



# CROSS COUNTRY 2006

**Presidents' Athletic Conference**  
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## RECENT RESULTS

*Friday, September 29*

**Lehigh Paul Short Invitational - Bethlehem, Pa. - 2 p.m.**  
Grove City

*Saturday, September 30*

**Westminster Invitational - New Wilmington, Pa. - 10 a.m.**  
Men - Pitt-Greensburg 26, Westminster 33  
Westminster women - 2nd of 3 teams

**Earlham Invitational - Earlham, Ind.**  
Thomas More men - 12th of 13 teams

**Rio Grande Invitational - Rio Grande, Ohio**  
Bethany women - 3rd place

Bethany (M), Saint Vincent, Washington & Jefferson,  
Waynesburg - off

## UPCOMING EVENTS

*Saturday, October 7*

**Pitt-Greensburg Invitational - Greensburg, Pa.**  
Waynesburg, Westminster

**Dickinson Invitational - Carlisle, Pa. - 10 a.m.**  
Saint Vincent (W), Washington & Jefferson

**Penn State National Invitational - State College, Pa.**  
Saint Vincent (M)

Bethany, Thomas More - off

## **PAC Men's Runner of the Week**

**DANIEL SPAULDING**  
Grove City  
Sophomore  
Rochester, N.Y.  
Churchville-Chili H.S.

Spaulding placed 66th in a 474-runner field for the Wolverines at the Lehigh Paul Short Invitational with a time of 26:25.

Also nominated was junior **Cory Criss** of Westminster.

## **PAC Women's Runner of the Week**

**ELIZABETH BEARDSLEY**  
Westminster  
Freshman  
Warren, Pa.  
Warren H.S.



Beardsley captured the first race of her collegiate career Saturday, as she broke the tape in 20:27.6 at the three-team Westminster Invitational in New Wilmington, Pa.

Also nominated was freshman **Maggie McCort** of Bethany, and sophomore **Kristen Carter** of Grove City.

# PAC CROSS COUNTRY CAPSULES



## Bethany Bison

Bethany's women competed at the Rio Grande Invitational on Saturday ... Although they were the only Division III team in attendance, the Bison took third place overall behind only Charleston and Alderson-Broaddus ... Freshman **Maggie McCort** led the squad with an eight place finish out of 39 runners, as she crossed in 22:08 ... Freshman **Desiree Finley** wasn't far behind, taking 12<sup>th</sup> place with a time of 22:37.81, while junior **Chantal Stettinius** placed 17<sup>th</sup> ... Both Bison teams are off this week and will compete again at the Carnegie Mellon Invitational Oct. 14.



## Grove City Wolverines

Both of Grove City's teams continued their preparation for this month's PAC Championships by participating in Lehigh's Paul Short Invitational Friday ... No team scores were reported for the men, who competed in the Open division ... Grove City's women also competed in an Open division and placed 16<sup>th</sup> out of 27 teams ... Sophomore **Kristen Carter** placed eighth overall out of 228 runners with a time of 22:35 ... She finished third among NCAA Division III competitors ... Freshman **Candice Coholich** took 81<sup>st</sup> while junior **Amanda Hewitt** finished 94<sup>th</sup> ... On the men's side, **Daniel Spaulding** took 66<sup>th</sup> in 26:25 to lead Grove City ... Grove City is idle this weekend ... The Wolverines return to action Oct. 14 at the Carnegie Mellon Invitational.



## Thomas More Saints

For the third meet in a row, **Chad Schmidt** was the first Saint across the tape finished the Earlham Invitational in 30:33, good for 58<sup>th</sup> place ... Other Saint finishers were **Ben Bach** (74<sup>th</sup>, 32:56), **Justin Egan** (79<sup>th</sup>, 36:06), **Larry Stange** (83<sup>rd</sup>, 38:57) and **Kevin Keller** (86<sup>th</sup>, 43:46) as Thomas More finished 12<sup>th</sup> of 13 schools ... The Saints are off this week before they attend the Wilmington Invitational on Oct. 15



## Washington & Jefferson Presidents

The Presidents were idle this past week, but return to action on Saturday at the Dickinson Invitational ... The race is scheduled to begin at 11:00 am in Carlisle, Pa.



## Waynesburg Yellow Jackets

After taking a week off last week, the cross country teams continue their season on Saturday at the UP-G Bobcat Harvest Invitational ... The last time the Yellow Jackets competed at the UP-G Invitational (2004), the women's team won the invitational title with **Michelle Propst** winning the individual title ... The men's team placed third at the 2004 UPG event behind a sixth-place finish from **Heath Piper**.



## Westminster Titans

Westminster's Elizabeth Beardsley won her first career college race Saturday as both the Titan men's and women's teams placed second in each of their races as hosts of the Westminster Invitational ... Beardsley broke the tape at 20:27.6, finishing three spots ahead of freshman teammate **Amanda Everett**, who clocked in at 21:41.8 for fourth place ... Westminster (39) placed second in the three-team field as Allegheny (32) won the event and Pitt-Greensburg (54) took third ... The Titan men's team ran a dual race with Pitt-Greensburg, losing to the Bobcats 26-33 ... Pitt-Greensburg runners occupied the top three spots, led by **Zach Kocian**'s time of 29:06.28 ... Junior **Cory Criss** at 29:35.01 and senior **Scott Seserko** at 29:44.14, placed fourth and fifth, respectively, leading the field of six Titan runners.



## Saint Vincent Bearcats

Saint Vincent was off last weekend ... The Bearcat men travel to Penn State on October 7, while the Lady Bearcats will compete at Dickinson.

### 2006 PAC RUNNERS OF THE WEEK

	<u>Men</u>	<u>Women</u>
9/3	<b>Bobby Regan</b> , W&J	<b>Kristen Carter</b> , GCC
9/10	<b>Chad Schmidt</b> , TMC	<b>Elizabeth Beardsley</b> , WES
9/17	<b>Bobby Regan</b> , W&J	<b>Kristen Carter</b> , GCC
9/24	<b>Bobby Regan</b> , W&J	<b>Megan Grover</b> , WAY
10/1	<b>Dan Spaulding</b> , GRO	<b>Elizabeth Beardsley</b> , WES
10/8		
10/15		