



CROSS COUNTRY 2003

Presidents' Athletic Conference
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LAST WEEK'S RESULTS

Friday, October 17

Homecoming Invitational - New Wilmington, Pa.
Westminster, W&J - no team score kept

Saturday, October 18

Waynesburg Invitational - Waynesburg, Pa.

Men's Results (four teams)

2. Thiel (40)

4. Waynesburg (91)

Bethany - individuals only

Women's Results (six teams)

2. Bethany (51)

3. Waynesburg (85)

5. Thiel (108)

California Univ. of Pa. Invitational - California, Pa.

Men's Results (four teams)

2. Grove City

Women's Results (five teams)

2. Grove City

UPCOMING SCHEDULE - Friday, October 31

2003 PAC Championships - New Wilmington, Pa.

Women's Race - 3:30 p.m.

Men's Race - 4:15 p.m.

PAC Men's Cross Country Runner of the Week

KEN HOPPER
Bethany College
Sophomore

Charleston, W.Va./George Washington H.S.

Hopper was the top PAC finisher at the Waynesburg College Invitational on Saturday, as he placed second overall in 29:13.4 to post his fourth Top 10 individual finish of the season.

Also nominated was junior Dan Adams of Grove City.

PAC Women's Cross Country Runner of the Week

RACHEL FELDNER
Waynesburg College
Junior

Zanesville, Ohio/West Muskingum H.S.

Felder won her first collegiate career race by capturing the Waynesburg Invitational with a time of 24:45.15, winning by over eight seconds.

Other nominees included sophomore Mallory Roadman of Bethany, sophomore Elisa Pedersen of Grove City, freshman Bethann Rosenbauer of Washington & Jefferson, and senior Sara Ialongo of Westminster.

PAC CROSS COUNTRY NOTES

Bethany Bison

Bethany had their final tune-up race for the Oct. 31 PAC Championships by competing at the Waynesburg Invitational ... The women took second overall, led by sophomore Mallory Roadman ... She placed second overall with a time of 24:53.75 to pace all BC runners... Senior Tiffany Baumgart grabbed fifth place with a time of 26:02.75 in her best outing of the season... Alexis Rinfret (13th), Kristy McGrew (15th), Amber Platek (16th) and Kelly McGrew (17th) all placed to help the Bison team finish just behind Seton Hill overall... The men's team placed individuals only... Sophomore Ken Hopper finished with a time of 29:13.40 to earn second place overall... Michael Reese (10th) and Matthew Smithbauer (13th) also posted solid outings for the Green and White.

Wash. & Jeff. Presidents

The W&J women's cross country competed in a dual meet at the Westminster Homecoming Invitational on Friday afternoon in New Wilmington, Pa. ... The Presidents were led by freshman Bethann Rosenbauer, who posted a third-place finish in a time of 26:40 ... Freshman Nicole Kennedy finished right behind Rosenbauer in fourth place following a run of 27:02 ... Freshman Bonnie McGill placed eighth (30:45), while junior Christina Lee turned in a ninth-place finish (30:47) ... For the second consecutive week, all four W&J runners recorded season personal-best times ... Washington & Jefferson continues its fall schedule in two weeks as it competes in the Presidents' Athletic Conference Championships hosted by Westminster College on Friday, October 31st.

Grove City Wolverines

Both Grove City teams took second at California University of Pa. last Friday ... Sophomore Elisa Pedersen picked up her first victory of the season with a performance of 23:09 ... It is her sixth straight Top 10 finish this season, also ... Frosh Cara Pierce turned in a PR of 25:52 to take 10th while junior Theresa Miller took 11th ... Megan Skarada (13th) and Alex Anderson (16th) also had Top 20 finishes ... Four members of the men's team finished in the Top 10 as senior Steve Brown led the way with a fourth-place finish ... Dan Adams, Nick Gingerich and Jack Anderson were 8-10, respectively ... Dan Chittick (13th) and Chris Lee (15th) also earned Top 15 honors ... Both Grove City squads are idle this weekend in preparation for the Oct. 31 PAC Championships at Westminster.

Waynesburg Yellow Jackets

Waynesburg hosted its 4th annual home event Saturday, the Waynesburg Invitational ... The Yellow Jackets women captured third place in the race, behind first-place Seton Hill and second-place Bethany, while the Waynesburg men's team placed fourth, 58 points behind first-place Pitt-Greensburg ... Junior Rachel Feldner won her first race of her career, as she clocked in with the top time of 24:45.15 in the women's event beating out Mallory Roadman of Bethany with a time of 24:53.75 ... Freshman Meagan Bugala ran a sixth-place time of 26:23.06, while teammate Sara Linger with a 20th-place time of 27:55.09 ... The top Waynesburg men's runner was Ken Laird, who came in 20th at 34:06.09, followed by Shannon Gottschalk, who came in 21st place at 34:07.46, making up four Jackets in the Top 25.

Thiel Tomcats

The Thiel College men's cross country team finished second and the women's team finished fourth at the Waynesburg Invitational Saturday ... The men's team finished in second with 40 points behind team champion Pitt-Greensburg, who led the way with 33 team points ... Sophomore Dan Hemme ran to a third-place finish with a time of 29:38.28 ... Sophomore Brandon Shemak finished seventh overall with a time of 30:31.21, while sophomore Matt Rowlands placed eighth with a time of 30:32.24 ... On the women's side Thiel finished in fifth place with 108 points ... Seton Hill claimed the team title with 33 points ... Sophomore Jacci Corso was the Tomcats' top runner, placing 18th with a time of 27:38.31 ... Sophomore Jill Turrisi finished 21st with a time of 28:38.12.

Westminster Titans

The Westminster women's cross country team hosted PAC rival W&J for the Homecoming Invitational in New Wilmington this weekend ... No team score was kept for the dual meet, as W&J only ran four individuals ... The Lady Titans posted five of the top seven finishers in the race, led by senior Sara Alongo, who captured her first race of the year with a time of 24:26, 49 seconds ahead of teammate and second-place finisher, junior Felicie Reid (25:15) ... Other Westminster women's times included senior Kacie Zbur, who was fifth in 27:14; sophomore Tiffany Walker, who was sixth in 28:19; and freshman JoAnne Johnston, who placed seventh in 28:47 ... Westminster hosts the 2003 PAC Championships on Friday, Oct. 31 ... The women's race starts at 3:30 p.m., followed by the men's race at 4:15 p.m.

Past PAC Men's Runners of the Week

August 31: Sean Gallagher, Westminster
September 7: Tim Snyder, Westminster
September 14: Steve Brown, Grove City
September 21: Steve Brown, Grove City
September 28: Sean Gallagher, Westminster
October 5: Steve Brown, Grove City
October 12: Nick Gingerich, Grove City
October 19: Ken Hopper, Bethany

Past PAC Women's Runners of the Week

August 31: Mallory Roadman, Bethany
September 7: Mallory Roadman, Bethany
September 14: Mallory Roadman, Bethany
September 21: Elisa Pedersen, Grove City
September 28: Mallory Roadman, Bethany
October 5: Elisa Pedersen, Grove City
October 12: Elisa Pedersen, Grove City
October 19: Rachel Feldner, Waynesburg