



# CROSS COUNTRY 2003

Presidents' Athletic Conference  
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LAST WEEK'S RESULTS - August 30  
Westminster Fisher Invitational - New Wilmington, Pa.  
Men's Results (four teams)  
1. Westminster (25)  
3. Bethany (109)  
4. Thiel (117)

Women's Results (four teams)  
2. Bethany (51)  
3. Westminster (59)  
4. Thiel (96)

Salisbury Seagull Opener - Salisbury, Md.  
Men's Results (eight teams)  
Waynesburg - no team score

Women's Results (10 teams)  
8. Waynesburg

UPCOMING SCHEDULE - September 6  
Bethany, Washington & Jefferson, Waynesburg,  
Westminster at Thiel Invitational - Greenville, Pa.  
- 10 a.m.

Grove City at Case Western Reserve Invitational  
- Cleveland, Ohio

## PAC Men's Cross Country Runner of the Week

SEAN GALLAGHER  
Westminster College  
Senior  
Valencia, Pa./Mars Area H.S.

Gallagher captured the men's title at the Westminster Fisher Invitational this weekend, covering the eight-kilometer course in 27:16 to win by three seconds.

Other nominees included sophomore Ken Hopper of Bethany.

## PAC Women's Cross Country Runner of the Week

MALLORY ROADMAN  
Bethany College  
Sophomore  
Wellsburg, W.Va./Brooke H.S.

Roadman won the women's race at the Westminster Fisher Invitational over the weekend, as she posting a time of 25:34 to win by seven seconds on the six-kilometer course.

Other nominees included junior Rachel Feldner of Waynesburg and senior Sara Ialongo of Westminster.

## PAC CROSS COUNTRY NOTES

### Bethany Bison

Both Bison teams had solid showings in their first meet of the year at Westminster ... The women's team finished second and was led by sophomore Mallory Roadman, who won the race with a time of 25 minutes and 34 seconds, seven seconds faster than the second place runner ... Senior Tiffany Baumgart also earned a top 10 finish by placing eighth overall in a time of 27:01 ... On the men's side, sophomore Ken Hopper paced BC by finishing sixth overall (28:16) ... The only other Bethany runner in the top 20 was Michael Reese (17<sup>th</sup> - 29:56).

### Wash. & Jeff. Presidents

First-year Head Coach Mark FitzPatrick leads Washington & Jefferson into its first meet of the season on Saturday at the Thiel Invitational.

### Grove City Wolverines

The Wolverines open the 2003 season at the Case Western Reserve Invitational this Saturday ... First-year head coach Tim Rice makes his debut in charge of men's and women's programs ... Grove City is the defending PAC champion in both men's and women's competition ... The women have 14 straight league titles while the men have won the conference each of the last three years.

### Waynesburg Yellow Jackets

Waynesburg's cross country teams started their seasons Saturday at Salisbury University for the Seagull Opener ... The women's team took home an eighth-place finish, while the men's team, competing for the first time as a varsity squad, did not place after two runners failed to complete the race ... Junior Rachel Feldner placed 34th overall leading the women with a time of 25:41.75 in the 6K run ... Trailing Feldner was freshman Meagan Bugola and sophomore Michelle Thompson ... Bugola placed 39th with a time of 26:06.01, while Thompson finished 41st with a time of 26:19.02 ... On the men's side, Waynesburg had three finishers: Dwayne Mullen, Ken Laird and Steve Ionadi ... Mullen was tops for Waynesburg placing 82nd with a time of 34:54.27 in the 8K event.

### Thiel Tomcats

The Thiel men's and women's cross country teams both competed at Westminster College's Fisher Invitational last Saturday ... Both squads finished in fourth place, the men finishing with 117 points and the women finishing with 96 ... Sophomore Dan Hemme led the men's squad, finishing in 14th place with a time of 29:52 ... Fellow sophomore Ben Wheeler finished 16th with a time of 29:55 ... Sophomore Jacci Corso led the women's team by finishing 13th with a time of 28:23 ... freshman Kristy Marapese was 22nd with a time of 30:14.

### Westminster Titans

The Titan men captured the team title at the season-opening Fisher Invitational, posting three of the top five finishers to edge NCAA Division II Gannon for first place ... Seniors Sean Gallagher and Tim Snyder finished first and second in 27:16 and 27:19, respectively, while classmate John Libert was fifth in 28:07 ... Other Titan finishers included juniors Marcus Corvino (seventh in 28:26), Mike Clever (10th in 28:59) and Brad Zerbe (11th in 29:12) ... The Lady Titans placed third at the four-team event ... Westminster placed two runners in the top five: senior Sara Ialongo was third in 25:49, while junior Felicie Reid was fourth in 26:05.

### Past PAC Men's Runners of the Week

August 31: Sean Gallagher, Westminster

September 7:

September 14:

September 21:

September 28:

October 5:

October 12:

October 19:

### Past PAC Women's Runners of the Week

August 31: Mallory Roadman, Bethany

September 7:

September 14:

September 21:

September 28:

October 5:

October 12:

October 19: