



CROSS COUNTRY 2004

Presidents' Athletic Conference

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LAST WEEK'S RESULTS - September 17-18

Friday, September 17

Malone Invitational - Canton, Ohio

Men (seven teams)

4. Grove City (138)

Women (eight teams)

4. Grove City

Saturday, September 18

Penn State-Behrend Invitational - Erie, Pa.

Men (six teams)

5. Westminster (127)

6. Thiel (190)

Women (seven teams)

5. Westminster (148)

Thiel - individuals only

Slippery Rock Invitational - Slippery Rock, Pa.

Men

Washington & Jefferson - individuals only

Women (four teams)

4. Washington & Jefferson

Bethany at Marietta Invitational - cancelled (flooding)

Waynesburg at Pitt-Johnstown Invit. - cancelled (flooding)

THIS WEEK'S SCHEDULE - September 25

Thiel, Washington & Jefferson, Waynesburg, Westminster at Allegheny Classic - Meadville, Pa.

Bethany at St. Vincent Invitational - Latrobe, Pa.

Grove City at Lehigh Paul Short Invitational - Allentown, Pa.

PAC Men's Cross Country Runner of the Week

CHRIS DIAMOND
Westminster College

Freshman
Dunmurry, Northern Ireland

Diamond was the top PAC finisher at the Penn State-Behrend Invitational in Erie, placing 16th in an 80-runner field with a time of 28:44.

Also nominated was sophomore **Andrew Kloes** of Grove City and freshman **Matt Rudzki** of Washington & Jefferson.

PAC Women's Cross Country Runner of the Week

ELISA PEDERSEN
Grove City College

Junior
Santa Rosa, Calif./Montgomery H.S.

Pedersen earned her second consecutive PAC Runner of the Week honor after placing third out of 88 runners at the Malone Invitational last week in a time of 19:35.7.

Other nominees included freshman **Ashlee Osterberg** of Thiel, freshman **Victoria Caruso** of Washington & Jefferson, and senior **Felicie Reid** of Westminster.

PAC CROSS COUNTRY NOTES

Bethany Bison

Bethany was scheduled to compete at the Marietta Invitational, but the trip was cancelled due to flooding in the Bethany area ... The Bison will run at St. Vincent on Saturday.

Grove City Wolverines

Both Grove City teams finished fourth at the Malone Invitational Friday afternoon ... Junior **Elisa Pedersen** was the top Division III finisher in the 88-runner field, placing third ... Sophomore **Cara Pierce** took 20th while freshman **Rachael Smith** finished 31st ... The men's team took fourth, tops among Division III schools ... Sophomore **Andrew Kloes** led Grove City with a 17th-place arrival, the best finish for any Division III runner in the field ... Junior **Dan Chittick** placed 25th while senior **Chris Lee** placed 31st ... Grove City will compete in Lehigh's Paul Short Invitational this weekend.

Thiel Tomcats

Members of the Thiel College men's and women's cross country teams competed at Saturday's Penn State Behrend Cross Country Invitational, with the men's team finishing sixth overall and women's team registering only as individuals due to an incomplete team ... Freshman **Ashlee Osterberg** was the top runner of either squad, finishing 11th overall with a time of 21:20 ... Junior **Jill Turrisi** finished 66th with a time of 25:47 ... On the men's side the Tomcats finished sixth overall with 190 team points ... Junior **Dan Hemme** was the squad's top performer, finishing 36th overall with a time of 32:30 ... Junior **Shawn Julock** took 37th, registering a time of 35:36.

Wash. & Jeff. Presidents

W&J competed at the Slippery Rock Invitational Saturday ... The women's team placed fourth out of four teams, while the W&J men competed on an individual basis ... Bloomsburg won both team titles ... The men's race was competed at 7,500 meters, while the women's race was run at 5,000 meters ... Freshman **Victoria Caruso** led the women's squad with a 13th-place finish in 22:06 ... Classmate **Alyssa Pagano** was the Presidents' next best finisher in 34th place (24:51) ... Freshman **Matt Rudzki** led the men's team by placing eighth in 26:43 ... Freshman **Jacob Habel** finished in 33rd place in 28:46 ... W&J, which was the only Division III team competing at SRU, competes at the Allegheny Classic in Meadville on Saturday.

Waynesburg Yellow Jackets

Waynesburg, which was scheduled to run at the Pitt-Johnstown Invitational, did not make the trip due to flooding ... The Jackets run at Allegheny this Saturday.

Westminster Titans

Both Westminster teams placed fifth at the Behrend Invitational in Erie ... Freshman **Chris Diamond** led the men, placing 16th in an 80-runner field with a time of 28:44, followed by freshman **Nathan Mitchell**, who was 21st in 29:07; senior **Marcus Corvino**, who placed 29th in 30:20; sophomore **Jared Polish**, who was 30th in 30:49; and senior **Brad Zerbe**, who finished 31st in 30:57 ... For the Lady Titans, senior **Felicie Reid** placed 18th out of 85 runners with a time of 21:50 ... Other women's finishers included freshman **Leanna Stitt** in 24th place in 22:37; senior **Sandy Edmiston** in 33rd place in 23:54; junior **Sera Stauffer** in 35th place in 24:05 and sophomore **Kelly Spisak** in 38th place in 24:41.

Past PAC Men's Runners of the Week

September 5: Matt Rudzki, Wash. & Jeff.

September 12: Chris Lee, Grove City

September 19: Chris Diamond, Westminster

September 26:

October 3:

October 10:

October 17:

Past PAC Women's Runners of the Week

September 5: Michelle Propst, Waynesburg

September 12: Elisa Pedersen, Grove City

September 19: Elisa Pedersen, Grove City

September 26:

October 3:

October 10:

October 17: