

# CROSS COUNTRY 2002

#### **Presidents' Athletic Conference**

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# <u>LAST WEEK'S RESULTS - October 5</u> **Waynesburg Invitational -** Waynesburg, Pa. Men's Results (six teams)

- 2. Grove City (40)
- 4. Thiel (118)
- 5. Bethany (121)

## Women's Results (seven teams)

- 2. Grove City (60)
- 3. Bethany (62)
- 4. Thiel (103)
- 5. Waynesburg (130)

# Mount Union Invitational - Alliance, Ohio Men's Results (four teams)

3. Westminster (69)

# Women's Results (four teams)

4. Westminster (92)

# PAC Men's Cross Country Runner of the Week

# BRAD WRAY Grove City College

Senior

McClure, Pa./Indian Valley H.S.

Wray was the top PAC and Division III finisher at the Waynesburg Invitational, placing a season-best fourth in the 53-runner field with a time of 28:53.

Other nominees included freshman **Ken Hopper** of Bethany, senior **Matt Yokitis** of Washington & jefferson and junior **Sean Gallagher** of Westminster.

# THIS WEEK'S SCHEDULE - October 12

Bethany, Grove City, Thiel, Washington & Jefferson, Waynesburg, Westminster at Carnegie Mellon University Invitational - Pittsburgh, Pa.

# PAC Women's Cross Country Runner of the Week

# MARYBETH SCIALABBA Thiel College

Sophomore

New Brighton, Pa./Quigley Catholic H.S.

Scialabba claimed her second individual title this season by winning the Waynesburg Invitational in a time of 24:41, 12 seconds ahead of the second place finisher.

Other nominees included junior **Tiffany Baumgart** of Bethany, senior **Katie Lewis** of Grove City, freshman **Alexis Orchowski** of Washington & Jefferson, sophomore **Rachel Feldner** of Waynesburg, and junior **Sara lalongo** of Westminster.

# PAC CROSS COUNTRY NOTES

### **Bethany Bison**

The Bison had several solid individual performances at the Waynesburg Invitational Saturday ... The women's team finished third out of seven and had four top 20 finishers ... Junior **Tiffany Baumgart** (25:08) and freshman **Mallory Roadman** (25:41) placed fourth and sixth respectively ... Freshman **Alexis Rinfret** (13<sup>th</sup>) and freshman **Amber Platek** (17<sup>th</sup>) also crossed in the top third ... The men's side was paced again by freshman **Ken Hopper**, who grabbed his fourth top five finish of the year by crossing in fifth place (29:23) ... Also earning a spot in the top 20 was freshman **Kevin McGann** (20<sup>th</sup>).

#### Wash. & Jeff. Presidents

W&J's men's and women's harriers competed on an individual only basis at the Waynesburg Invitational on Saturday ... The men's squad was led by senior Matt Yokitis, who posted his top finish of the season by placing 10th in a time of 30:15 ... Freshman Stephen Schlauch ran his first race of the season and finished 33rd overall (34:29) ... Freshman Alexis Orchowski once again led the women's team with an 11th-place finish in a time of 26:15 ... Orchowski dropped a full minute of her last race at the Thiel Invitational two weeks ago ... Both Yokitis and Orchowski have been the top finishers for their respective squads in all four meets the Presidents have competed in this season.

## **Grove City Wolverines**

The Grove City women finished second to NAIA member Seton Hill at the Waynesburg Invitational Saturday ... The Lady Wolverines accumulated 60 team points ... Deb Bruno led Grove City with a sixth-place finish while Katie Lewis took 12th and Cara Williams placed 14th ... Also for GCC, Megan Skarada took 17th and Lydia Navatsyk finished 20th ... On the men's side, the Wolverines finished second to Division II California, Pa. ... Brad Wray led Grove City with a fourth-place arrival while Jack Anderson came home seventh ... Nick Gingerich and Chris Lee were eighth and ninth, respectively ... Shawn Rummel placed 13th ... The Wolverine men collected 40 total points.

#### Waynesburg Yellow Jackets

For the third year, Waynesburg College hosted its annual cross country invitational at the Greene County Airport ... The Yellow Jackets finished fifth out of seven teams, as sophomore **Rachel Feldner** placed eighth overall while leading her team with a time of 25:52 in the 6K run ... Senior **Chrissy Barnhart** followed with a time of 26:28 to finish 16<sup>th</sup> overall ... The Jackets (130) placed 27 points behind fourth-place Thiel (103), while Seton Hill (33) led the women's field, followed by Grove City (60) and Bethany (62).

#### Thiel Tomcats

The Thiel cross country teams competed at the Waynesburg Invitational Saturday ... Both teams finished in fourth place overall, with the women scoring 103 points and the men 118 points ... Sophomore MaryBeth Scialabba captured the individual title at the 6-K event with a time of 24:21 ... Junior Mayumi Sasaki finished in 18th place (26:57) ... Freshman Brandon Shemak (14th in 31:02) and Ben Wheeler (17th in 31:21) paced the men's squad ... Both the men and women will compete at the Carnegie Mellon Invitational on Saturday, Oct. 12.

#### Westminster Titans

The Westminster cross country teams each competed this weekend at the Mount Union Invitational, with the men placing third in a four-team field and the women finishing fourth in a four-team field ... Junior **Sean Gallagher** was the top Titan men's finisher, placing 10th in a 59-runner field in 27:18 ... Other top Westminster times included junior **John Libert**, who was 15th in 27:45; and senior **Dan Beckwith**, who placed 16th in 27:47 ... For the Lady Titans, leading the way was junior **Sara lalongo** who was 13th in a 50-runner field in 20:25 ... Sophomore **Felicie Reid** placed 23rd in 21:22.

#### Past PAC Men's Runners of the Week

September 1: Ken Hopper, Bethany

September 8: Steve Brown, Grove City

September 15: Brandon Shemak, Thiel

September 22: Ryan Mitchell, Grove City

September 29: Ken Hopper, Bethany

October 6: Brad Wray, Grove City

October 13:

October 20:

### Past PAC Women's Runners of the Week

September 1: Nicole Beaver, Westminster

September 8: Elisa Pedersen, Grove City

September 15: MaryBeth Scialabba, Thiel

September 22: Elisa Pedersen, Grove City

September 29: Sara Ialongo, Westminster

October 6: MaryBeth Scialabba, Thiel

October 13:

October 20: