

# 2011 PAC Cross Country Release Week 1 - September 6



**Presidents' Athletic Conference**  
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## 2011 PAC RESULTS/SCHEDULE

### LAST WEEK

Thursday, September 1, 2011  
**Geneva 5K (at Brush Creek Park)**

*Men (four teams)*  
1. Thiel - 32  
2. Geneva - 34  
3. Waynesburg - 60  
4. Westminster - 109

*Women (four teams)*

1. Waynesburg - 43  
2. Geneva - 49  
3. Westminster - 62  
4. Thiel - 71

Friday, September 2, 2011

**Mount St. Joseph Invitational**

*Men (five teams)*  
Thomas More - individuals only

*Women (four teams)*

4. Thomas More - 94

Saturday, September 3, 2011

**Westminster Fisher Invitational**

*Men (13 teams)*  
4. Geneva - 104  
5. Grove City - 113  
8. Westminster - 199  
9. Waynesburg - 221  
Bethany - individuals only

*Women (16 teams)*

2. Grove City - 108  
4. Waynesburg - 134  
6. Saint Vincent - 163  
8. Westminster - 189  
10. Geneva - 207  
11. Bethany - 284  
14. Chatham - 411

**Duquesne University Duals**

*Men (seven teams)*

3. Saint Vincent

Washington & Jefferson - off



### THIS WEEK

Saturday, September 10, 2011

Chatham/Geneva/Grove City (M)/Saint Vincent (W)/Washington & Jefferson at  
**Waynesburg Invitational** - Greene Co. Airport - Waynesburg, Pa. - 10 a.m.

Bethany at **Davis & Elkins Invitational** - Elkins, W.Va. - 10 a.m.

Thomas More at **Queen City Invitational** - Cincinnati, Ohio - 10 a.m.

Grove City (W)/Saint Vincent (M)/Thiel/Westminster - off

**LEADERS OF THE PAC:** Several runners posted team-best times at the Westminster Fisher Invitational despite hot conditions ... Waynesburg sophomore **Bre Paul** was seventh overall ... Grove City runners **Mark Talbott** and **Ella Smith** each placed 14th ... The host Titans were paced by sophomore **Aaron Sutton** (20th, 29:41.4) and senior **Jennifer Krueger** (10th, 24:50.6) ... For Bethany, **Joanna Mongeluzzo** was 15th and **Cory Yarrington** was 19th ... Chatham was led by **Rachel Leftwich** (28:31.2) ... Geneva opened the season by hosting a 5K event Thursday, as the GTs were paced by women's winner **Heidi Steiner** (21:49), while **Nick Edinger** placed second for the GT men ... The Thiel women were led at the Geneva 5K by sophomore **Valerie White** (ninth, 23:28) ... **Kevin Wanichko** of Saint Vincent placed 21st (28:07) at the Duquesne Duals ... Thomas More's top finishers at the Mount St. Joseph Invitational were junior **Celia Arlinghaus** (11th, 21:56) and freshman **Peter Curnutte** (17th, 17:26).

### Men's Runner of the Week

**RICHARD PETERSON**  
**Thiel**

*Senior*  
Meadville, Pa.  
Meadville H.S.



Peterson opened the 2011 season by racing to a first place finish at the Geneva College 5-kilometer race on Thursday, posting a time of 17:09 to finish first in a field of 39 runners. His effort helped Thiel capture the four-team invitational title.

*Also nominated was sophomore Cory Yarrington of Bethany, sophomore Mark Talbott of Grove City, senior Kevin Wanichko of Saint Vincent, freshman Peter Curnutte of Thomas More, freshman Brandon Dugan of Waynesburg, and sophomore Aaron Sutton of Westminster.*

### Women's Runner of the Week

**IVETTE MEJIA**  
**Saint Vincent**

*Senior*  
New York, N.Y.  
Henry Street Int'l H.S.



Mejia captured the individual title at the Westminster Fisher Invitational Saturday, as she topped a field of 188 runners with a time of 22:49 in blistering heat. She finished a full 52 seconds ahead of the second place finisher and helped the Bearcats to a sixth-place team finish in a 16-team field.

*Also nominated was senior Joanna Mongeluzzo of Bethany, sophomore Sara Fisher of Grove City, sophomore Celia Arlinghaus of Thomas More, freshman Tiffany Onifer of Waynesburg, and junior Jennifer Krueger of Westminster.*

### 2011 PAC CROSS COUNTRY RUNNERS OF THE WEEK

|               | <u>Men</u>                   | <u>Women</u>             |
|---------------|------------------------------|--------------------------|
| September 6:  | <b>Richard Peterson, THI</b> | <b>Ivette Mejia, SVC</b> |
| September 12: |                              |                          |
| September 19: |                              |                          |
| September 26: |                              |                          |
| October 3:    |                              |                          |
| October 10:   |                              |                          |
| October 17:   |                              |                          |

### Bethany Bison

Bethany had a solid start at the Westminster Fisher Invitational Saturday, highlighted by two top 20 placements ... Senior **Joanna Mongelluzzo** had the top showing for the Bison women, as she scored 15<sup>th</sup> place out of 186 runners ... She finished the 6K course with a time of 25:25.8, eighth fastest among Division III runners ... The next two runners for Bethany were a pair of freshmen, as **Jessica Olson** crossed in 49<sup>th</sup> place (27:29.6) and **Rhianna Petrone** was 61<sup>st</sup> (28:08.5) ... For the men, **Cory Yarrington** started his sophomore year as strongly as he finished his freshman campaign as he posted a time of 29:37.4 on the 8K course, good for 19<sup>th</sup> place overall out of 135 runners and 11<sup>th</sup> among non-scholarship runners.



### Chatham Cougars

Chatham finished in 14<sup>th</sup> place in a 16-team field at the Westminster Fisher Invitational on Saturday ... The top three finishers for the Cougars were **Rachel Leftwich** (28:31.2), **Tessa Hochberg** (28:50.7), and **Lizz King** (30:18.9) ... Chatham will compete at the Waynesburg Invitational on Saturday.



### Geneva Golden Tornadoes

After posting a pair of second place finishes at its own 5K race Thursday at Brush Creek Park, the Geneva cross country teams were challenged by a strong field and some of the most oppressive running conditions in years Saturday at Westminster ... GT freshman **Heidi Steiner** made a sterling debut Thursday as she picked up the individual victory in 21:49 ... She was joined by four other teammates in the top 25 ... In men's action, **Nick Edinger** took home second place as a group of four Geneva men crossed the line in the top ten ... Saturday, Geneva's men finished fourth out of 16 schools at the Fisher Invitational ... It was the first time since 2006 that a Geneva men's cross country team had outdueled Grove City.



### Grove City Wolverines

The Grove City cross country teams opened the 2011 season Saturday by competing in Westminster's Fisher Invitational ... The men's team took fifth out of 14 teams and the women earned second out of 17 teams ... The women finished with 108 points, best among Division III teams at the meet ... Junior **Ella Smith** led Grove City with a 14<sup>th</sup>-place finish ... **Laurel Skorup** (21<sup>st</sup>), **Mary Kate Breese** (22<sup>nd</sup>) and **Mary Rachel Robbins** (23<sup>rd</sup>) also finished in the top 25 ... **Anna Dunsworth** took 28<sup>th</sup> ... On the men's side, the Wolverines accumulated 113 points, just 18 points out of first ... **Mark Talbott** led Grove City with a 14<sup>th</sup>-place arrival, one spot ahead **Alec Schultz** ... **Paulson Domasky** (25<sup>th</sup>), **Matt Mucha** (29<sup>th</sup>) and **Joey Clark** (30<sup>th</sup>) rounded out GCC's top five.



### Saint Vincent Bearcats

The Saint Vincent men opened the 2011 season at the Duquesne Duals in Pittsburgh's Schenley Park, taking third out of seven in a field comprised of five NCAA Division I schools ... The Bearcats put together a balanced effort, with their top eight finishers separated by just 1:40 ... **Kevin Wanichko** led the charge, taking 21<sup>st</sup> overall with a time of 28:07, just ahead of teammate **Chansler Poole's** 22<sup>nd</sup> place time of 28:09 ... The Lady Bearcats opened at the Fisher Invitational, hosted by Westminster, and took sixth out of 17 teams ... Reigning PAC champ **Ivette Mejia** took first in the 188-runner field with a time of 22:49, 52 seconds ahead of second place ... SVC's top nine runners were in the top half of the field, led by **Rachael Paszko** taking 13<sup>th</sup> (25:12).



### Thiel Tomcats

Senior **Richard Peterson** and the Tomcats got off on the right foot in their 2011 campaign as Peterson earned the overall first place finish to lead the men to the overall first place finish in Geneva College's five-kilometer event ... Also finishing in the top ten along with Peterson were freshman **Steven Morgan** (17:22) and junior **Regis Wagner** (17:48) ... On the women's side, sophomore **Valerie White** paced the Tomcats with a ninth-place finish (23:28) and freshmen **Antiqua King** and **Lindsay Girts** finished 10<sup>th</sup> and 11<sup>th</sup>, respectively ... King finished with a time of 23:37, while Girts came in at 24 minutes flat, on the way to the women's fourth-place team finish.



### Thomas More Saints

The women's team finished fourth of four teams at the Mount St. Joseph Invitational ... The Saints had three top-20 finishes junior **Celia Arlinghaus** finished 11<sup>th</sup> with a time of 21:56, junior **Sarah Miller** placed 17<sup>th</sup> with a time of 24:52 and sophomore **Ashley Jordan** finished 20<sup>th</sup> with a time of 26:07 ... The men's team didn't have enough runners to earn a team finish at the Mount St. Joseph Invitational ... Thomas More had two top-100 finishes as freshman **Peter Curnutte** finished 17<sup>th</sup> with a time of 17:26 and sophomore **Matt Wurtzler** placed 19<sup>th</sup> with a time of 17:33.



### Washington & Jefferson Presidents

Head coach **Shawn Marek** is set to begin his first campaign at Washington & Jefferson College ... Marek will also coach the men's and women's track & field teams during the spring ... Two-time All-PAC runner junior **Scott Ryan** will lead the men's squad into action this week, while seniors **Liann Correia** and **Kaitlyn Loy** will spearhead the women's team ... Ryan has been named Presidents' Athletic Conference Runner of the Week six times in his career.



### Waynesburg Yellow Jackets

Both Waynesburg cross country teams opened their seasons with a pair of races last week ... On Sept. 1, the Yellow Jackets joined fellow PAC members Geneva, Westminster and Thiel for the Geneva 5K ... The Jacket men got a strong performance from freshman **Brandon Dugan**, who finished sixth ... Senior **Michelle Naymick** had a fifth-place showing on the women's side to lead her team to its first team title since 2006 ... Waynesburg also competed Saturday at the Westminster-hosted Fisher Invitational ... The men ended up ninth, as sophomore **Justin Angotti** finished a team-best 27<sup>th</sup> ... The Jacket women looked strong with a fourth-place performance ... Sophomore **Bre Paul** finished second amongst all PAC competitors and seventh overall.



### Westminster Titans

The Westminster men and women placed eighth in their respective races as host of the Fisher Invitational Saturday ... The event, which included 323 runners, included 13 scored men's teams and 16 scored women's teams ... Gannon won the men's team standings with 95 points, while the Titan men posted 199 ... Clarion captured the women's standings with 71 points, as Westminster logged 189 ... Senior **Jennifer Krueger** led WC in the 6K women's race with a 10<sup>th</sup>-place time of 24:50.6, followed by freshman **Jenny Jones** in 19<sup>th</sup> at 25:32.5 ... On the men's side, sophomore **Aaron Sutton** led the way with a 20<sup>th</sup>-place time of 29:41.4 in the 8K run ... Classmate **Kyle Filicky** cracked the Top 40 with a 39<sup>th</sup>-place time of 30:44.8.



## Bethany Bison

|          |   | <u>Men</u> | <u>Women</u>  |
|----------|---|------------|---------------|
| Sept. 3  | at Westminster Fisher Invitational              | NTS        | 11th/16 (284) |
| Sept. 10 | at Waynesburg Invitational                      |            |               |
| Sept. 20 | Bethany 5K                                      |            |               |
| Oct. 1   | Pitt Greensburg Invitational                    |            |               |
| Oct. 15  | at Oberlin Inter-Regional Invitational          |            |               |
| Oct. 29  | PAC Championships<br>(host Westminster)         |            |               |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |            |               |

## Chatham Cougars

|          |   | <u>Women</u>  |
|----------|---|---------------|
| Sept. 3  | at Westminster Fisher Invitational              | 14th/16 (411) |
| Sept. 10 | at Waynesburg Invitational                      |               |
| Sept. 17 | at Penn St.-Behrend Invitational                |               |
| Sept. 24 | at Saint Vincent Invitational                   |               |
| Oct. 1   | at Pitt-Greensburg Invitational                 |               |
| Oct. 8   | at Carnegie Mellon Invitational                 |               |
| Oct. 29  | PAC Championships<br>(host Westminster)         |               |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |               |

## Geneva Golden Tornadoes

|          |   | <u>Men</u>   | <u>Women</u>  |
|----------|---|--------------|---------------|
| Sept. 1  | GENEVA 5K                                       | 2nd/4 (34)   | 2nd/4 (49)    |
| Sept. 3  | at Westminster Fisher Invit.                    | 4th/13 (104) | 10th/16 (207) |
| Sept. 10 | at Waynesburg Invitational                      |              |               |
| Sept. 24 | at Saint Vincent Invitational                   |              |               |
| Oct. 8   | at Carnegie Mellon Invitational                 |              |               |
| Oct. 15  | at Oberlin Inter-Regional Invitational          |              |               |
| Oct. 29  | PAC Championships<br>(host Westminster)         |              |               |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |              |               |

## Grove City Wolverines

|          |   | <u>Men</u>   | <u>Women</u> |
|----------|---|--------------|--------------|
| Sept. 3  | at Westminster Fisher Invit.                    | 5th/13 (113) | 2nd/16 (108) |
| Sept. 10 | at Waynesburg Invitational                      |              |              |
| Oct. 8   | at DeSales Invitational                         |              |              |
| Oct. 15  | at Oberlin Inter-Regional Invitational          |              |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |              |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |              |              |

## Saint Vincent Bearcats

|          |   | <u>Men</u> | <u>Women</u> |
|----------|---|------------|--------------|
| Sept. 3  | at Duquesne Duals (M)                           | 3rd/7      | ---          |
| Sept. 3  | at California (Pa.) Invitational (W)            | ---        | 6th/16 (163) |
| Sept. 10 | at Waynesburg Invitational (W)                  | ---        | ---          |
| Sept. 16 | at Notre Dame Catholic Invitational             |            |              |
| Sept. 24 | SAINT VINCENT INVITATIONAL                      |            |              |
| Oct. 8   | at DeSales Invitational                         |            |              |
| Oct. 15  | at Oberlin Inter-Regional Rumble (M)            |            |              |
| Oct. 15  | at Gettysburg Invitational (W)                  |            |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |            |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |            |              |

## Thiel Tomcats

|          |   | <u>Men</u> | <u>Women</u> |
|----------|---|------------|--------------|
| Sept. 1  | at Geneva 5K                                    | 1st/4 (32) | 4th/4 (71)   |
| Sept. 17 | at Calvin-Knight Invitational                   |            |              |
| Sept. 24 | at Otterbein Invitational                       |            |              |
| Oct. 1   | at Pitt-Greensburg Invitational                 |            |              |
| Oct. 8   | at Carnegie Mellon Invitational                 |            |              |
| Oct. 15  | at Oberlin Inter-Regional Invitational          |            |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |            |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |            |              |

## Thomas More Saints

|          |   | <u>Men</u> | <u>Women</u> |
|----------|---|------------|--------------|
| Sept. 3  | at Mount St. Joseph Invitational                | NTS        | 4th/4 (94)   |
| Sept. 10 | at Queen City Invitational                      |            |              |
| Sept. 24 | at Otterbein Invitational                       |            |              |
| Oct. 1   | at Greater Louisville Invitational              |            |              |
| Oct. 14  | at Wilmington Fall Classic                      |            |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |            |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |            |              |

## Washington & Jefferson Presidents

|          |   | <u>Men</u> | <u>Women</u> |
|----------|---|------------|--------------|
| Sept. 10 | at Waynesburg Invitational                      |            |              |
| Sept. 24 | at Dickinson Invitational                       |            |              |
| Oct. 1   | at Pitt Greensburg Invitational                 |            |              |
| Oct. 8   | at Carnegie Mellon Invitational                 |            |              |
| Oct. 16  | at Oberlin Inter-Regional Rumble                |            |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |            |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |            |              |

## Waynesburg Yellow Jackets

|          |   | <u>Men</u>   | <u>Women</u> |
|----------|---|--------------|--------------|
| Sept. 1  | at Geneva 5K                                    | 3rd/4 (60)   | 1st/4 (43)   |
| Sept. 3  | at Westminster Fisher Invit.                    | 8th/13 (199) | 4th/16 (134) |
| Sept. 10 | WAYNESBURG INVITATIONAL                         |              |              |
| Sept. 24 | at Dickinson Invitational                       |              |              |
| Oct. 8   | at DeSales Invitational                         |              |              |
| Oct. 15  | at Oberlin Inter-Regional Rumble                |              |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |              |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |              |              |

## Westminster Titans

|          |   | <u>Men</u>   | <u>Women</u> |
|----------|---|--------------|--------------|
| Sept. 1  | at Geneva 5K                                    | 4th/4 (109)  | 3rd/4 (62)   |
| Sept. 3  | FISHER INVITATIONAL                             | 8th/13 (199) | 8th/16 (189) |
| Sept. 17 | at PS-Behrend Invitational                      |              |              |
| Sept. 24 | at Saint Vincent Invitational                   |              |              |
| Oct. 8   | at Carnegie Mellon Invitational                 |              |              |
| Oct. 15  | at Oberlin Inter-Regional Invitational          |              |              |
| Oct. 29  | PAC Championships<br>(host Westminster)         |              |              |
| Nov. 12  | NCAA Mid-East Regionals<br>(DeSales University) |              |              |