



CROSS COUNTRY 2001

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THIS WEEK'S RESULTS - September 15

Notre Dame (OH) Invitational - Men

Westminster - 1st (27)
Grove City - 2nd (35)
Thiel - 5th (132)

Notre Dame (Ohio) Invitational

Grove City - 1st (21)
Westminster - 2nd (53)
Thiel - 4th (100)

Pitt-Johnstown Invitational - Men

Washington & Jefferson - 4th
Bethany - 5th

Pitt-Johnstown Invitational - Women

Washington & Jefferson - 6th
Bethany - Inc.
Waynesburg - n/a

NEXT WEEK'S SCHEDULE - September 22

St. Vincent Invitational

Bethany, Thiel, Washington & Jefferson,
Waynesburg, Westminster

Wooster Invitational

Grove City

PAC Men's Runner of the Week

RYAN MITCHELL
Grove City College

Junior

Dayton, Ohio/Centerville H.S.

Mitchell finished second out of 53 runners with a time of 27:46 on the eight-kilometer course at the Notre Dame (Ohio) College Invitational in South Euclid, Ohio

Other nominees included senior **Matt Donahue** of Bethany, freshman **Matt Rowland** of Thiel, and senior **Joe Henderson** of Washington & Jefferson.

PAC Women's Runner of the Week

LAURA PRATT
Grove City College

Senior

Solon, Ohio/Solon H.S.

Pratt placed second out of 44 runners with a time of 19:53 on the five-kilometer course at the Notre Dame (Ohio) College Invitational at South Euclid, Ohio.

Other nominees included sophomore **Kristy McGrew** of Bethany, **Mary Beth Scialabba** of Thiel, junior **Kim Nowak** of Washington & Jefferson and sophomore Sara Linger of Waynesburg.

PAC CROSS COUNTRY NOTES

Bethany Bison

Bethany placed fifth in men's competition and had an incomplete women's team score at the Pitt-Johnstown Invitational ... Senior **Matt Donahue** was the top male runner for the Bison at Pitt-Johnstown, finishing 17th with a time of 29:17 ... Sophomore **Kristy McGrew** was the top women's finisher, crossing in 15th place with a time of 22:14.

Wash. & Jeff. Presidents

The W&J men placed fourth out of five teams at the Pitt-Johnstown Invitational on Saturday ... The Presidents were once again led by junior **Matt Yokitis**, who placed 12th in a time of 27:57 ... The women's squad placed in sixth place out of six teams at UP-J ... For the second consecutive week, the Presidents were paced by junior **Kim Nowak's** (23:25) 26th-place finish.

Grove City Wolverines

Grove City competed at the Notre Dame (Ohio) Invitational, with the Lady Wolverines winning the four-team events and the Wolverine men placing second out of five teams ... Junior **Ryan Mitchell** and senior **Josh Bolinger** placed second and third, respectively, with times of 27:46 and 28:00 at Notre Dame ... The Lady Wolverines filled placed two through five at NDC, with senior **Laura Pratt** placing second (19:53), senior **Charity Pefferman** third (20:02), senior **Jessica Davenport** fourth (20:10) and freshman **Jana Sallade** fifth (20:11).

Waynesburg Yellow Jackets

The Waynesburg women's cross country team competed at the Pitt-Johnstown Invitational, posting three runners in the top 30 finishers ... Sophomore **Sara Linger** led the way by placing 13th in 22:11, followed by senior **Trisha Pollock** (28th in 23:15) and junior **Chrissy Barnhart** (29th in 23:17) ... Linger finished first among all PAC runners participating in the event.

Thiel Tomcats

Thiel finished fifth in men's competition and fourth in women's competition at the Notre Dame (Ohio) Invitational ... Freshman **Matt Rowland** turned in a personal-best time of 28:55 on Saturday to place 17th ... **Mary Beth Scialabba** has finished in the Top 10 in all three of Thiel's meets this season, finishing as high as third at the Thiel Invitational in 22:03 ... Scialabba placed sixth at Notre Dame in 20:41.

Westminster Titans

The Westminster men captured the five-team Notre Dame Invitational, while the Lady Titans placed second out of four teams ... Senior **Jacob Gleason** captured the individual title at Notre Dame with an eight-kilometer time of 27:36 to win by 10 seconds ... The Titan men placed five other runners among the Top 10 finishers at the event, including sophomore **Sean Gallagher** (4th) and freshman **Brad Zerbe** (5th) ... Lady Titan senior **Desiree Henry** captured her third individual race title in as many weeks at Notre Dame, posting a time of 19:50 to win by three seconds ... Other Top 10 finishers for the WC women were sophomore **Sara lalongo** (9th) and **Kelly Schmidt** (10th).

Past PAC Men's Runners of the Week

September 2: Matt Yokitis, Wash. & Jeff.
September 9: Matt Rowland, Thiel
September 16: Ryan Mitchell, Grove City
September 23:
September 30:
October 7:
October 14:
October 21:

Past PAC Women's Runners of the Week

September 2: Michelle Mantine, Wash. & Jeff.
September 9: Janna Sallade, Grove City
September 16: Laura Pratt, Grove City
September 23:
September 30:
October 7:
October 14:
October 21: