

CROSS COUNTRY 2003

Presidents' Athletic Conference Joe Onderko, Information Director Phone - (724) 946-6357

Fax - (724) 946-7187

E-Mail: onderkjm@westminster.edu Web: www.westminster.edu/pac

LAST WEEK'S RESULTS - September 20 Allegheny Invitational - Meadville, Pa. Men's Results (13 teams)

- 4. Grove City (116 points)
- 7. Westminster (172)
- 11. Thiel (340)

Women's Results (15 teams)

- 6. Grove City (155)
- 10. Westminster (288)
- 13. Thiel (362)

Washington & Jefferson - individuals only

Marietta Invitational - Marietta, Ohio Men's Results (13 teams) 9. Bethany Waynesburg - individuals only Women's Results (14 teams) 9. Waynesburg

10. Bethany

UPCOMING SCHEDULE - September 27 Bethany, Thiel, Waynesburg, Westminster at St. Vincent College Invitational - Latrobe, Pa.

Washington & Jefferson at Wooster Invitational - Wooster, Ohio

Grove City - off

PAC Men's Cross Country Runner of the Week

STEVE BROWN
Grove City College
Senior
Lancaster, Pa./Manheim Township H.S.

Brown earned PAC Runner of the Week laurels for the second straight week, as he was the top conference finisher at the Allegheny College Invitational in Meadville on Saturday. Brown finished 11th overall in a 144-runner field with a time of 27:37 over the eightkilometer course.

Other nominees included sophomore Michael Reese of Bethany, and senior Sean Gallagher of Westminster.

PAC Women's Cross Country Runner of the Week

ELISA PEDERSEN
Grove City College
Sophomore
Santa Rosa, Calif./Montgomery H.S.

Pedersen was the top PAC runner at the Allegheny College Invitational in Meadville on saturday, as she placed third in a 151-runner filed with a time of 23:32 over the six-kilometer course. She finished just 24 seconds behind the invitational champion.

Other nominees included sophomore Mallory Roadman of Bethany, freshman Bethann Rosenbauer of Washington & Jefferson, sophomore Michelle Thompson of Waynesburg, and senior Sara Ialongo of Westminster.

PAC CROSS COUNTRY NOTES

Bethany Bison

Both Bison teams fared well at the Marietta Invitational Saturday ... The men's team claimed ninth place out of 13 teams ... Sophomore Ken Hopper was the top finisher in 33rd, while sophomore Michael Reese ran well for a 43rd place finish ... The women's team earned 10th out of 14 teams ... Sophomore Mallory Roadman continued her early-season success by crossing in 13th place with a time of 26:29... Senior Tiffany Baumgart was the only other BC runner in the top 50 with a 44th place finish.

Wash. & Jeff. Presidents

The Washington & Jefferson women's cross country team competed on an individual basis only at t the Allegheny Invitational on Saturday in Meadville, Pa. ... Freshman Bethann Rosenbauer was W&J's top finisher after placing 75th out of 151 runners with a time of 27:36 ... Fellow freshman Nicole Kennedy crossed the finish line in 100th place (29:00), while junior Christina Lee recorded a 137th place finish in a time of 32:30 ... Freshman Marissa Capuzzi rounded out the W&J competitors in 138th place (32:31) ... All four Washington & Jefferson runners posted personal best times ... The W&J women's squad travels to Wooster, Ohio, this upcoming Saturday to compete in the Fighting Scot Invitational.

Grove City Wolverines

Both Grove City squads finished in the first division Saturday in Meadville ... Sophomore Elisa Pedersen led the Grove City women with a third-place finish in 23:32, her third top 10 outing in as many weeks ... Freshmen Cara Pierce and Alex Anderson placed 31st and 35th, respectively while junior Theresa Miller took 38th ... Four members of the men's squad finished in the top 26 as the Wolverines took fourth in the team standings ... Senior Steve Brown claimed 11th place while junior Dan Adams was 22nd ... Senior Nick Gingerich came home 25th while Dan Chittick grabbed 26th place ... Grove City's teams are idle this week and will participate in the Dickinson Invitational on Oct.

Waynesburg Yellow Jackets

Waynesburg had a bit of a rough go at the Carl L. Broughton Invitational hosted by Marietta College Saturday ... No Yellow Jacket could crack the top ten in either race, while the women's team paced ninth in a 14team field, while the men's team did not post team scores for the event ... Sophomore Michelle Thompson had the best Jackets' time for the second time this season, as she ran the 6K course in 26:43.12 for a 16th-place overall finish ... Trailing her was Rachel Feldner in 21st-place with a time of 27.07.50 ... Meagan Bugala was Waynesburg's only other runner to place in the Top 50 with her 47th-place time of 28:26.28 ... Ken Laird led Waynesburg with a 75th-place time of 35:11.50 in the men's 8K event ... Waynesburg returns to action Saturday at St. Vincent

Thiel Tomcats

The Tomcat men's and women's cross country teams finished 11th and 13th, respectively, at the Allegheny College Invitational Saturday morning ... Sophomore Dan Hemme was Thiel's best finisher on the men's side, finishing 61st overall with a time of 30:25 ... Sophomore Ben Wheeler finished 62nd with a time of 30:30 ... Sophomore Jacci Corso was the women's top finisher with her 61st place (27:54) ... Freshman Kristy Marapese finished 70th with a time of 29:07.

Westminster Titans

The Westminster men's and women's cross country teams placed seventh and 10th, respectively, at the Allegheny Invitational on Saturday ... The Westminster men were led by the senior duo of Sean Gallagher and Tim Snyder ... Gallagher finished 17th out of 144 runners with a time of 28:01 on the eight-kilometer course, followed by Snyder in 20th place in 28:04 ... For the Lady Titans, the duo of senior Sara Ialongo and junior Felicie Reid led the way ... Ialongo was the team's top finisher, placing 29th out of 151 runners with a time of 25:19 on the six-kilometer course, followed by Reid in 35th place in 25:31.

Past PAC Men's Runners of the Week

August 31: Sean Gallagher, Westminster

September 7: Tim Snyder, Westminster

September 14: Steve Brown, Grove City

September 21: Steve Brown, Grove City

September 28:

October 5:

October 12:

October 19:

Past PAC Women's Runners of the Week

August 31: Mallory Roadman, Bethany

September 7: Mallory Roadman, Bethany

September 14: Mallory Roadman, Bethany

September 21: Elisa Pedersen, Grove City

September 28:

October 5:

October 12:

October 19: