2009-10 PAC Swimming & Diving Release Week 12 - February 9



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2009-10 PAC MEN'S STANDINGS (through February 8)

	PAC	Contest	S	AII	Contest	S
<u>School</u>	W	L	Pct.	W	<u>L</u>	Pct.
Grove City	2	0	1.00	11	2	.846
Westminster	2	1	.667	6	3	.667
Washington & Jefferson	1	2	.333	6	5	.545
Bethany	0	2	.000	1	7	.142
Saint Vincent*				1	8	.111

2009-10 PAC WOMEN'S STANDINGS (through February 8)

	PAC	Contest	S	Α	III Conte	ests	
School	<u>W</u>	<u>L</u>	Pct.	<u>V</u>	<u>V</u> <u>I</u>	Pct.	
Grove City	3	0	1.00	1	2	1 .923	
Westminster	3	1	.750	7	•	3 .700	
Washington & Jefferson	2	2	.500	8	4	4 .667	
Chatham	1	3	.250	7		5 .667	
Bethany	0	3	.000	3	6	.333	
Saint Vincent*				3	6	.333	

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Thursday, February 4, 2010 Grove City 171, Westminster 126* (M) Grove City 176, Westminster 121* (W)

Saturday, February 6, 2010
Bethany at Grove City* - cancelled
PS-Altoona, Saint Vincent at Chatham
- postponed

Sunday, February 7, 2010 Westminster 161, Mount Union 128 (M) Westminster 163, Mount Union 135 (W)

UPCOMING MEET

Thursday- Saturday, February 18-20 2010 PAC Championships *Grove City College - Grove City, Pa.* 2/18-10 a.m. prelims/6 p.m. finals 2/19-10 a.m. prelims/6 p.m. finals 2/20-10 a.m. prelims/5:30 p.m. finals

Men's Swimmer/Diver of the Week

BEN GUTMANN Westminster

Senior Cranberry Twp., Pa. Seneca Valley H.S.

Gutmann accounted for a total of six event wins in two meets last week, including four individual



event wins. In a PAC loss to Grove City on Thursday, he won the 100 (59.43) and 200 (2:10.99) breaststrokes, in addition to swimming a leg of the first-place 400 medley relay (3:32.76). In a non-conference win over Mount Union on Sunday, Gutmann won the 100 (1:00.35) and 200 (2:13.27) breaststrokes as well as swimming a leg of the winning 200 medley relay team (1:39.58).

Also nominated was Grove City sophomore **Kirk Gagliardo**.

Women's Swimmer/Diver of the Week

EMILY DRESSLER Westminster

Senior Hummelstown, Pa. Mount Calvary Christian

Dressler led the Titan women by figuring in on six event wins, including

a team-best three individual event wins in the PAC loss to Grove City on Thursday by capturing the 200 (1:57.21), 500 (5:13.31) and 1,000 (10:49.31) freestyles. She also won the 100 (56.44) and 200 (1:58.96) freestyles in a win over Mount Union on Sunday while also anchoring the first-place 200 medley relay team (1:54.89).

Also nominated was Grove City freshman **Jenny Ryan**.

PAC Swimming & Diving 2009-10 - Week 12 Conference Notes

GCC SWEEPS WC: Heavy snowfall wreaked havoc on the last part of the the PAC swim schedule...A tri-match at Chatham, as well as the Bethany/Grove City meets were cancelled...While it may be cold outside, on Friday, the rivalry between Grove City and Westminster sparked again, with the Wolverines sweeping the match...PAC teams have two weeks to prep for the PAC Championships later this month.

NEWS & NOTES: In two meets last week, the Titans won a combined 31 events (14 men, 17 women)...The Grove City women's team set a new single-season program record with 13 victories this year... Last year, Grove City went 12-3 to set the previous record ... Grove City will host the PAC Championships in conjunction with the GCC Invitational on Thurs.-Sat.., February 18-20 in the James Longnecker Competition Pool.

AROUND THE LEAGUE: Westminster's Caitlin Lehberger continues to have a strong season, as she was the only Titan to win three individual events against Mount Union (100, 200 breaststrokes and 200 individual medley...Her times in the 100 and 200 breaststrokes were also NCAA provisional qualifying "B" cut times... Grove Kyle Grubbs, Kirk Gagliardo and Alex Mathews all notched two wins each for Grove City on the men's side.

Bethany Bison (M: 1-7, 0-2 PAC; W: 3-6, 0-3 PAC)

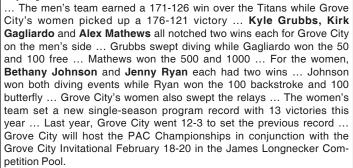
Bethany's final regular season meet, scheduled for Saturday at Grove City, was canceled due to the weather ... The meet will not be made up, meaning the Bison will now focus on preparing for the 2010 PAC Championships/Grove City Invitational, scheduled for Feb. 17-20.

Chatham Cougars (W: 7-5, 1-3 PAC)

The Cougars' tri-meet against visiting St. Vincent College and Penn State Altoona, scheduled for Saturday, February 6th, was cancelled due to severe weather conditions and has not been rescheduled.

Grove City Wolverines (M: 11-2, 2-0 PAC; W: 13-1, 3-0 PAC)

The Grove City College men's and women's swimming and diving teams concluded the regular season Thursday night with wins over conference rival Westminster



Saint Vincent Bearcats (M: 1-7; W: 2-6)

The Lady Bearcats were scheduled to take on both Chatham and Penn State-Altoona on Saturday, while the Bearcat men were to face PSU-Altoona, but saw the event canceled due to the major snow event. The meets will not be rescheduled, and both Bearcat teams will be off until the PAC Championships at Grove City College Feb. 18-20th.

Washington & Jefferson Presidents (M: 6-5, 1-2 PAC; W: 8-4, 2-2 PAC)

Washington & Jefferson College has 19 days between its last dual meet of the season (Hiram Jan. 30) and the start of the PAC Championships (Feb. 18).



Westminster Titans (M: 6-3, 2-1 PAC; W: 7-3, 3-1 PAC)

Westminster wrapped up its dual meet season with two meets last week that saw the Titans losing at home to Grove City in a showdown



between the only two men's and two women's teams in the PAC with undefeated league records...The Titan men lost 171-126 and the Titan women lost 176-21...Westminster captured 13 events (6 women's, 7 men's), led by **Emily Dressler** of the women's team capturing three events, the 200 (1:57.21), 500 (5:13.31) and 1,000 (10:49.31) freestyles... Senior **Ben Gutmann** won two individual events, the 100 (59.43) and 200 (2:10.99) breaststrokes, in addition to swimming a leg of the first-place 400 medley relay (3:32.76)...Westminster then swept Mount Union on the road Sunday with the men winning 161-128 and the women prevailing 163-135...Westminster won 18 events (8 men's, 10 women's). Sophomore **Caitlin Lehberger** was the only Titan to win three individual events, as she touched first in the 100 (1:07.37) and 200 (2:26.37) breaststrokes as well as the 200 individual medley (2:10.94)...Her times in the 100 and 200 breaststrokes were also NCAA provisional qualifying "B" cut times.

Bethany Bison M: 1-7, 0-2 PAC W: 3-6, 0-3 PAC

Chatham Cougars W: 7-5, 0-3 PAC

Grove City Wolverines M: 11-2, 2-0 PAC W: 13-1, 3-0 PAC

MEN

<u>MEN</u>		
Oct. 24	at Pitt-Bradford Relay	s 5th/5
Oct. 31	at Penn State-Behren	d L, 56-86
Nov. 7	HIRAM	L, 87-93
Nov. 14	WESTMINSTER*	L, 58-104
Dec. 5	at Penn State-Altoona	L, 55,120
Jan. 13	at Wash. & Jeff.*	L, 72-122
Jan. 16	SAINT VINCENT*	L, 90-110
Jan. 20	FROSTBURG STATE	L, 43-118
Jan. 30	at Urbana	W, 66-58
Feb. 6	at Grove City*	cancelled

WOMEN		
Oct. 30	at Westminster Rela	ays 4th/6
Oct. 31	at Westminster* L,	129.5-152.5
Nov. 7	JUNIATA	W, 224-44
Nov. 7	SWEET BRIAR	W, 176-112
Nov. 7	P.SALTOONA	W, 228-52
Nov. 11	at Wash. & Jeff.*	L, 99-123
Nov. 13	at Hiram	W, 135-103
Nov. 24	GROVE CITY*	L, 97-132
Jan. 22	PSU-BEHREND	W, 115-103
Jan. 23	BETHANY*	W, 146-73
Jan. 30	Vulcan Challenge	3rd/4
	vs. Lock Haven	L, 38-91
	vs. California (Pa.)	L, 56-73
	vs. Mansfield	W, 113-28
Feb. 6	SAINT VINCENT*	ppd.
Feb. 6	PENN STALTOON	A ppd.

IVILIV		
Oct. 25 Oct. 31 Nov. 14 Nov. 20 Nov. 21 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 30 Feb. 4	at Clarion Fall Class at Allegheny CARNEGIE MELLOI at Saint Vincent* W at Kenyon Quad LONGNECKER INV at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREN WOOSTER at Westminster*	W, 135-101 N L 124-176 137.5-123.5 1st/4 ITE 1st/5 W, 144-119 W, 154-125 L, 124-158 W, 121-16 ID W, 82-58 W, 172-122 W, 171-126
Feb. 6	BETHANY*	cancelled
WOMEN Oct. 25 Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 30 Feb. 4 Feb. 6	at Clarion Fall Class at Allegheny CARNEGIE MELLOI at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INV at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREN WOOSTER at Westminster BETHANY*	W, 136-104 NW 158-138 W, 143-107 1st/4 W, 132-97 ITE 1st/9 W, 143-136 W, 148-141 L, 119-167 W, 86-30

Oct. 24 at Pitt-Bradford Relays at Penn State-Behrend L, 79-97 Oct. 31 L, 111-125 Nov. 7 HIRAM Nov. 14 WESTMINSTER* L, 78-104 Dec. 5 at PSU-Altoona W, 108-98

WOMEN

Jan. 13 at Wash. & Jeff.* L, 99-143 Jan. 16 SAINT VINCENT* L, 114-115 Jan. 20 FROSTBURG ST. W, 93.5-72.5

Jan. 23 at Chatham* L, 73-146 Jan. 30 at Urbana W, 93-65 Feb. 6 at Grove City* cancelled

Saint Vincent Bearcats M: 0-7 W: 2-6

Wash. & Jeff. Presidents M: 6-5, 1-2 PAC W: 8-4, 2-2 PAC

at Frostburg State

at Westminster*

Grove City

Dec. 4-5 at GCC Longnecker Invit. 2nd/5 SAINT VINCENT*

Kenyon

Nov. 21 Case Western

Jan. 13 BETHANY*

Jan. 16 at Grove City*

at Baldwin-Wallace W, 175-125

W, 116-80

L, 118-176

L, 128-169

L, 104-180

W 122-72

L, 125-154

L, 76.5-221.5

W, 125-96

MEN Nov. 4

Nov. 14

Jan. 9

Westminster Titans M: 6-3, 2-1 PAC W: 7-3, 3-1 PAC

MEN		
Oct. 25	WHEELING JESUIT	L, 118-133
Nov. 7	at Penn StBehrend	L, 51-168
Nov. 7	vs. Baldwin-Wallace	L, 64-169
Nov. 13	GROVE CITY* L,	123.5-137.5
Dec. 4-6	at Fredonia State Inv	ite 6th/10
Dec. 12	at Mount Union	L, 97-160
Jan. 9	at Wash. & Jeff.*	L, 96-125
Jan. 16	at Bethany*	W, 110-90
Jan. 23	W.VA. WESLEYAN	L, 109-139
Jan. 30	WESTMINSTER*	L, 101-140
Feb. 6	at Penn StAltoona	ppd.
14/01/51		

Jan. 23	PSU-BEHREND	W, 182-112
Jan. 30	HIRAM	W, 131-103
WOMEN		
Nov. 4	at Frostburg State	W, 106-86
Nov. 11	CHATHAM*	W, 123-99
Nov. 14	at Baldwin-Wallace	W, 134-103
Nov. 18	at Westminster*	L, 127-170
Nov. 21	Kenyon L,	143.5-146.5
	Grove City	L, 128-171
	Case Western	W, 153-144
Dec. 4-5	at GCC Longnecker	Invit. 2nd/9
Jan. 9	SAINT VINCENT*	W, 129-100
Jan. 13	BETHANY*	W, 143-99
Jan. 16	at Grove City*	L, 141-148
Jan. 23	PSU-BEHREND	W, 159-119
Jan. 30	HIRAM	W, 158-113

<u>MEN</u>		
Oct. 24	at Clarion Fall Clas	ssic 3rd/4
Oct. 30	WC RELAY CARNIN	/AL 3rd/5
Nov. 7	ALLEGHENY	W, 148-145
Nov. 14	at Bethany*	W, 104-58
Nov. 18	WASH. & JEFF.*	W, 176-118
Nov. 21	WOOSTER	L, 143-153
Dec. 3-5	at Wooster Invite	5th/10 (964)
Jan. 9	at Rollins	W, 109-77
Jan. 23	CARNEGIE MELLO	DNL, 110-181
Jan. 30	at Saint Vincent*	W, 140-101
Feb. 4	GROVE CITY*	L, 126-171
Feb. 6	at Mount Union	W, 161-128
VALORATERI		

Feb. 4 Feb. 6	GROVE CITY* at Mount Union	L, 126-171 W, 161-128
WOMEN Oct. 24 Oct. 30 Oct. 31 Nov. 7 Nov. 14 Nov. 18 Nov. 21 Dec. 3-5 Jan. 9 Jan. 23 Jan. 30 Feb. 4 Feb. 6	at Clarion Fall Cl WC RELAY CARN CHATHAM* ALLEGHENY at Bethany* WASH. & JEFF.* WOOSTER at Wooster Invite at Rollins CARNEGIE MELI at Saint Vincent* GROVE CITY* at Mount Union	IIVAL 3rd/6 W, 152.5-129.5 W, 160-133 W, 104-78 W, 170-127 L, 128-169 5th/10 (828) W, 125-61