



CROSS COUNTRY 2002

Presidents' Athletic Conference
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LAST WEEK'S RESULTS - October 12

Carnegie Mellon Invitational - Pittsburgh, Pa.

Men's Results

3. Grove City (121)

4. Westminster (126)

8. Bethany (249)

9. Thiel (262)

Washington & Jefferson - individuals only

Women's Results

3. Grove City (81)

7. Bethany (201)

8. Thiel (224)

10. Westminster (267)

11. Waynesburg (287)

Washington & Jefferson - individuals only

THIS WEEK'S SCHEDULE - October 19

Bethany, Thiel, Waynesburg at Washington & Jefferson Invitational - Washington, Pa.

Grove City at Wilmington Invitational -
Wilmington, Ohio

Westminster at Geneva Invitational -
Beaver Falls, Pa.

PAC Men's Cross Country Runner of the Week

STEVE BROWN
Grove City College
Junior

Lancaster, Pa./Manheim Township H.S.

Brown was the top Grove City and PAC finisher at the Carnegie Mellon University Invitational in Pittsburgh on Saturday, placing 15th in a 133-runner field with a time of 27:42

Other nominees included freshman **Ken Hopper** of Bethany, senior **Matt Yokitis** of Washington & Jefferson and junior **Sean Gallagher** of Westminster.

PAC Women's Cross Country Runner of the Week

JANNA SALLADE
Grove City College
Sophomore

Wyomissing, Pa./Wyomissing H.S.

Sallade placed 12th out of 116 runners at the Carnegie Mellon University Invitational in Pittsburgh with a time of 19:21 on Saturday.

Other nominees included junior **Tiffany Baumgart** of Bethany, freshman **Alexis Orchowski** of Washington & Jefferson, and senior **Nicole Beaver** of Westminster.

PAC CROSS COUNTRY NOTES

Bethany Bison

Both Bison cross country teams had solid showings at the CMU Invitational ... On the men's side, freshman **Ken Hopper** placed 24th overall and second among PAC runners with a time of 28:05 ... The women's team finished seventh as a group and second among the PAC schools ... Top 50 finishes were earned by junior **Tiffany Baumgart** (35th), freshman **Mallory Roadman** (41st) and **Ambler Platek** (47th) ... Both teams will compete in their final tune-up before the PAC Championships by running at the W&J Invitational.

Wash. & Jeff. Presidents

The Washington & Jefferson men's and women's cross country teams competed in the Carnegie Mellon Invitational on Saturday afternoon in Pittsburgh, Pa. ... Both squads competed on an individual basis ... The men's squad was led by senior **Matt Yokitis**, who placed 63rd overall in a time of 29:42 ... Senior **Aaron Sontz** finished 105th (32:57), while freshman **Stephen Schlauch** posted a 107th-place finish in a time of 33:25 ... Freshman **Alexis Orchowski** once again led the women's team with a 57th-place finish in a time of 21:51 ... Washington & Jefferson hosts the W&J Men's and Women's Invitational next Saturday at 10:00 am.

Grove City Wolverines

The Wolverine thinclads placed third at CMU meet Saturday ... **Steve Brown** led Grove City with a 15th-place finish in 133-runner field ... **Nick Gingerich** (30th), **Brad Wray** (33rd), **Dan Adams** (38th) and **Jack Anderson** (43rd) all followed ... Wolverines collected 121 points, trailing just Allegheny and CMU ... Freshman **Elisa Pedersen** led the Lady Wolverines by taking runner-up honors ... Four Lady Wolverines finished in the top 20 ... **Janna Sallade** placed 12th while **Theresa Miller** took 18th ... **Katherine Muse** was 20th and **Deb Bruno** finished 36th in the 116-runner field ... Miller's time of 19:49 is a personal-best.

Waynesburg Yellow Jackets

Waynesburg placed 11th out of 12 teams at the Carnegie Mellon Invitational in cross country action on Saturday ... **Rachel Feldner** recorded the Jackets top time with 21:10 to place 38th out of 116 runners ... Allegheny College won the overall team honors with 29 points, as six Gator runners place in the top ten ... Carnegie Mellon's **Katie Aerni** won the individual honors with a time of 18:29.

Thiel Tomcats

he Thiel cross country teams each competed at the Carnegie Mellon University Invitational last weekend, with the men placing ninth out of the 12 competing teams and the women finishing in eighth in the 12-team field ... Freshmen **Brandon Shemak** and **Ben Wheeler** led the men's squad, with Shemak finishing 51st with a time of 29:19 and Wheeler finishing 80th in 30:29 ... On the women's side, sophomore **MaryBeth Scialabba** finished 26th in 20:26 ... Senior **Erin Rodgers** came in 51st in 21:38.

Westminster Titans

The Westminster cross country teams each competed at the Carnegie Mellon Invitational in Pittsburgh ... The Titan men placed fourth out of 11 teams, while the Lady Titans finished 10th in a 12-team field ... Junior **Sean Gallagher** was the top Titan men's finisher, placing 27th in a 133-runner field in 28:09 ... Other top Titan placers included senior **Dan Beckwith**, who was 29th in 28:18; senior **Bryan Mackrell**, who placed 32nd in 28:26; junior **John Libert**, who finished 41st in 28:49; and sophomore **Marcus Corvino**, who was 42nd in 28:49 ... For the Lady Titans, leading the way was senior **Nikki Beaver** who was 34th in a 116-runner field in 21:06.

Past PAC Men's Runners of the Week

September 1: Ken Hopper, Bethany
September 8: Steve Brown, Grove City
September 15: Brandon Shemak, Thiel
September 22: Ryan Mitchell, Grove City
September 29: Ken Hopper, Bethany
October 6: Brad Wray, Grove City
October 13: Steve Brown, Grove City
October 20:

Past PAC Women's Runners of the Week

September 1: Nicole Beaver, Westminster
September 8: Elisa Pedersen, Grove City
September 15: MaryBeth Scialabba, Thiel
September 22: Elisa Pedersen, Grove City
September 29: Sara Ialongo, Westminster
October 6: MaryBeth Scialabba, Thiel
October 13: Janna Sallade, Grove City
October 20: