



# CROSS COUNTRY 2003

Presidents' Athletic Conference  
Joe Onderko, Information Director  
Phone - (724) 946-6357  
Fax - (724) 946-7187  
E-Mail: onderkjm@westminster.edu  
Web: www.westminster.edu/pac

LAST WEEK'S RESULTS - September 13  
Bethany at Pitt-Johnstown - Johnstown, Pa.  
Men - no results  
Women - Bethany 27, Pitt-Johnstown 28

Penn State-Behrend Invitational - Erie, Pa.  
Men's Results (eight teams)  
3. Grove City (88)  
5. Westminster (130)

Women's Results (11 teams)  
4. Grove City (121)  
7. Westminster (198)

Notre Dame (Ohio) Invitational - Cleveland, Ohio  
Men's Results (seven teams)  
3. Thiel (90)  
Waynesburg (no team score)

Women's Results (eight teams)  
4. Waynesburg (96)  
7. Thiel (189)

Washington & Jefferson - off

UPCOMING SCHEDULE - September 20  
Grove City, Thiel, Washington & Jefferson, Westminster at  
Allegheny Invitational - Meadville, Pa.

Bethany, Waynesburg at Marietta Invitational - Marietta,  
Ohio - 11 a.m.

## PAC Men's Cross Country Runner of the Week

STEVE BROWN  
Grove City College  
Senior  
Lancaster, Pa./Manheim Township H.S.

Brown was the top PAC finisher at the Penn State-Behrend Invitational in Erie on Saturday, placing fourth in a 93-runner field. It was his second Top 10 finish in as many weeks.

Other nominees included sophomore Dan Hemme of Thiel, and senior Sean Gallagher of Westminster.

## PAC Women's Cross Country Runner of the Week

MALLORY ROADMAN  
Bethany College  
Sophomore  
Wellsburg, W.Va./Brooke H.S.

Roadman earned the award for the third straight week after placing first at Bethany's dual meet with NCAA Division II Pitt-Johnstown. She finished the race in 21:01, more than 45 seconds ahead of the second-place finisher, and was instrumental in leading the Bison to a one-point win over UP-J.

Other nominees included sophomore Elisa Pedersen of Grove City, junior Rachel Feldner of Waynesburg, and senior Sara Ialongo of Westminster.

# PAC CROSS COUNTRY NOTES

## Bethany Bison

The Bison women defeated Pitt-Johnstown 27-28 Saturday ... Sophomore Mallory Roadman won her second race in three weeks ... Her time of 21:01 was 45 seconds faster than the second place finisher ... Senior Tiffany Baumgart placed third overall (22:25), while sophomore Alexis Rinfret came in sixth place (23:26).

## Grove City Wolverines

Both the GCC men's and women's squads turned in solid performances at the Behrend Invitational Saturday ... The Wolverine men trailed only national power Mount Union and Division II Mercyhurst, led by senior Steve Brown's 4<sup>th</sup>-place finish ... Dan Adams took 17<sup>th</sup> while Chris Lee followed in 19<sup>th</sup> ... Dan Chittick came home in 21<sup>st</sup>, giving Grove City four runners in the top 21 ... Grove City's women's team had three runners among its top five, including Cara Pierce (19<sup>th</sup>), Alex Anderson (35<sup>th</sup>) and Cyndi Lee (49<sup>th</sup>) ... Sophomore Elisa Pedersen led the way for Grove City by finishing fifth out of 118 runners in a time of 19:28 while junior Theresa Miller took 39<sup>th</sup> place ... The Lady Wolverines trailed only Mount Union, Division II Mercyhurst and host Behrend.

## Thiel Tomcats

The Thiel men's and women's cross country teams competed in the Notre Dame College Invitational on Saturday in Chardon, Ohio ... NAIA powers Walsh University and Daemen College took first and second place, respectively, among the men's teams ... Thiel's top finisher was sophomore Dan Hemme, who placed 15th overall with a time of 31:37.00 ... Sophomore Matt Rowlands finished 22nd with a time of 32:52.00 and sophomore Ben Wheeler rounded out the top three Tomcat performers, finishing 25th with a time of 33:05.00 ... The top runner on the women's side for Thiel was sophomore Jacci Corso, who finished 30th with a time of 24:05 ... Sophomore Jill Turrisi finished 46th overall with a time of 25:43.00.

## Wash. & Jeff. Presidents

The Washington & Jefferson women's cross country team was idle last week, but returns to action on Saturday by traveling to Meadville, Pa., for the Allegheny Duals.

## Waynesburg Yellow Jackets

The Waynesburg women placed in the top four for a second consecutive week with a fourth-place finish at the Notre Dame College Invitational Saturday at Chardon, Ohio ... The Jackets finished tops amongst non-scholarship schools, as NAIA teams Walsh (29), Daemen (68), and Seton Hill (76) captured the top three ... Waynesburg (96) finished the 5K race with an average time of 23:09.80 led by a seventh-place overall finish by junior Rachel Feldner with a time of 21:54 ... The top time was Daemen's Michelle Bloom (20:12) ... Jackets Michelle Thompson (22:12) and Meagan Bugala (22.38) placed 11<sup>th</sup> and 15<sup>th</sup>, respectively ... The men's team, led by Ken Laird's 33<sup>rd</sup>-place time of 35:11 in the 8K run, did not qualify for a team score.

## Westminster Titans

The Westminster men's and women's cross country teams placed fifth and seventh, respectively, at the Penn State-Behrend Invitational on Saturday ... The Westminster men were led by the senior duo of Sean Gallagher and Tim Snyder ... Gallagher finished 10th with a time of 27:51, followed closely by Snyder in 11th place in 27:53 ... Other top finishers included junior Marcus Corvino, who placed 39th in 29:31; and junior Brad Zerbe, who was 47th in 29:47 ... For the Lady Titans, the duo of senior Sara Ialongo and junior Felicie Reid led the way ... Ialongo was the team's top finisher, placing 18th in 20:47, followed closely by Reid in 19th place in 20:48 ... Other Westminster women included senior Kacie Zbur, who was 71st in 23:47; and freshman JoAnne Johnston, who placed 79th in 24:40.

### Past PAC Men's Runners of the Week

August 31: Sean Gallagher, Westminster  
 September 7: Tim Snyder, Westminster  
 September 14: Steve Brown, Grove City  
 September 21:  
 September 28:  
 October 5:  
 October 12:  
 October 19:

### Past PAC Women's Runners of the Week

August 31: Mallory Roadman, Bethany  
 September 7: Mallory Roadman, Bethany  
 September 14: Mallory Roadman, Bethany  
 September 21:  
 September 28:  
 October 5:  
 October 12:  
 October 19: