



CROSS COUNTRY 2001

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THIS WEEK'S RESULTS - October 20

Waynesburg Invitational - Men

Grove City - 1st place (15)
Bethany - 2nd place (50)

Waynesburg Invitational - Women

Grove City - 1st place (15)
Waynesburg - 2nd place (50)
Bethany - no team score

Geneva Invitational - Men

Westminster - 1st place (20)
Thiel - 3rd place (158)

Geneva Invitational - Women

Westminster - 2nd place (60)
Thiel - 4th place (100)

Washington & Jefferson - idle

NEXT WEEK'S SCHEDULE - October 27

Presidents' Athletic Conference (PAC) Championships - Grove City, Pa.

PAC Men's Runner of the Week

RYAN MITCHELL
Grove City College
Junior

Dayton, Ohio/Centerville H.S.

Mitchell was named PAC Men's Runner of the Week for the fourth time this season after capturing first place out of 31 runners at the Waynesburg Invitational in Waynesburg, Pa. Mitchell posted a time of 27:47 over the eight-kilometer course.

PAC Women's Runner of the Week

JANA SALLADE
Grove City College
Freshman

Wyomissing, Pa./Wyomissing H.S.

Sallade earned PAC Women's Runner of the Week laurels for the second time this season after capturing the individual title at the Waynesburg Invitational in Waynesburg, Pa. Sallade placed first out of 34 runners with a five-kilometer time of 20:06.

PAC CROSS COUNTRY NOTES

Bethany Bison

Bethany placed second in men's competition and had an incomplete women's team score at the Waynesburg Invitational ... Sophomore **Tiffany Baumgart** was Bethany's top runner at Waynesburg, coming in ninth place with a time of 21:55 ... **Matt Donahue** was the men's top runner, finishing 14th.

Wash. & Jeff. Presidents

Both W&J's men's and women's teams were idle this past weekend ... Both teams return to action this weekend at the PAC Championships

Grove City Wolverines

In a final tune-up before next week's league championship meet, the Grove City College men's cross country team posted a perfect score (15) at the Waynesburg College Invitational on Saturday ... Junior **Ryan Mitchell** posted the Wolverines' best time for the fifth week in a row, topping the 31-man field with a time of 27:47, while senior **Josh Bolinger** was second in 28:26 ... The Lady Wolverine cross country team was nothing less than perfect on Saturday, posting the lowest possible score (15) with a sweep of the top five places at Waynesburg College ... Freshman **Jana Sallade** placed first in the field of 34 with a time of 20:00. Senior **Laura Pratt** took second in 20:06.

Waynesburg Yellow Jackets

The Waynesburg women's cross country team placed second in the Waynesburg College Parents Day Invitational; Grove City College captured top honors at the event ... The Invitational was only the second event held at the new Waynesburg College course. Last year, the Jackets hosted the PAC championships ... Sophomore **Sara Linger** finished 12th overall (22.19) to place first among Jacket runners.

Thiel Tomcats

The Thiel men's and women's cross country teams placed third and fourth, respectively, at the Geneva Invitational on Saturday ... Freshman **Matt Rowlands** finished in fifth place at last weekend's Geneva Invitational with a time of 27:39 ... Freshman **MaryBeth Scialabba** earned a seventh place finish at the Geneva Invitational with a time of 20:10, while junior **Erin Rodgers** finished 14th with a time of 21:51.

Westminster Titans

The Westminster men placed first out of four teams at the Geneva College Invitational in Beaver Falls on Saturday, while the Lady Titan harriers placed second out of five teams behind the host Golden Tornadoes ... Titan senior **Jacob Gleason** captured his fifth race in the past six weeks, breaking the 26-minute barrier for the first time in his career with an personal-best 8K time of 25:46 to win by 41 seconds ... Lady Titan senior **Desiree Henry** won her seventh race in eight outings this year with a time of 18:54 to win by 19 seconds.

Past PAC Men's Runners of the Week

September 2: Matt Yokitis, Wash. & Jeff.
September 9: Matt Rowlands, Thiel
September 16: Ryan Mitchell, Grove City
September 23: Matt Rowlands, Thiel
September 30: Robert Sheridan, Bethany
October 7: Ryan Mitchell, Grove City
October 14: Ryan Mitchell, Grove City
October 21: Ryan Mitchell, Grove City

Past PAC Women's Runners of the Week

September 2: Michelle Mantine, Wash. & Jeff.
September 9: Jana Sallade, Grove City
September 16: Laura Pratt, Grove City
September 23: Mary Beth Scialabba, Thiel
September 30: Tiffany Baumgart, Bethany
October 7: Mary Beth Scialabba, Thiel
October 14: Laura Pratt, Grove City
October 21: Jana Sallade, Grove City