

# 2011 PAC Cross Country Release Week 1 - September 6



**Presidents' Athletic Conference**  
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## 2011 PAC RESULTS/SCHEDULE

### LAST WEEK

Friday, September 9, 2011

#### Queen City Invitational

Men (13 teams)

10. Thomas More - 305

Women (15 teams)

13. Thomas More - 395

Saturday, September 10, 2011

#### Waynesburg Invitational

Men (eight teams)

2. Grove City - 58

3. Geneva - 62

4. Wash. & Jeff. - 100

5. Waynesburg - 122

Women (11 teams)

1. Grove City - 45

2. Waynesburg - 67

3. Geneva - 84

4. Saint Vincent - 94

6. Wash. & Jeff. - 169

9. Chatham - 236

#### Davis & Elkins Invitational

Men

Bethany - individuals only

Women (seven teams)

4. Bethany - 125

Grove City (W)/Saint Vincent (M)/Thiel/  
Westminster - off

### THIS WEEK

Friday, September 16, 2011

#### Saint Vincent at National Catholic

Invitational - Notre Dame, Ind. - 5 p.m.

Saturday, September 17, 2011

Thiel at **Calvin Knight Invitational** -  
Grand Rapids, Mich. - 10 a.m.

Westminster at **Penn State-Behrend**  
Invitational - Erie, Pa. - 11:45 a.m.

Bethany/Geneva/Grove City/Thomas  
More/Washington & Jefferson/  
Waynesburg - off

**LEADERS OF THE PAC:** Waynesburg hosted its annual invitational at Greene County Airport on Saturday ... Top PAC finishers included **Kristin Galligan** (second, 24:04) of W&J; **Alec Schultz** (fourth, 27:54.7) and **Mary Kate Breese** (fifth, 24:50.9) of Grove City; **Nick Edinger** (second, 27:25) and **Shannon Rech** (sixth, 24:57) of Geneva; and **Brandon Dugan** (16th) and **Bre Paul** (third) for the host Yellow Jackets ... At the Davis & Elkins Invitational in West Virginia, Bethany was paced by **Cory Yarrington** (13th, 30:56.27) and **Joanna Mongelluzzo** (seventh, 24:08.06) ... Thomas More was led by **Peter Curnette** (42nd, 16:42.18) and **Celia Arlinghaus** (49th, 25:54.40) at the Queen City Invitational in Cincinnati.

### Men's Runner of the Week

#### SCOTT RYAN

Wash. & Jeff.

Junior

Williamsville, N.Y.

Williamsville East H.S.



Ryan posted the second invitational title of his career, as he placed first at the 96-runner Waynesburg Invitational with an 8K time of 26:41, 44 seconds ahead of the second-place finisher. Ryan, who previously won the Hood Invitational as a freshman, led W&J to a fourth-place finish in an eight-team field.

Also nominated was sophomore **Cory Yarrington** of Bethany, junior **Nick Edinger** of Geneva, sophomore **Alec Schultz** of Grove City, freshman **Peter Curnette** of Thomas More, and freshman **Brandon Dugan** of Waynesburg.

### Women's Runner of the Week

#### IVETTE MEJIA

Saint Vincent

Senior

New York, N.Y.

Henry Street Int'l H.S.



Mejia won her second race in as many weeks, capturing the Waynesburg Invitational with a time of 23:23 over the 6K field, 41 seconds ahead of the second-place finisher in the 61-runner field. Saint Vincent placed fourth out of 11 teams at the event.

Also nominated was senior **Joanna Mongelluzzo** of Bethany, senior **Lizz King** of Chatham, junior **Mary Kate Breese** of Grove City, junior **Celia Arlinghaus** of Thomas More, freshman **Kristin Galligan** of Washington & Jefferson, and sophomore **Bre Paul** of Waynesburg.



### 2011 PAC CROSS COUNTRY RUNNERS OF THE WEEK

#### Men

September 6: **Richard Peterson**, THI

September 12: **Scott Ryan**, W&J

September 19:

September 26:

October 3:

October 10:

October 17:

#### Women

**Ivette Mejia**, SVC

**Ivette Mejia**, SVC

### Bethany Bison

Despite being the lone non-scholarship school in attendance, Bethany posted several solid individual performances and the women's team had a good overall showing at the Davis & Elkins Invitational Saturday ... As the only Division III school in the meet, the Bison women scored 125 points to place fourth out of seven teams and ahead of D-II schools Fairmont State, D&E and Ohio Valley ... **Joanna Mongelluzzo** was the top runner for the BC women, as she cleared more than a minute off her time from last week and earned seventh out of 61 runners in 24:08.06 ... The men's team had just two runners ... **Cory Yarrington** crossed the finish line in 13<sup>th</sup> place in 30:56.27 ... The Bison are home on Sept. 20 for the Bethany 5K.



### Chatham Cougars

Chatham came in 9<sup>th</sup> out of 11 at the Waynesburg Invitational with a score of 236.



### Geneva Golden Tornadoes

Geneva had much more favorable conditions to run in this weekend at Waynesburg University ... Both teams place third in a strong field that included four PAC schools ... In the men's race, **Nick Edinger** placed second out of 96 runners with a finishing time of 27:25 on the 8K course ... **Owen Struck** crossed the line eighth, while teammate **Charles Walters** rounded out the top 10 ... Geneva's women featured a pair of runners in the top 10 with **Shannon Rech** finishing sixth in 24:57 and **Heidi Steiner** placing seventh just six-hundredths of a second later ... The Geneva cross country teams will enjoy a well deserved rest from competition next weekend before getting back on the course on September 24 at Saint Vincent College.



### Grove City Wolverines

Grove City turned in strong performances at the Greene County Airport Saturday in the Waynesburg Invitational ... The women's team won the team title and the men placed second ... On the women's side, junior **Mary Kate Breese** paced Grove City by finishing fifth ... Junior **Anna Dunsworth** (8<sup>th</sup>), junior **Ella Smith** (9<sup>th</sup>) and sophomore **Laurel Skorup** (10<sup>th</sup>) joined her in the top 10 ... Grove City earned just 45 team points ... The men's team finished behind only Muskingum with 58 points ... **Alec Schultz** took fourth, two spots ahead of fellow sophomore **Mark Talbott** ... **Wes Coopersmith** finished 14<sup>th</sup> and **Arleigh McRae** captured 15<sup>th</sup> place ... The Wolverines are now off until October 8, when they return to action in the DeSales University Invitational in Allentown.



### Saint Vincent Bearcats

Senior **Ivette Mejia** finished first overall and sophomore **Rachael Paszak** earned medalist honors with a 14<sup>th</sup>-place finish at Waynesburg ... Sophomore **Genie Fratto** crossed the finish line 16<sup>th</sup> at the Waynesburg Invitational.



### Thiel Tomcats

The Tomcats did not compete in any events this past week.



### Thomas More Saints

The men's team finished 10<sup>th</sup> out of 13 schools from all divisions of the NCAA and NAIA at the Queen City Invitational ... The Saints had two top-100 finishes as freshman **Peter Curnutte** placed 42<sup>nd</sup> with a time of 16:42.18 and sophomore **Matt Wurtzler** placed 55<sup>th</sup> with a time of 16:55.82 ... The women's team placed 13<sup>th</sup> out of 15 schools at the Queen City Invitational ... The Saints had two runners finish in the top-100 as junior **Celia Arlinghaus** placed 49<sup>th</sup> with a time of 25:54.40 and junior **Sarah Miller** placed 87<sup>th</sup> with a time of 22:29.80.



### Washington & Jefferson Presidents

Junior **Scott Ryan** finished first in the 96-runner men's field at the Waynesburg Invitational with a time of 26:41 in the 8K race ... **Ryan** finished second at the same race last year ... The first-place finish was the second of **Ryan's** career as he won the Hood Invitational as a freshman ... Freshman **Kristin Galligan** placed second with a time of 24:04 in the 107-runner women's 6k race during her collegiate debut ... The W&J men finished fourth in an eight team field and the women finished sixth of 11 teams ... The meet marked the debut of head coach **Shawn Marek**, the second cross country head coach in W&J history ... Junior **Benjamin Kopchick** was W&J's second-best men's finisher in 17<sup>th</sup> place at 29:03.



### Waynesburg Yellow Jackets

The Yellow Jackets hosted their annual home invitational on Saturday at a soggy Greene County Airport course ... While the Waynesburg men turned in a solid fifth-place showing, the Jacket women nearly stole the show with a second-place performance ... Led by sophomore **Bre Paul**, who placed third overall out of 107 runners, Waynesburg came just 20 points short of upsetting PAC powerhouse Grove City for the team title ... The Yellow Jacket men were paced by freshman **Brandon Dugan**, who finished a team-best 16<sup>th</sup> place in the 96-man field ... Both teams get this upcoming week off as they prepare for the Dickinson Invitational on Sept. 24.



### Westminster Titans

The Westminster men's and women's cross country teams were idle last week.



## Bethany Bison

		<u>Men</u>	<u>Women</u>
Sept. 3	at Westminster Fisher Invitational	NTS	11th/16 (284)
Sept. 10	at Waynesburg Invitational	NTS	4th/7 (125)
Sept. 20	Bethany 5K		
Oct. 1	Pitt Greensburg Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Chatham Cougars

			<u>Women</u>
Sept. 3	at Westminster Fisher Invitational		14th/16 (411)
Sept. 10	at Waynesburg Invitational		9th/11 (236)
Sept. 17	at Penn St.-Behrend Invitational		
Sept. 24	at Saint Vincent Invitational		
Oct. 1	at Pitt-Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Geneva Golden Tornadoes

		<u>Men</u>	<u>Women</u>
Sept. 1	GENEVA 5K	2nd/4 (34)	2nd/4 (49)
Sept. 3	at Westminster Fisher Invit.	4th/13 (104)	10th/16 (207)
Sept. 10	at Waynesburg Invitational	3rd/8 (62)	3rd/11 (84)
Sept. 24	at Saint Vincent Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Grove City Wolverines

		<u>Men</u>	<u>Women</u>
Sept. 3	at Westminster Fisher Invit.	5th/13 (113)	2nd/16 (108)
Sept. 10	at Waynesburg Invitational	2nd/8 (58)	1st/11 (45)
Oct. 8	at DeSales Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Saint Vincent Bearcats

		<u>Men</u>	<u>Women</u>
Sept. 3	at Duquesne Duals (M)	3rd/7	---
Sept. 3	at California (Pa.) Invitational (W)	---	6th/16 (163)
Sept. 10	at Waynesburg Invitational (W)	---	4th/11 (94)
Sept. 16	at Notre Dame Catholic Invitational		
Sept. 24	SAINT VINCENT INVITATIONAL		
Oct. 8	at DeSales Invitational		
Oct. 15	at Oberlin Inter-Regional Rumble (M)		
Oct. 15	at Gettysburg Invitational (W)		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Thiel Tomcats

		<u>Men</u>	<u>Women</u>
Sept. 1	at Geneva 5K	1st/4 (32)	4th/4 (71)
Sept. 17	at Calvin-Knight Invitational		
Sept. 24	at Otterbein Invitational		
Oct. 1	at Pitt-Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Thomas More Saints

		<u>Men</u>	<u>Women</u>
Sept. 3	at Mount St. Joseph Invitational	NTS	4th/4 (94)
Sept. 10	at Queen City Invitational	10th/13 (305)	13th/15 (395)
Sept. 24	at Otterbein Invitational		
Oct. 1	at Greater Louisville Invitational		
Oct. 14	at Wilmington Fall Classic		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Washington & Jefferson Presidents

		<u>Men</u>	<u>Women</u>
Sept. 10	at Waynesburg Invitational	4th/8 (100)	6th/11 (169)
Sept. 24	at Dickinson Invitational		
Oct. 1	at Pitt Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 16	at Oberlin Inter-Regional Rumble		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Waynesburg Yellow Jackets

		<u>Men</u>	<u>Women</u>
Sept. 1	at Geneva 5K	3rd/4 (60)	1st/4 (43)
Sept. 3	at Westminster Fisher Invit.	8th/13 (199)	4th/16 (134)
Sept. 10	WAYNESBURG INVITATIONAL	5th/8 (122)	2nd/11 (67)
Sept. 24	at Dickinson Invitational		
Oct. 8	at DeSales Invitational		
Oct. 15	at Oberlin Inter-Regional Rumble		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Westminster Titans

		<u>Men</u>	<u>Women</u>
Sept. 1	at Geneva 5K	4th/4 (109)	3rd/4 (62)
Sept. 3	FISHER INVITATIONAL	8th/13 (199)	8th/16 (189)
Sept. 17	at PS-Behrend Invitational		
Sept. 24	at Saint Vincent Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		