

# 2011 PAC Cross Country Release Week 4 - September 26



**Presidents' Athletic Conference**  
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## 2011 PAC RESULTS/SCHEDULE

### LAST WEEK

Tuesday, September 20, 2011

#### Bethany 5K Invitational

Men (two teams)

Bethany - individuals only

Women (two teams)

1. Bethany - 15

Saturday, September 24, 2011

#### Saint Vincent Invitational

Men (nine teams)

1. Saint Vincent - 35

3. Geneva - 88

7. Westminster - 133

Women (11 teams)

2. Westminster - 74

3. Saint Vincent - 91

4. Geneva - 100

8. Chatham - 236

#### Otterbein Invitational

Men (13 teams)

4. Thiel - 84

10. Thomas More - 270

Women (14 teams)

11. Thiel - 280

12. Thomas More - 322

#### Dickinson Long-Short Invitational

Men (16 teams)

13. Washington & Jefferson - 335

16. Waynesburg - 475

Women (16 teams)

11. Waynesburg - 284

14. Washington & Jefferson - 394

Grove City - off

### THIS WEEK

Saturday, October 1, 2011

Bethany/Chatham/Geneva/Thiel/Washington & Jefferson at **Pitt-Greensburg Bobcat Invitational** - Greensburg, Pa. - 10 a.m.

Thomas More at **Greater Louisville Classic** - Louisville, Ky. - 10:30 a.m.

Grove City/Saint Vincent/Waynesburg/Westminster - off

**LEADERS OF THE PAC:** Saint Vincent hosted its annual invitational in Latrobe Saturday ... Top PAC individual finishers at the SVC meet included the host school's **Andrew Razanauskas** (third, 26:59), **Heidi Steiner** (12th) of Geneva, **Aaron Sutton** (27th) and **Jennifer Krueger** (sixth) of Westminster, and **Rachel Leftwich** of Chatham ... At the Dickinson Long-Short Invitational in Carlisle, Pa., W&J was led by **Scott Ryan** (fourth, 26:54) and **Kristen Galligan** (16th, 24:16), while Waynesburg was paced by sophomore **Bre Paul** (27th) and sophomore **Jonathan Blatt** (79th) ... Thiel and Thomas More each competed at the Otterbein Invitational ... The Tomcats were paced by **Richard Peterson** (second, 26:07.5) and **Valerie White** (34th, 25:19.8), while top Saint finishers included **Matt Wurtzler** (25th, 27:42.0) and **Celia Arlinghaus** (27th, 25:06.6) ... Bethany hosted a 5K run with Pitt-Greensburg Tuesday, won by Bison runners **Cory Yarrington** and **Joanna Mongelluzzo**.

### Men's Runner of the Week

#### NICK EDINGER

Geneva

Junior

Mars, Pa.

Mars H.S.



Edinger placed second overall in a 98-runner field and was the top NCAA Division III finisher at the Saint Vincent Bearcat Invitational in Latrobe, Pa. on Saturday. His time of 26:57 was just 13 seconds behind the Division II runner who was race champion, while helping the GTs place third in a nine-team field.

Also nominated was sophomore **Cory Yarrington** of Bethany, sophomore **Andrew Razanauskas** of Saint Vincent, sophomore **Matt Wurtzler** of Thomas More, junior **Scott Ryan** of Washington & Jefferson, and sophomore **Aaron Sutton** of Westminster.

### Women's Runner of the Week

#### IVETTE MEJIA

Saint Vincent

Senior

New York, N.Y.

Henry Street Int'l H.S.



Mejia earned her third PAC Runner of the Week honor this season after capturing the women's individual title at the Saint Vincent Bearcat Invitational in Latrobe, Pa. She topped the 124-runner field with a time of 18:52, a full 36 seconds ahead of the second place finisher and 1:14 ahead of the nearest D-III competitor, as the SVC women placed third out of 11 teams.

Also nominated was senior **Joanna Mongelluzzo** of Bethany, senior **Lizz King** of Chatham, junior **Celia Arlinghaus** of Thomas More, freshman **Kristen Galligan** of Washington & Jefferson, and senior **Jennifer Krueger** of Westminster.



### 2011 PAC CROSS COUNTRY RUNNERS OF THE WEEK

#### Men

September 6: **Richard Peterson**, THI

September 12: **Scott Ryan**, W&J

September 19: **Kevin Wanichko**, SVC

September 26: **Nick Edinger**, GEN

October 3:

October 10:

October 17:

#### Women

**Ivette Mejia**, SVC

**Ivette Mejia**, SVC

**Jennifer Krueger**, WES

**Ivette Mejia**, SVC

### Bethany Bison

The Bison claimed the top five positions and Bethany's men team took the first three spots to highlight the Bethany 5K Tuesday afternoon, as BC hosted Pitt-Greensburg ... Senior **Joanna Mongelluzzo** took first place for the women with a strong run, breaking the tape at 20:26.27 ... The freshman duo of **Jess Olson** and **Rhianna Petrone** were next to cross for the Green & White, as Olson clocked in at 21:49.47 and Petrone's time was 22:54.26 ... For the men, Bethany could not score as a team, but that didn't stop the Bison from earning the top three places ... Sophomore **Cory Yarrington** was first to the line (17:42.27) ... Senior **Joe Douglas** earned second (18:41.75) and freshman **Bobby Striker** was third (18:47.87).



### Chatham Cougars

Chatham placed eighth out of 11 complete teams at the Saint Vincent Invitational ... **Rachel Leftwich** finished in 22:18, **Tessa Hochberg** posted a time of 22:58, and **Lizz King** shaved 18 seconds off of her time from last year at St. Vincent with a 22:30 ... The Cougars moved up one place from two weeks ago.



### Geneva Golden Tornadoes

**Nick Edinger** continues to pace the Geneva College men's cross country team ... Saturday at Saint Vincent, Edinger finished second out of 98 runners to help the Golden Tornadoes to a third place overall finish ... **Charles Walters** (20), **Owen Struck** (25), **Jacob Beschner** (33) and **Nate Mansor** (34) each finished in the top 50 to help the cause ... Freshman **Heidi Steiner** finished 12th overall in the women's race to lead Geneva to a fourth place finish ... Teammates **Shannon Rech** (19), **Emily Hoobler** (22) and **Anna Kluitenberg** (26) were also solid on Saturday ... Geneva will be back on the course this weekend at Pitt-Greensburg.



### Grove City Wolverines

The Wolverines are off until October 8, when they return to action in the DeSales University Invitational in Allentown ... DeSales will also host the Mideast Region Championships November 12.



### Saint Vincent Bearcats

The Bearcat men topped eight other teams to win the annual Saint Vincent Invitational behind five top-15 finishers with a team score of 35 points ... Sophomore **Andrew Razanauskas** was the top finisher for the Bearcats, placing third in the 96-runner field with a time of 26:59 ... Seniors **Kevin Wanichko** (the defending PAC Runner of the Week) and **Ryan Barlow** posted back-to-back finishes in eighth and ninth places, respectively ... The Saint Vincent women posted a third-place finish at its annual Invitational, led by defending PAC Champion **Ivette Mejia**, who captured the invitational title for the third-consecutive year with a time of 18:52 ... Sophomores **Genie Fratto** and **Rachael Paszko** recorded back-to-back 15<sup>th</sup>- and 16<sup>th</sup>-place finishes.



### Thiel Tomcats

At the Otterbein Invitational in Westerville, Ohio, **Richard Peterson** was the Tomcats' top runner, finishing second overall with the time of 26:07.5 ... Other top 10 finishes for the Tomcats were **Steve Morgan**, who finished seventh (26:53.1) and **Regis Wagner**, who finished eighth with a time of 28:58.9 ... On the women's side, **Valerie White** was the top runner for the Tomcats, finishing 34th with the time of 25:19.8.



### Thomas More Saints

The men's team finished 10th out of 13 teams with 270 points at the Otterbein Invitational ... The Saints had two runners finish in the Top-30 as sophomore **Matt Wurtzler** placed 25th with a time of 27:42.0 and freshman **Peter Curnutte** finished 28th with a time of 27:50.1 ... The women's team placed 12th out of 14 teams with 322 points at Otterbein ... Junior **Celia Arlinghaus** paced the Saints with a 27th place finish with a time of 25:06.6.



### Washington & Jefferson Presidents

Junior **Scott Ryan** continued his strong start to the season, finishing fourth of 184 runners in the men's 8K race at the Dickinson Long-Short Invitational ... He ran the course in 26:54, just 17 seconds behind the winner, **Jacob Phillips** of Swarthmore ... Junior **Benjamin Kopchick** also competed in the 8K and placed 60th with a time of 28:48, while freshman **Thomas Marcotte** was 100th (29:47) ... Freshman **Kristen Galligan** paced the women, as she finished 16<sup>th</sup> out of 178 runners in the women's 6K race with a time of 24:16 ... In the women's 4K, W&J was led by sophomore **Nicole Montecalvo's** 101st place finish (18:40) in a 167-runner field ... Sophomore **Ronald Graf** earned the Presidents' best finish in 116th place (14:46).



### Waynesburg Yellow Jackets

The Yellow Jackets had a long Saturday at the Dickinson Invitational ... Both the men and women competed in the long and short course races ... Sophomore **Jonathan Blatt** led the Jacket men with a 79<sup>th</sup>-place performance in the long course race, while sophomore **Bre Paul** paced the Jacket women with a 27<sup>th</sup>-place showing in the women's long course race.



### Westminster Titans

The Westminster men's and women's cross country teams competed at the Saint Vincent Invitational Saturday ... The Titans women placed second out of 11 teams with 74 points, while the Titans men placed seventh out of nine teams with 133 points ... The Westminster women had three runners in the top 20 for the 6-kilometer event led by senior **Jennifer Krueger** running sixth at 20:06, followed by freshman **Jenny Jones** in eighth at 20:23 and junior **Olivia Miller** in 20th at 21:14 ... On the men's side, sophomore **Aaron Sutton** led Westminster with a 27th place time of 28:54 in the 8K race.



## Bethany Bison

		Men	Women
Sept. 3	at Westminster Fisher Invitational	NTS	11th/16 (284)
Sept. 10	at Waynesburg Invitational	NTS	4th/7 (125)
Sept. 20	Bethany 5K Invitational	NTS	1st/2 (15)
Oct. 1	Pitt Greensburg Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Chatham Cougars

			Women
Sept. 3	at Westminster Fisher Invitational		14th/16 (411)
Sept. 10	at Waynesburg Invitational		9th/11 (236)
Sept. 24	at Saint Vincent Invitational		8th/11 (236)
Oct. 1	at Pitt-Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Geneva Golden Tornadoes

		Men	Women
Sept. 1	GENEVA 5K	2nd/4 (34)	2nd/4 (49)
Sept. 3	at Westminster Fisher Invit.	4th/13 (104)	10th/16 (207)
Sept. 10	at Waynesburg Invitational	3rd/8 (62)	3rd/11 (84)
Sept. 24	at Saint Vincent Invitational	3rd/9 (88)	4th/11 (100)
Oct. 1	at Pitt-Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Grove City Wolverines

		Men	Women
Sept. 3	at Westminster Fisher Invit.	5th/13 (113)	2nd/16 (108)
Sept. 10	at Waynesburg Invitational	2nd/8 (58)	1st/11 (45)
Oct. 8	at DeSales Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Saint Vincent Bearcats

		Men	Women
Sept. 3	at Duquesne Duals (M)	3rd/7	---
Sept. 3	at California (Pa.) Invitational (W)	---	6th/16 (163)
Sept. 10	at Waynesburg Invitational (W)	---	4th/11 (94)
Sept. 16	at Notre Dame Catholic Invitational	5th/20	12th/22
Sept. 24	SAINT VINCENT INVITATIONAL	1st/9 (35)	3rd/11 (91)
Oct. 8	at DeSales Invitational		
Oct. 15	at Oberlin Inter-Regional Rumble (M)		
Oct. 15	at Gettysburg Invitational (W)		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Thiel Tomcats

		Men	Women
Sept. 1	at Geneva 5K	1st/4 (32)	4th/4 (71)
Sept. 17	at Calvin-Knight Invitational	10th/16	15th/16
Sept. 24	at Otterbein Invitational	4th/13 (84)	11th/14 (280)
Oct. 1	at Pitt-Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Thomas More Saints

		Men	Women
Sept. 3	at Mount St. Joseph Invitational	NTS	4th/4 (94)
Sept. 10	at Queen City Invitational	10th/13 (305)	13th/15 (395)
Sept. 24	at Otterbein Invitational	10th/13 (270)	12th/14 (322)
Oct. 1	at Greater Louisville Invitational		
Oct. 14	at Wilmington Fall Classic		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Washington & Jefferson Presidents

		Men	Women
Sept. 10	at Waynesburg Invitational	4th/8 (100)	6th/11 (169)
Sept. 24	at Dickinson Invitational	13th/16 (335)	14th/16 (394)
Oct. 1	at Pitt Greensburg Invitational		
Oct. 8	at Carnegie Mellon Invitational		
Oct. 16	at Oberlin Inter-Regional Rumble		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Waynesburg Yellow Jackets

		Men	Women
Sept. 1	at Geneva 5K	3rd/4 (60)	1st/4 (43)
Sept. 3	at Westminster Fisher Invit.	8th/13 (199)	4th/16 (134)
Sept. 10	WAYNESBURG INVITATIONAL	5th/8 (122)	2nd/11 (67)
Sept. 24	at Dickinson Invitational	16th/16 (475)	11th/16 (284)
Oct. 8	at DeSales Invitational		
Oct. 15	at Oberlin Inter-Regional Rumble		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		

## Westminster Titans

		Men	Women
Sept. 1	at Geneva 5K	4th/4 (109)	3rd/4 (62)
Sept. 3	FISHER INVITATIONAL	8th/13 (199)	8th/16 (189)
Sept. 17	at PS-Behrend Invitational	7th/14 (180)	3rd/11 (75)
Sept. 24	at Saint Vincent Invitational	7th/9 (133)	2nd/11 (74)
Oct. 8	at Carnegie Mellon Invitational		
Oct. 15	at Oberlin Inter-Regional Invitational		
Oct. 29	PAC Championships (host Westminster)		
Nov. 12	NCAA Mid-East Regionals (DeSales University)		