



CROSS COUNTRY 2002

Presidents' Athletic Conference
Joe Onderko, Information Director
Phone - (724) 946-6357
Fax - (724) 946-7187
E-Mail: onderkjm@westminster.edu
Web: www.westminster.edu/pac

LAST WEEK'S RESULTS - August 31

Westminster Fisher Invitational

Men's Results

2. Westminster	54
5. Bethany	172
6. Thiel	198

Women's Results

2. Westminster	57
5. Thiel	116
6. Bethany	117

Salisbury U. Seagull Opener

Women's Results

15. Waynesburg	442
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Muskingum Invitational

Washington & Jefferson - individuals only

THIS WEEK'S SCHEDULE - September 7

**Bethany, Washington & Jefferson,
Waynesburg, Westminster at Thiel Invitational -
10 a.m.**

**Grove City at Case Western Reserve Invita-
tional - 11 a.m.**

PAC Men's Cross Country Runner of the Week

KEN HOPPER
Bethany College
Freshman

Charleston, WV/George Washington H.S.

In his first collegiate race, Hopper was the top Bethany and PAC finisher at the Westminster Fisher Invitational, placing fifth in 27:55.

Other nominees included senior **Matt Yokitis** of Washington & Jefferson and junior **Sean Gallagher** of Westminster.

PAC Women's Cross Country Runner of the Week

NICOLE BEAVER
Westminster College
Senior

Library, Pa./South Park H.S.

Beaver captured her first collegiate career invitational title by winning the Westminster Fisher Invitational in 20:39, one second ahead of a pair of runners from Penn St.-Behrend.

Other nominees included junior **Tiffany Baumgart** of Bethany, sophomore **MaryBeth Scialabba** of Thiel, freshman **Alexis Orchowski** of Washington & Jefferson and sophomore **Rachel Feldner** of Waynesburg.

PAC CROSS COUNTRY NOTES

Bethany Bison

The Bethany men's and women's cross country teams opened up the season with 5th and 6th place finishes at the Westminster Invitational Saturday ... Freshman **Ken Hopper** was the men's top runner, finishing in 5th place with a time of 27:55 ... On the women's side, junior **Tiffany Baumgart** (21:26) and freshman **Mallory Roadman** (21:31) were the top runners for Bethany with 12th and 14th place finishes.

Wash. & Jeff. Presidents

The W&J cross country teams competed with individuals only at the Muskingum Invitational ... The W&J men's squad was paced by senior **Matt Yokitis**, who finished 26th out of 61 runners with a time of 18:09 ... Senior **Aaron Sontz** placed 46th overall (19:51), while junior **Byron Johnson** finished 49th (20:13) ... On the women's side, freshman **Alexis Orchowski** posted a strong performance by placing 21st overall in a time of 15:42.

Grove City Wolverines

The Grove City thinclads begin the season Saturday at the Case Western Reserve Invitational.

Waynesburg Yellow Jackets

Waynesburg placed 15th out of 16 teams at the Salisbury University Seagull Opener on Aug. 31 ... The Jackets recorded an overall time of 2:14:19.84 and an average of 26:51.97 on the 6K course ... **Rachel Feldner** posted the Jackets' top time of 25:27.03 placing her 115th in the field of 171 runners ... Waynesburg returns to action on Sept. 7 at the Thiel Invitational.

Thiel Tomcats

At Westminster's Fisher Invitational Saturday, the Thiel's top men's finisher was freshman **Brandon Shamack**, who finished 22nd with a time of 31:18 ... Fellow freshman **Ben Wheeler** was the second-highest finisher for Tomcats, finishing 37th in a time of 33:23 ... Sophomore **MaryBeth Scialabba** got off to a great start in 2002 with her seventh-place finish ... She completed the circuit in 20:55, the third-highest finish among Presidents' Athletic Conference (PAC) runners ... Junior **Mayumi Sasaki** was the next highest Tomcat finisher on the women's side, ending up in 20th place with a time of 22:24 ... Freshman **Jacci Corso** finished right behind Sasaki in 21st place with a time of 22:25.

Westminster Titans

The Westminster cross country teams each placed second out of six teams at the WC Fisher Invitational on Saturday, trailing team champion Penn State-Behrend ... Lady Titan senior **Nicole Beaver** captured her first collegiate career race, winning the 5K in a time of 20:39, while classmate **Sara Ialongo** placed fourth in 20:40 ... The Titan men captured the 7th through 10th spots, led by junior **Sean Gallagher** (28:12).

Past PAC Men's Runners of the Week

September 1: Ken Hopper, Bethany

September 8:

September 15:

September 22:

September 29:

October 6:

October 13:

October 20:

Past PAC Women's Runners of the Week

September 1: Nicole Beaver, Westminster

September 8:

September 15:

September 22:

September 29:

October 6:

October 13:

October 20: