



# CROSS COUNTRY 2004

## Presidents' Athletic Conference

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### LAST WEEK'S RESULTS - September 11

#### **Thiel Invitational - Greenville, Pa.**

##### Men (10 teams)

- 3. Westminster (83)
- 6. Waynesburg (148)
- 9. Thiel (258)

##### Women (12 teams)

- 3. Waynesburg (73)
- 4. Westminster (129)
- 6. Bethany (184)
- 7. Thiel (212)

#### **Allegheny Invitational - Meadville, Pa.**

##### Men (five teams)

- 3. Grove City

### Women (seven teams)

- 1. Grove City

Washington & Jefferson - off

### THIS WEEK'S SCHEDULE - September 17-18

#### Friday

Grove City at Malone Invitational - 5:30 p.m.

#### Saturday

Bethany at Marietta Invitational

Thiel at Notre Dame Invitational

Washington & Jefferson at IUP Invitational

Waynesburg at Pitt-Johnstown Invitational

Westminster at P. S.-Behrend Invitational

### **PAC Men's Cross Country Runner of the Week**

**CHRIS LEE**

**Grove City College**

Senior

Pompton Plains, N.J./Trinity Christian H.S.

Lee placed fourth out of 43 runners at the Allegheny Invitational in Meadville, Pa., on Saturday with a time of 28:29.

Also nominated was freshman **Chris Diamond** of Westminster.

### **PAC Women's Cross Country Runner of the Week**

**ELISA PEDERSEN**

**Grove City College**

Junior

Santa Rosa, Calif./Montgomery H.S.

Pedersen captured the individual title at the Allegheny Invitational in Meadville, Pa., on Saturday, posting a time of 23:21 to win by 21 seconds. She also led Grove City to the invitational team title.

Other nominees included freshman **Sarah Goho** of Bethany, freshman **Michelle Propst** of Waynesburg, and senior **Felicie Reid** of Westminster.

## PAC CROSS COUNTRY NOTES

### ***Bethany Bison***

Both Grove City teams turned in noteworthy performances Saturday in Meadville ... The women's team won the 7-team Allegheny Invitational, giving first-year head coach **Sean Severson** his first crown as head coach ... Meanwhile, the men's team took third, just three points behind champion Allegheny ... Junior **Elisa Pedersen** won the women's race while sophomore **Cara Pierce** placed third ... **Rachael Smith** (8<sup>th</sup>), **Theresa Miller** (9<sup>th</sup>) and **Adrienne Sharp** (10<sup>th</sup>) all earned top 10 finishes ... On the men's side, senior **Chris Lee** finished fourth while sophomore **Andy Leuenberger** took seventh ... **Erik Johnson** (8<sup>th</sup>) and **Dan Chittick** (10<sup>th</sup>) also recorded top 10 finishes.

### ***Wash. & Jeff. Presidents***

The Washington & Jefferson men's and women's cross country teams did not compete this past week ... Both squads return to action on Saturday at the IUP Invitational at 11:00 am.

### ***Grove City Wolverines***

The defending PAC champions opened the 2004 season in Cleveland at the Case Western Reserve Bill Sudeck Classic ... **Chris Lee** led the Grove City men with a 15<sup>th</sup>-place finish while sophomore **Andy Leuenberger** took 28<sup>th</sup> ... Three Grove City women finished in the top 35, led by junior **Elisa Pedersen** in eighth ... Sophomore **Cara Pierce** took 22<sup>nd</sup> while freshman **Kylie Mackaness** finished 35<sup>th</sup> ... Grove City will compete in the Allegheny Invitational this weekend.

### ***Waynesburg Yellow Jackets***

The Waynesburg women's cross country team featured two runners in the top four to help propel the Yellow Jackets to a third place finish at the Thiel Tomcat Invitational ... Freshman **Michelle Propst** finished second overall in the invite with a time of 23:27, only 28 seconds behind the overall leader from Geneva ... Following 20 seconds behind Propst and behind another Geneva runner, was Jacket senior **Rachel Feldner** with a time of 23:58 to finish fourth ... As a team, Waynesburg (73) finished only behind Geneva (26) and Seton Hill (64) on the women's side ... The men's team placed sixth (148) overall ... **Heath Piper** led the men's team with a time of 28:22, followed by **Jack Haines'** time of 30:19.

### ***Thiel Tomcats***

Thiel College hosted the 21-team Thiel Invitational on Saturday ... Geneva College earned both men's (42 pts.) and women's (26 pts.) team titles, while **Jesse Bender** of Point Park (25:46) and **Dawn Sell** of Geneva (23:09) won individual championships ... Freshman **Ashlee Osterberg** led the Tomcat women's team with her 10th place finish (25:07), while junior **Dan Hemme** led the way with for the men's squad with his 28th place finish (30:28).

### ***Westminster Titans***

Westminster competed at the Thiel Invitational in Greenville ... The Titan men placed third out of 10 teams, while the Lady Titans were fourth in a 12-team field ... Freshman **Chris Diamond** was the top finisher for the Titan harriers, as he placed 11th in an 80-runner field with a time of 27:11 ... Diamond was followed closely by freshman **Nathan Mitchell** and senior **Marcus Corvino**, who placed 12th and 13th, respectively, with times of 27:42 and 27:43 ... For the Lady Titans, senior **Felicie Reid** led the squad by placing 14th out of 97 runners with a time of 25:29 ... Other women's finishers included freshman **Leanna Stitt** in 21st place in 26:16; sophomore **Kelly Spisak** in 28th place in 27:54; and sophomore **Amy Carroll** in 31st place in 28:13.

### **Past PAC Men's Runners of the Week**

September 5: Matt Rudzki, Wash. & Jeff.

September 12: Chris Lee, Grove City

September 19:

September 26:

October 3:

October 10:

October 17:

### **Past PAC Women's Runners of the Week**

September 5: Michelle Propst, Waynesburg

September 12: Elisa Pedersen, Grove City

September 19:

September 26:

October 3:

October 10:

October 17: