ELISE BENDER
Grove City
Senior M
Alexandria, Va.
West Potomac H.S.

Bender had two goals and an assist Wednesday to help Grove City top Chatham 4-0. The win gave Grove City home-field advantage throughout the conference tournament. Bender also assisted on a goal in the Wolverines' 3-0 win at Westminster.

*Also nominated was Chatham senior F **Chrissy Fiori**, Wash. & Jeff. senior M **Tiffany Sherred**, Waynesburg sophomore F **Rebecca Snyder** and Westminster sophomore M **Samantha Killmeyer**.*

Def./Goalkeeper of the Week

LAUREN WOODRING
Grove City
Senior D
Bethel Park, Pa.
Bethel Park H.S.

Woodring helped Grove City earn a pair of shutout wins in conference play from her defender position last week. She helped Grove City to a 4-0 win at Chatham Wednesday; Woodring also played an integral role in the Wolverines' 3-0 win at Westminster.

*Also nominated was Chatham D **Courtney Korzeniowski**, Thomas More senior D **Kaitlyn Cohen**, Wash. & Jeff. GK **Stephanie Saussol** and Westminster GK **Jenn Cantella**.*

PAC WOMEN'S SOCCER 2009 - Week 10 Conference Notes

2009 PAC TOURNEY: While Grove City had already locked the No. 1 seed in the PAC tournament, Thomas More, Wash. & Jeff. and Westminster solidified the No. 2, 3 and 4 spots respectively…The Saints and W&J meet again a game earlier this year in the PAC semifinals, the rematch of last year's conference championship match...W&J came away with the 1-0 OT win…With two wins last week, Geneva qualifies for the NCCAA east regional tournament for the 2nd consecutive season.

NEWS & NOTES: Thirteen women's players were named to the 2009 CoSIDA/ESPN *The Magazine* Academic All-District soccer team ... In total, a conference-record 23 PAC players were named to the list, including four first-team honorees who now move on to the Academic All-America ballot ... Grove City's eight-game win streak is its longest since winning eight straight to end the 2004 regular season … Chatham tallied six wins this year, the most wins in a season under head coach **Jaime Retersdorf.**

AROUND THE LEAGUE: Bethany tied its single-season record originally set last year with six shutouts ... The 24 goals the Bison allowed was the third-lowest total in school history ... Bethany's **Cassie Spalding** (14g/6a for 34 pts) became the first Bison since Amy Harvilla in '99 to lead the league in scoring ... Saint Vincent GK **Kirstie Mills** ended the year with 141 saves, the highest single-season amount for an SVC keeper since 2003.

Bethany Bison
(9-8-2, 3-4 PAC)

Bethany's season came to a disappointing end last week with losses at Westminster (1-0) and against W&J (3-0) … The defeats prevented the Bison from earning a berth in the PAC Tournament for the first time since 2004 … The campaign was still the program's first winning season since their last PAC championship in 1999 when they finished 12-9 … Bethany also tied the single-season record originally set last year with six shutouts and the 24 goals allowed was the third-lowest total in school history … **Cassie Spalding** (14 g/6 a/34 pts.) became the first Bison since Amy Harvilla in '99 to lead the league in scoring … Bethany finished the season with 34 goals, their most since scoring 35 in 2005.

Chatham Cougars
(6-10, 1-6 PAC)

After losing to perennial powerhouse and President's Athletic Conference (PAC) first-ranked Grove City at home by a score of 4-0, Chatham defeated St. Vincent in their final match of the season ... With this final victory, the Cougars tallied six wins, the most wins in a season in the six seasons under head coach Jaime Retersdorf.

Geneva Golden Tornadoes
(9-8)

A pair of must win situations turned out on the positive side for the Geneva women's soccer team ... Heading into the final week of the season, the Golden Tornadoes needed a pair of victories to finish with a record above .500 and thus qualifying for the NCCAA postseason ... **Elise Mann** scored her team leading eighth goal of the season in the victory over Waynesburg and senior **Jamie Gessner** got on the board in her final regular season game at Thiel ... **Lauren Londino** registered shut-outs number five and six on the year in a week that she did not surrender a goal ... Geneva's 9-8 record is good enough to qualify for the NCCAA regional tournament later in November.

Grove City Wolverines
(10-5-3, 7-0 PAC)

Grove City sewed up the top seed in conference tournament Wednesday with a 4-0 win at Chatham … Senior **Elise Bender** scored two goals and assisted on a third in the win … **Emily Ostlund** and **Grace Rieman** also added goals … **Keri Ketcham** recorded the shutout in goal to improve to 4-1-2 … Saturday, the Wolverines closed the regular season with a 3-0 win at Westminster … **Emily Hurley**, **Morgan Osterhouse** and **Michelle Peck** all scored for the Wolverines … Bender and **Hannah Yang** both had assists … Hurley scored 89 seconds into the match to put Grove City ahead ... **Bethany Preston** earned the shutout in goal, the team's eighth of the season.

Saint Vincent Bearcats
(4-14-1)

The Bearcats went 0-1-1 on the final week of the season, tying Thomas More 0-0 on Wednesday before falling 3-2 in the season finale on Saturday afternoon at Chatham ... In the Thomas More contest, the Bearcats were out-shot 26-8, but the defense was strong throughout, led by **Kirstie Mills**, who made 10 saves in goal over the 110 minute affair for the shutout ... At Chatham, SVC received goals from **Michelle Stepien** and **Leanna Seminsky**, but it wasn't enough to overcome an early 2-0 Chatham lead ... For the season, Seminsky led the Bearcats with nine goals and 18 points, while **Alex Shasko** finished with 15 points, on five goals and five assists.

Thiel Tomcats
(2-15-2, 0-7 PAC)

The Thiel College women's soccer team was shutout, 3-0, in their PAC match up against the Presidents of Wash. & Jeff., bringing their overall record to 2-14-2, 0-7 in conference…The team closed out its 2009 season on Friday with a, 2-0, setback to Geneva at Alumni Stadium…In Friday's action, junior GK **Jill Harry** made 10 stops, including a six-save shutout of Geneva in the second half…At the end of the regular season, Harry leads the conference in save percentage (.897) and saves (191), while ranking second in saves per game (11.94)… As of Oct. 25, Harry also ranked eighth in all of NCAA D-III in save percentage.

Thomas More Saints
(15-2-1, 6-1 PAC)

The women's soccer team went, 1-0-1 last week as it tied Saint Vincent, 0-0, in double overtime and then defeated Waynesburg, 4-1 … Senior F **Deanna Goshdigian** led the team in scoring with three points as she scored goal and added an assist … Senior GK/F **Jenna Kramer** posted the shutout in goal against Saint Vincent and then scored the first goal of the match against Waynesburg … For the season Goshigian leads the team in scoring with 18 points (7 g, 4 a) … Kramer is 14-2-1 in goal and has posted 11 shutouts and recorded 82 saves … The Saints are the No. 2 seed in this week's PAC Championship Tournament and will host No. 3 seed Wash. & Jeff. on Tuesday at 3 p.m. in a semifinal match.

Washington & Jefferson Presidents
(10-6-2, 5-2 PAC)

The W&J women's soccer team collected back-to-back victories, defeating Thiel and Bethany by 3-0 margins … **Spencer Ahrenholtz** ended the season as W&J's leading scorer, collecting 17 points (5 g, 7 a), while sophomore GK **Stephanie Saussol** finished the regular-season with an overall record of 8-6-2 in goal, collecting 65 saves and allowing 16 goals in 1451:49 minutes of action for a GAA of 0.99 ... Ending the season with a PAC record of 5-2, W&J earned the No. 3 seed in the PAC Tournament and will travel to No. 2 Thomas More … W&J and TMC met in last season's PAC Championship game with the Presidents coming away with a 1-0 overtime victory against the Saints.

Waynesburg Yellow Jackets
(6-12, 2-5 PAC)

Waynesburg finished the 2009 season with road losses to Geneva and Thomas More this past week. The Yellow Jackets' final goal of the season came courtesy of sophomore **Rebecca Snyder** during a 4-1 loss to the Saints.

Westminster Titans
(13-6-1, 4-3 PAC)

Westminster went 1-1 last week to finish the regular season and to draw a No. 4 seed in this week's PAC Tournament ... The Titans defeated Bethany at home on Tuesday, 1-0, before first-place Grove City handed the Titans a 3-0 loss on Saturday at home ... Sophomore **Samantha Killmeyer** scored the one goal vs. Bethany on a free kick in the 68th minute ... Freshman GK **Jenn Cantella** registered her fifth shutout of the season by making five saves ... Cantella also made eight saves in the loss to Grove City that saw the Wolverines scoring a goal in the opening two minutes before adding a second tally just before halftime.

Bethany Bison
9-8-2, 3-4 PAC

Sept. 1	at Pitt-Greensburg	W, 2-0
Sept. 3	at La Roche	L, 1-2
Sept. 5	MOUNT ALOYSIUS	W, 6-0
Sept. 9	FRANCISCAN	W, 3-1
Sept. 12	WOOSTER	L, 1-3
Sept. 15	at Seton Hill	W, 2-1
Sept. 20	HILBERT	T, 0-0 (2ot)
Sept. 23	at Muskingum	W, 5-1
Sept. 26	at Hiram	L, 0-4
Sept. 30	MARIETTA	T, 1-1 (2ot)
Oct. 3	ST. VINCENT*	W, 3-1
Oct. 7	at Geneva*	L, 0-2
Oct. 9	THOMAS MORE*	L, 0-1
Oct. 13	GROVE CITY*	L, 2-3
Oct. 17	at Thiel*	W, 1-0
Oct. 20	at Waynesburg*	W, 1-0
Oct. 24	CHATHAM*	W, 6-0
Oct. 27	at Westminster*	L, 0-1
Oct. 31	WASH. & JEFF.*	L, 0-3

Chatham Cougars
6-10, 1-6 PAC

Sept. 1	at Carlow	L, 0-4
Sept. 5	PENN STATE-DUBOIS	W, 10-2
Sept. 8	PITT-BRADFORD	L, 2-3 (ot)
Sept. 11	at La Roche	L, 0-7
Sept. 14	at Mount Aloysius	W, 3-0
Sept. 23	at Wilson	W, 9-0
Sept. 26	at Hood	L, 0-3
Oct. 1	at Thiel*	W, 2-0
Oct. 5	WASH. & JEFF.*	L, 0-6
Oct. 10	at Westminster*	L, 1-6
Oct. 13	at Waynesburg*	L, 1-4
Oct. 18	THOMAS MORE*	L, 0-4
Oct. 21	GENEVA*	W, 2-1
Oct. 24	at Bethany*	L, 0-6
Oct. 28	GROVE CITY*	L, 0-4
Oct. 31	ST. VINCENT*	W, 3-2

Geneva Golden Tornadoes
9-8

Sept. 2	MARIETTA	L, 1-2
Sept. 5	at Pitt-Bradford	W, 2-1
Sept. 9	LA ROCHE	W, 1-0
Sept. 12	MEDAILLE	L, 2-4
Sept. 16	FRANCISCAN	W, 3-2
Sept. 19	at Point Park	W, 3-0
Sept. 23	MOUNT ALOYSIUS	W, 7-0
Sept. 26	HEIDELBERG	W, 2-0
Oct. 2	at Thomas More*	L, 0-2
Oct. 7	BETHANY*	W, 2-0
Oct. 10	GROVE CITY*	L, 0-1
Oct. 13	WASH. & JEFF.*	L, 0-3
Oct. 16	WESTMINSTER*	L, 1-2 (ot)
Oct. 21	at Chatham*	L, 1-2
Oct. 24	at St. Vincent*	L, 2-3
Oct. 28	WAYNESBURG*	W, 3-0
Oct. 30	at Thiel*	W, 2-0
TBD	NCCAA Regionals	TBD

2009 PAC WOMEN'S SOCCER PLAYERS OF THE WEEK

	Offense	Defense/GK
September 7:	**Courtney Ebersole**, F, WAY	**Katrina Kelly**, GK, WAY
September 14:	**Danielle Struble**, F, WES	**Kaitlyn Cohen**, D, TMC
September 21:	**Ashley Kostial**, F, CHA	**Brittany Sadler**, GK, BET
September 28:	**Sarah Nee**, F, WES	**Jenna Kramer**, GK, TMC
October 5:	**Julie Lindenfelser**, F, BET	**Kristie Brannon**, GK, CHA
October 12:	**Chrissy Marcius**, M, W&J	**Hannah Hertweck**, D, GRO
October 19:	**Michelle Peck**, F, GRO	**Stephanie Saussol**, GK, W&J
October 26:	**Cassie Spalding**, F, BET	**Bethany Preston**, GK, GRO
November 2:	**Elise Bender**, M, GRO	**Lauren Woodring**, D, GRO

PAC WOMEN'S SOCCER IN THE NCAA DIVISION III NATIONAL STATISTICS

(through October 25, 2009)

TEAM	Category	Nat. Rank	Stats
Thomas More	W-L-T percentage	13th	0.875
	Shutout percentage	18th	0.688
	Save percentage	21st	0.889

INDIVIDUAL	Category	Nat. Rank	Stats
Jill Harry, THI	Save percentage	8th	0.91
Jenna Kramer, TMC	Save percentage	25th	0.885
	Goals-against average	39th	0.626

Grove City Wolverines
10-5-3, 7-0 PAC

Sept. 4	DAEMEN	W, 4-3
Sept. 5	MOUNT UNION	T, 0-0 (2ot)
Sept. 11	at John Carroll	L, 0-5
Sept. 12	Olivet (at JCU)	T, 1-1 (2ot)
Sept. 16	at Allegheny	L, 0-1
Sept. 19	BALD.-WALLACE	T, 1-1 (2ot)
Sept. 23	at Penn State-Behrend	L, 0-1
Sept. 26	WASH. & JEFF.*	W, 3-2
Sept. 29	CARNEGIE MELLON	L, 3-2 (ot)
Oct. 1	at Penn State-Altoona	L, 3-6
Oct. 5	at Thiel*	W, 5-0
Oct. 10	at Geneva*	W, 1-0
Oct. 13	at Bethany*	W, 3-2
Oct. 17	WAYNESBURG*	W, 3-0
Oct. 21	ST. VINCENT*	W, 6-0
Oct. 24	at Thomas More*	W, 2-0
Oct. 28	at Chatham*	W, 4-0
Oct. 31	at Westminster*	W, 3-0
Nov. 3	WESTMINSTER^	2 p.m.

^ - 2009 PAC Tournament

Saint Vincent Bearcats
4-14-1

Sept. 2	SETON HALL	L, 0-1
Sept. 5	Wooster (at Marietta)	L, 2-8
Sept. 6	Bluffton (at Marietta)	L, 1-2 (OT)
Sept. 8	at Juniata	L, 1-2 (ot)
Sept. 12	FRANCISCAN	W, 3-0
Sept. 16	FROSTBURG	L, 0-3
Sept. 19	at Mount Union	L, 0-3
Sept. 22	PITT-JOHNSTOWN	L, 0-2
Sept. 26	at Lycoming	L, 0-2
Sept. 29	at Baldwin-Wallace	L, 0-3
Oct. 3	at Bethany*	L, 1-3
Oct. 7	at Waynesburg*	W, 2-1
Oct. 9	THIEL*	W, 6-0
Oct. 12	at Westminster*	L, 0-2
Oct. 18	WASH. & JEFF.*	L, 0-1
Oct. 21	at Grove City*	L, 0-6
Oct. 24	GENEVA*	W, 3-2
Oct. 28	THOMAS MORE*	T, 0-0 (2ot)
Oct. 31	at Chatham*	L, 2-3

Thiel Tomcats
2-15-2, 0-7 PAC

Sept. 1	at Mount Aloysius	W, 2-1
Sept. 3	at Franciscan	L, 0-2
Sept. 5	at Alfred	T, 0-0 (2OT)
Sept. 6	Hilbert (at Alfred)	L, 0-1
Sept. 9	PITT-GREENSBURG	W, 1-0
Sept. 12	at Muskingum	L, 0-2
Sept. 16	at Carlow	L, 0-3
Sept. 19	at Bluffton	L, 0-3
Sept. 22	PITT-BRADFORD	L, 0-1
Sept. 24	HILBERT	T, 2-2 (2ot)
Oct. 1	CHATHAM*	L, 0-2
Oct. 5	GROVE CITY*	L, 0-5
Oct. 9	at St. Vincent*	L, 0-6
Oct. 13	at Thomas More*	L, 0-1 (ot)
Oct. 17	BETHANY*	L, 0-1
Oct. 20	WESTMINSTER*	L, 0-1
Oct. 23	at Waynesburg*	L. 0-1
Oct. 28	at Wash. & Jeff.*	L, 0-3
Oct. 30	GENEVA*	L, 0-2

Thomas More Saints
15-2-1, 6-1 PAC

Sept. 1	ANDERSON	W, 2-0
Sept. 5	at Mount Saint Joseph	W, 2-1
Sept. 11	EARLHAM	W, 5-0
Sept. 13	MARIETTA	W, 1-0
Sept. 18	MILIKIN	W, 3-1
Sept. 19	at Defiance	W, 2-0
Sept. 22	at Hanover	W, 1-0
Sept. 27	at Capital	W, 1-0
Oct. 2	GENEVA*	W, 2-0
Oct. 4	at Westminster*	W, 2-1
Oct. 9	at Bethany*	W, 1-0
Oct. 14	THIEL*	W, 1-0 (ot)
Oct. 17	at Denison	L, 0-5
Oct. 18	at Chatham*	W, 4-0
Oct. 21	at Wash. & Jeff.*	W, 1-0 (ot)
Oct. 24	GROVE CITY*	L, 0-2
Oct. 28	at St. Vincent*	T, 0-0 (2ot)
Oct. 31	WAYNESBURG*	W, 4-1
Nov. 3	WASH. & JEFF.^	3 p.m.

^ - 2009 PAC Tournament

Wash. & Jeff. Presidents
8-6-2, 3-2 PAC

Sept. 2	at Penn St.-Behrend	L, 0-2
Sept. 6	at Penn St.-Altoona	L, 1-3
Sept. 9	WOOSTER	L, 0-1
Sept. 12	SHENANDOAH	T, 1-1 (2ot)
Sept. 13	MEDAILLE	W, 3-1
Sept. 15	PITT-GREENSBURG	W, 3-0
Sept. 18	MUSKINGUM	W, 5-0
Sept. 23	at Marietta	L, 0-2
Sept. 26	at Grove City*	L, 2-3
Sept. 30	at Franciscan	T, 0-0 (2ot)
Oct. 5	at Chatham*	W, 6-0
Oct. 10	WAYNESBURG*	W, 2-1
Oct. 13	at Geneva*	W, 3-0
Oct. 18	at St. Vincent*	W, 1-0
Oct. 21	THOMAS MORE*	L, 0-1 (ot)
Oct. 24	WESTMINSTER*	W, 3-1
Oct. 28	THIEL*	5 p.m.
Oct. 31	at Bethany*	3 p.m.
Nov. 3	at Thomas More^	3 p.m.

^ - 2009 PAC Tournament

Waynesburg Yellow Jackets
6-12, 2-5 PAC

Sept. 1	FRANCISCAN	W, 1-0
Sept. 5	PITT-GREENSBURG	W, 3-0
Sept. 8	at Point Park	L, 1-2
Sept. 10	at Carlow	L, 0-1
Sept. 16	at Mount Aloysius	W, 3-0
Sept. 22	at Penn St.-Altoona	L, 0-5
Sept. 26	at Muskingum	L, 2-3
Sept. 30	LAKE ERIE	L, 1-2
Oct. 3	WESTMINSTER*	L, 0-3
Oct. 7	SAINT VINCENT*	L, 1-2
Oct. 9	LA ROCHE	W, 1-0
Oct. 10	WASH. & JEFF.*	L, 1-2
Oct. 13	CHATHAM*	W, 4-1
Oct. 17	at Grove City*	L, 0-3
Oct. 20	BETHANY*	L, 0-1
Oct. 23	THIEL*	W, 1-0
Oct. 28	at Geneva*	L, 0-3
Oct. 31	at Thomas More*	L, 1-4

Westminster Titans
13-6-1, 4-3 PAC

Sept. 2	ALLEGHENY	L, 0-1
Sept. 4	MOUNT UNION	L, 1-2
Sept. 5	DAEMEN	W, 1-0
Sept. 11	SHENANDOAH	W, 3-2 (2ot)
Sept. 12	at Pitt-Johnstown	W, 2-1 (ot)
Sept. 15	at John Carroll	W, 2-1
Sept. 19	JUNIATA	W, 1-0
Sept. 23	PITT-GREENSBURG	W, 7-0
Sept. 26	BALDWIN-WALLACE	W, 3-0
Sept. 30	at Fredonia State	L, 1-3
Oct. 3	at Waynesburg*	W, 3-0
Oct. 4	THOMAS MORE*	L, 1-2
Oct. 6	P.S.-BEHREND	T, 1-1 (2ot)
Oct. 10	CHATHAM*	W, 6-1
Oct. 12	ST. VINCENT*	W, 2-0
Oct. 16	at Geneva*	W, 2-1 (ot)
Oct. 21	at Thiel*	W, 1-0
Oct. 24	at Wash. & Jeff.*	L, 1-3
Oct. 27	BETHANY*	W 1-0
Oct. 31	GROVE CITY*	L, 0-3
Nov. 3	at Grove City^	2 p.m.

^ - 2009 PAC Tournament