



# CROSS COUNTRY 2007

**Presidents' Athletic Conference**  
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## RECENT RESULTS

*Saturday, September 22, 2007*

### **Saint Vincent Invitational - Latrobe, Pa.**

*Men (13 teams)*

1. Saint Vincent (35)
  6. Westminster (202)
  10. Waynesburg (258)
- Thomas More - individuals only

*Women (13 teams)*

3. Waynesburg (89)
4. Saint Vincent (95)
7. Westminster (187)

### **Allegheny Classic - Meadville, Pa.**

*Men (7 teams)*

4. Washington & Jefferson (98)
5. Geneva (121)
6. Thiel (150)

*Women (7 teams)*

2. Geneva (45)
- Thiel, Washington & Jefferson - individuals only

Bethany, Grove City - off

## UPCOMING EVENTS

*Friday, September 28, 2007*

### **Lehigh Invitational - Bethlehem, Pa.**

Grove City

*Saturday, September 29, 2007*

### **Rio Grande Invitational - Rio Grande, Ohio - 9 a.m.**

Bethany

*Sunday, September 30, 2007*

### **Louisville U of L Invitational - Louisville, Ky.**

Thomas More

Geneva, Saint Vincent, Thiel, Washington & Jefferson,  
Waynesburg, Westminster - off

## **PAC Men's Runner of the Week**

### **BOBBY REGAN** **Washington & Jefferson**

Junior  
Gibsonia, Pa.  
Pine-Richland H.S.



Regan earned his first collegiate victory on Saturday, as he placed first in a 67-runner field at the Allegheny College Classic in Meadville, Pa. Regan posted an 8-kilometer time of 27:47 to win by nearly six seconds.

*Also nominated was senior **Tim Monaghan** of Waynesburg, and sophomore **Jeremiah Patterson** of Westminster.*

## **PAC Women's Runner of the Week**

### **ERIN LONG** **Washington & Jefferson**

Junior  
McMurray, Pa.  
Peters Township H.S.



Long led the President women by finishing second in a 63-runner field with a 6-kilometer time of 24:12 at the Allegheny College Classic in Meadville, Pa., on Saturday. She was the top Division III runner at the race trailing only a runner from Division II Mercyhurst.

*Also nominated was senior **Michelle Propst Cross** of Waynesburg, and sophomore **Elizabeth Beardsley** of Westminster.*

## PAC CROSS COUNTRY CAPSULES

### Bethany Bison



Both Bison teams were off last weekend after competing in races in each of the first three weekends ... Bethany returns to the trails Saturday when they run at the Rio Grande Invitational in Ohio ... The meet, which will begin with the men's race at 9 a.m. and be followed by the women at 9:50, usually features a mix of NAIA and NCAA Division II programs.

### Geneva Golden Tornadoes



The Geneva women's cross country team placed seven runners in the top 26 and narrowly lost out to Allegheny College on Saturday afternoon ... **Beth Bartolomeo** was Geneva's top female finisher with a 5<sup>th</sup> place overall spot with a time of 24:42 on the 6K course ... In men's action, **Phil Falk** turned in his best effort of the season with a 7<sup>th</sup> place finish in a time of 28:23 ... Geneva's men posted 121 pts and finished fifth overall.

### Grove City Wolverines



Both Grove City teams are off until Sept. 28 ... That day, Grove City will compete in the Lehigh Invitational.

### Saint Vincent Bearcats



Both Bearcat teams hosted the Saint Vincent Invitational Saturday, with the men taking the team title while the women finished fourth ... For the men, **Adam Smith** and **Wayne Hooper** finished first and second overall, with Smith covering the five-mile distance in 26:42, followed by Hooper in 27:02 ... Other top finishers were **Jim Walsh** (7<sup>th</sup> overall, 28:07), **Shane Simmons** (12<sup>th</sup>, 28:45), and **Nick Stelitano** (13<sup>th</sup>, 28:53) ... **Laura Magnuson** was the top runner for the Lady Bearcats, finishing second out of 111 runners (19:57) ... Other top SVC finishers were **Amanda Connell** (21<sup>st</sup>, 21:18), **Kelsey Sullivan** (25<sup>th</sup>, 21:25), and **Katherine Stodola** (26<sup>th</sup>, 21:27).

### Thiel Tomcats



The Tomcat men's and women's cross country squads competed at the Allegheny College Classic Saturday morning ... The men's team finished in sixth place with 150 points while the women's team competed as individuals ... Freshman **Derek Workman** paced the Tomcat lineup, finishing 19<sup>th</sup> with a time of 29:36.5 ... Freshman **Alex Bent** ran to a 28<sup>th</sup>-place finish with a time of 30:59.0 ... The women's squad, competing as individuals, was led by sophomore **Sarah McAfee's** 34<sup>th</sup>-place finish (30:07.85).

### Thomas More Saints



The Saints competed at the Saint Vincent Invitational in Latrobe over the weekend ... Sophomore **Chad Schmidt** was the first Thomas More runner to finish, placing 30<sup>th</sup> with a time 29:43, while **Kyle Egan** finished in a time of 34:35 and **Raul Vargas** placed in 45:18.

### Washington & Jefferson Presidents



Juniors **Bobby Regan** and **Erin Long** led the Presidents Saturday at the Allegheny Classic ... Regan earned his first collegiate victory at topping the 67-runner field in the 8K race (27:47) ... Long continued her strong year with a second-place 6K finish on the women's side out of 63 runners (24:12) ... Junior **Megan Duffett** placed 21<sup>st</sup> overall (26:10) for the W&J women, while classmate **Kelli Hartman** took 37<sup>th</sup> place (27:40) ... Freshman **Andrew Howard** recorded a 12<sup>th</sup>-place finish for the Presidents' men in a time of 29:07 ... Junior **Matthew Toldero** grabbed 25<sup>th</sup> place (30:02), while sophomore **Bryan Hanrahan** earned 35<sup>th</sup> place (31:06).

### Waynesburg Yellow Jackets



The Waynesburg University women's cross country team finished in third place at the Saint Vincent College Invitational on Saturday morning ... Senior **Michelle Propst Cross** was the top runner for the Yellow Jackets, placing 10<sup>th</sup> overall with a time of 20 minutes, 46 seconds ... Fellow senior **Katie Weko** crossed the line at 20:59 to finish 15<sup>th</sup> overall ... Sophomore **Janet Carson** finished third for Waynesburg and 23<sup>rd</sup> overall in 21:24, followed closely by senior **Haley Hinds**, who finished right behind Carson with a time of 21:24 ... Junior **Megan Grover** rounded out the top-five Yellow Jacket runners with a time of 21:36 ... Senior **Tim Monaghan** led the men in 30:30.

### Westminster Titans



The Westminster men's and women's cross country teams competed at the Saint Vincent College Cross Country Invitational on Saturday, Sept. 21 ... The Titan men placed sixth out of 12 teams with 202 points, while the Titan women took seventh out of 11 squads with 187 points ... Sophomore **Jeremiah Patterson** placed 24<sup>th</sup> overall as the Titans' top finisher with a 5-mile time of 29:31 ... Sophomore **Elizabeth Beardsley** finished as the top Westminster women's racer with a 5-kilometer time of 21:41 for 28<sup>th</sup> place.