2009-10 PAC Swimming & Diving Release Week 3 - November 9



Presidents' Athletic Conference

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2009-10 PAC MEN'S STANDINGS (through November 8)

	PAC Contests		I	All Contests			
<u>School</u>	<u>W</u>	L	Pct.	7	N	L	Pct.
Grove City	0	0	.000	1		0	1.00
Washington & Jefferson	0	0	.000	1		0	1.00
Westminster	0	0	.000	1		0	1.00
Bethany	0	0	.000	0)	2	.000
Saint Vincent*				()	3	.000

2009-10 PAC WOMEN'S STANDINGS (through November 8)

	PAC Contests		All Contests			
<u>School</u>	W	L	Pct.	W	L	Pct.
Westminster	1	0	1.00	2	0	1.00
Grove City	0	0	.000	1	0	1.00
Washington & Jefferson	0	0	.000	1	0	1.00
Bethany	0	0	.000	0	2	.000
Chatham	0	1	.000	3	1	.750
Saint Vincent*				1	2	.333

* - NCAA Division III provisional member - not eligible for 2008 PAC championship or player of the week honors

LAST WEEK

Wednesday, November 4, 2009 Wash. & Jeff. 116, FROSTBURG ST. 80 (M) Wash. & Jeff. 106, FROSTBURG ST. 86 (W)

Saturday, November 7, 2009

CHATHAM 224, Juniata 44 (W) CHATHAM 176, Sweet Briar 112 (W) CHATHAM 228, Penn St.-Altoona 52 (W) WESTMINSTER 148, Allegheny 145 (M) WESTMINSTER 160, Allegheny 133 (W) Hiram 93, BETHANY 87 (M) Hiram 125, BETHANY 87 (M) P.S.-BEHREND 168, Saint Vincent 51 (M) Baldwin-Wallace 169, Saint Vincent 64 (M) P.S.-BEHREND 114, Saint Vincent 104 (W) Saint Vincent 148, Baldwin-Wallace 66 (W)

THIS WEEK

Wednesday, November 11, 2009 Chatham at Wash. & Jeff.* - 6 p.m.

Friday, November 13, 2009 Grove City at Saint Vincent* - 6 p.m.

Saturday, November 14, 2009 Westminster at Bethany* - 1 p.m. Carnegie Mellon at Grove City* - 1 p.m. Wash. & Jeff. at Baldwin-Wallace - 1 p.m.

Men's Swimmer/Diver of the Week

BRETT GERTHOFFER Westminster Senior Pittsburgh, Pa. Shaler H.S.



Gerthoffer was a triple winner for the Titans pon Saturday, as

Westminster opened dual meet action by edging non-conference opponent Allegheny 148-145. He touched first in both the 500 (5:03.36) and 1000 freestyle (1);24.54) events, while also leading off for the victorious 400 freestyle relay squad (3:23.04) which clinched the team dual victory in the decisive final event.

Also nominated was freshman **Vincenzo Giangiulio** of Bethany, and sophomore **Keyton Kalakewich** of Washington & Jefferson.

Women's Swimmer/Diver of the Week

CHELSEA MUMMERT Chatham

Junior York, Pa. Central York H.S.



Mummert won three individual events to earn Co-MVP honors at the

four-team Chatham Invitational Saturday. She touched first in the 500 and 1000 freestyle events as well as the 200 backstroke, while also anchoring the victorious 400 free relay squad for the Cougars, who went 3-0 at the quad event.

Also nominated was senior **Desiree Finley** of Bethany, junior **Chrissy Brant** of Washington & Jefferson, and senior **Emily Dressler** of Westminster.

PAC Swimming & Diving 2009-10 - Week 3 Conference Notes

PAC TEAMS POST SOLID WEEK: PAC swimming & diving squads posted a solid week of non-league action ... After W&J opened the week with a sweep at Frostburg State on Wednesday, Saturday saw Chatham go 3-0 at its invitational, while Westminster swept Allegheny ... Saint Vincent was swept by Behrend but split with Baldwin-Wallace in a tri-meet in Erie... Bethany was swept at home by Hiram. **NEWS & NOTES:** Chatham's **Selina Breiner** tied teammate Chelsea Mummert as MVP at the Chatham Invitational Saturday ... The Saint Vincent women were led at Behrend by **Katie Custer**, who tallied first-place finishes in both the 50 and 100 Free, while the SVC men saw **Zack Krejdovsky** win the 1000 freestyle in 11:04.62 ... W&J's **Chrissy Brant** won the 100 backstroke while swimming a leg for the 200 free relay victors at Frostburg State. AROUND THE LEAGUE: Senior Brett Gerthoffer won the 500 (5:03.36) and 1,000 (10:24.54) freestyle events to help Westminster edge Allegheny, as the Titans posted the top two spots in the final relay to clinch the win ... Freshman Vincenzo Gianguilio swept both diving events for Bethany against Hiram, while senor Desiree Finley led four Bison winners against the Terriers by touching first in the 50 breaststroke (36.17).

Bethany Bison (M: 0-2, 0-0 PAC; W: 0-2, 0-0 PAC)

The Bethany swimming and diving teams hosted Hiram in their first home meets of the season Saturday and the Terriers came away with a 125-111

victory on the women's side and a 93-87 win on the men's ... The Bison women collected four first place finishes during the meet, highlighted by senior Desiree Finley winning the 50 breaststroke in 36.17 ... Another first was earned on the one-meter diving board, where senior Anna Koller scored 111.90 to capture the event ... Also scoring first place points for Bethany was sophomore Lindsey Arnold in the 100 Fly with a career-best time of 1:08.10, while freshman Theresa Smith took first in the 50 Free in 28.48 ... Other strong performances came from Smith in the 100 Free with a second-place finish (1:02.30), Finley getting touched out at the wall by two Hiram exhibition swimmers in the 100 Breast (1:21.55) and Arnold placing a close third in the 50 Fly (29.94) ... Earning top point totals for the men was freshman Vincenzo Giangiulio, who won both diving events with scores of 135.20 in onemeter competition and 147.75 on the three-meter board ... In the pool, freshman Andrew Masterson was credited with first in the 500 Free with a time of 5:37.41, senior Richard Sawver was awarded first place points in the 50 Fly (27.12) and senior Patrick McCarthy swam the 50 Breast in 33.89 for top points.

Grove City Wolverines (M: 1-0, 0-0 PAC; W: 1-0, 0-0 PAC)



The Grove City College swimming and diving teams return to action Saturday by hosting Carnegie Mellon in the 2009-10 home opener ... Grove City did not compete last

week \ldots The Wolverines will open the conference schedule November 20 at Saint Vincent.

Chatham Cougars (W: 3-1, 0-1 PAC)



Chatham hosted the 4th annual Chatham Invitational this weekend against visiting Juniata College, Sweet Briar

College, and University of Penn State Altoona ... The Cougars earned three non-conference victories against each of their three opponents in the invitational, with junior **Chelsea Mummert** and sophomore **Selina Breiner** tying for the award of Most Valuable Swimmer ... Chatham won both the 400 medley and the 400 freestyle relay yesterday, setting current season bests in each ... Mummert and Breiner were each triple winners at the event, and four Cougars contributed double wins in the team's three victories in the invitational.

Saint Vincent Bearcats (M: 0-3; W: 1-2)

Both Bearcat swimming teams took part in a tri-meet in Erie on Saturday afternoon, facing host Penn State-Behrend along with Baldwin Wallace ... The Lady Bearcats split on the day, falling to PSU-Behrend and

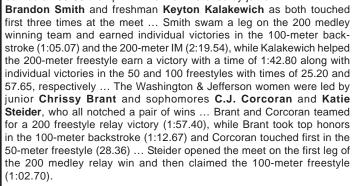


defeating Baldwin Wallace, while the Bearcat men were beaten by both opponents ... The Lady Bearcats were led on the day by **Katie Custer**, who tallied first-place finishes in both the 50 and 100 freestyle ... **Jess Kennedy** finished first in the 200 freestyle, while **Mary Kate Kenna** took first in the 200 breaststroke ... Kennedy, Custer, **Maggie Dempsey**, and **Amanda Haile** teamed up for a first-place finish in the 200 Free Relay ... **Zack Krejdovsky** earned the sole first-place finish for the Bearcat men, winning the 1000 freestyle with a time of 11:04.62, while **Dan Kostovny** took second in the 200 breaststroke, timed in 2:25.95.

Washington & Jefferson Presidents (M: 1-0, 0-0 PAC; W: 1-0, 0-0 PAC)



The Washington & Jefferson College men's and women's swimming & diving teams opened the 2009-10 season at Frostburg State (Md.) on Wednesday, November 4th ... The men collected a 116-80 victory, while the women earned a 106-66 triumph ... The men were led by junior



Westminster Titans (M: 1-0, 0-0 PAC; W: 2-0, 1-0 PAC)

The Westminster College men's and women's

swimming and diving teams both defeated visit-

W

ing Allegheny on Saturday in a non-conference dual meet at the Westminster Natatorium ... The Titan women won 160-133, while the Titan men came away with a 148-145 victory ... The Titan women won 10 events and the Titan men captured eight ... Senior **Emily Dressler** took the 200- (2:00.32), 500- (5:24.01) and 1,000-yard (11:06.08) freestyle races to lead the Titan women ... Sophomore **Caitlin Lehberger** touched first in the 100 freestyle (54.84) and the 200 IM (2:13.17), while junior **Courtney Herdt** won the 100 (1:08.48) and 200 (2:29.33) breaststroke events ... On the men's side, senior **Brett Gerthoffer** won the 500 (5:03.36) and 1,000 (10:24.54) freestyles ...

Gerthoffer won the 500 (5:03.36) and 1,000 (10:24.54) freestyles ... Freshman **Nathaniel Kronenwetter** won both of his diving events, including the 1 meter (179.90 points) and the 3 meter (181.80).

Bethany Bison M: 0-2, 0-0 PAC W: 0-2, 0-0 PAC

MEN

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L 56-86
Nov. 7	HIRAM	L 87-93
Nov. 14	WESTMINSTER*	1 p.m.
Dec. 5	at Penn State-Altoona	1 p.m.
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-2	20 - PAC Championships	(GCC)
<u>WOMEN</u>		

Oct. 24	at Pitt-Bradford Relays	5th/5
Oct. 31	at Penn State-Behrend	L 79-97
Nov. 7	HIRAM L	111-125
Nov. 14	WESTMINSTER*	1 p.m.
Dec. 5	at Penn State-Altoona	1 p.m.
Jan. 13	at Wash. & Jeff.*	6 p.m.
Jan. 16	SAINT VINCENT*	1 p.m.
Jan. 20	FROSTBURG STATE	6 p.m.
Jan. 23	at Chatham*	1 p.m.
Jan. 30	at Urbana	2 p.m.
Feb. 6	at Grove City*	1 p.m.
Feb. 18-2	20 - PAC Championships	(GCC)

Chatham Cougars W: 3-1, 0-1 PAC

WOMEN

VVOIVIEIN			
Oct. 30	at Westminster R	elays	4th/6
Oct. 31	at Westminster*	L 129.5-	152.5
Nov. 7	JUNIATA	W 22	24-44
Nov. 7	SWEET BRIAR	W 176	5-112
Nov. 7	P.SALTOONA	W 22	28-52
Nov. 11	at Wash. & Jeff.*	7	p.m.
Nov. 13	at Hiram	6	p.m.
Nov. 24	GROVE CITY*	7	p.m.
Jan. 22	PENN STBEHRE	END 7	p.m.
Jan. 23	BETHANY*	1	p.m.
Jan. 29-3	80 - at Cal (Pa.) Vul	Ican Chal	lenge
Feb. 6	SAINT VINCENT*	1	p.m.
Feb. 6	PENN STALTOO	NA 1	p.m.
Feb. 18-2	20 - PAC Champior	ships (G	CC)

Grove City Wolverines M: 1-0, 0-0 PAC W: 1-0, 0-0 PAC

MEN Oct. 25 Oct. 31 Nov. 14 Nov. 20 Nov. 21 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 29 Jan. 30 Feb. 6 Feb. 18-2	at Clarion Fall Classic at Allegheny W CARNEGIE MELLON at Saint Vincent* at Kenyon Quad LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREND WOOSTER at Westminster* 20 - PAC CHAMPIONSHIF	1 p.m. 1 p.m. 1 p.m. 6 p.m. 6 p.m. 1 p.m. 6 p.m.
WOMEN Oct. 25 Oct. 31 Nov. 14 Nov. 20 Nov. 21 Nov. 24 Dec. 4-5 Dec. 12 Jan. 16 Jan. 23 Jan. 29 Jan. 29 Jan. 30 Feb. 6 Eab. 18-2	at Clarion Fall Classic at Allegheny W CARNEGIE MELLON at Saint Vincent* at Kenyon Quad at Chatham* LONGNECKER INVITAT at Hiram WASH. & JEFF.* at Denison PITT-BRADFORD PENN STBEHREND WOOSTER at Westminster* 20 - PAC CHAMPIONSHIE	1 p.m. 1 p.m. 1 p.m. 6 p.m. 6 p.m. 1 p.m. 6 p.m.

Saint Vincent Bearcats
M: 0-3
W: 1-2Wash. & Jeff. Presidents
M: 1-0, 0-0 PAC
W: 1-0, 0-0 PAC

<u>MEN</u>

Oct. 25	WHEELING JESUIT	L 118-133		
Nov. 7	at Penn StBehrend	L 51-168		
Nov. 7	vs. Baldwin-Wallace	L 64-169		
Nov. 13	GROVE CITY*	6 p.m.		
Dec. 4-6	at Fredonia State Invi	tational		
Dec. 12	at Mount Union	1 p.m.		
Jan. 9	at Wash. & Jeff.*	1 p.m.		
Jan. 16	at Bethany*	1 p.m.		
Jan. 23	W.VA. WESLEYAN	1 p.m.		
Jan. 30	WESTMINSTER*	1 p.m.		
Feb. 6	at Penn StAltoona	1 p.m.		
Feb. 18-20 - PAC Championships (GCC)				

<u>WOMEN</u>

<u></u>			
Oct. 25	WHEELING JESUIT	L 110-144	
Nov. 7	at Penn StBehrend	L 104-114	
Nov. 7	vs. Baldwin-Wallace	W 148-66	
Nov. 13	GROVE CITY*	6 p.m.	
Dec. 4-6	at Fredonia State Invi	tational	
Dec. 12	at Mount Union	1 p.m.	
Jan. 9	at Wash. & Jeff.*	1 p.m.	
Jan. 16	at Bethany*	1 p.m.	
Jan. 23	W.VA. WESLEYAN	1 p.m.	
Jan. 30	WESTMINSTER*	1 p.m.	
Feb. 6	at Chatham*	1 p.m.	
Feb. 18-20 - PAC Championships (GCC)			

MEN		
Nov. 4	at Frostburg State	W 116-80
Nov. 14	at Baldwin-Wallace	1 p.m.
Nov. 18	at Westminster*	6 p.m.
Nov. 21	at Kenyon Quad	1 p.m.
Dec. 4-5	at GCC Longnecker Ir	ivit.
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN STBEHREND	1 p.m.
Jan. 30	HIRAM	1 p.m.
Feb. 18-2	20 - PAC Championship	os (GCC)

<u>WOMEN</u>

Nov. 4	at Frostburg State	W 106-86
Nov. 11	CHATHAM*	7 p.m.
Nov. 14	at Baldwin-Wallace	1 p.m.
Nov. 18	at Westminster*	6 p.m.
Nov. 21	at Kenyon Quad	1 p.m.
Dec. 4-5	at GCC Longnecker In	nvit.
Jan. 9	SAINT VINCENT*	1 p.m.
Jan. 13	BETHANY*	6 p.m.
Jan. 16	at Grove City*	1 p.m.
Jan. 23	PENN STBEHREND) 1 p.m.
Jan. 30	HIRAM	1 p.m.
Feb. 18-2	20 - PAC Championshi	ps (GCC)

Westminster Titans M: 1-0, 0-0 PAC W: 2-0, 1-0 PAC

MEN		
Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/5
Nov. 7	ALLEGHENY W	148-145
Nov. 14	at Bethany*	1 p.m.
Nov. 18	WASH. & JEFF.*	6 p.m.
Nov. 21	WOOSTER	1 p.m.
Dec. 3-5	at Wooster Invitational	
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
Feb. 6	at Mount Union	1 p.m.
Feb. 18-2	20 - PAC Championships	(GCC)

WOMEN

Oct. 24	at Clarion Fall Classic	3rd/4
Oct. 30	WC RELAY CARNIVAL	3rd/6
Oct. 31	CHATHAM* W 152	2.5-129.5
Nov. 7	ALLEGHENY W	160-133
Nov. 14	at Bethany*	1 p.m.
Nov. 18	WASH. & JEFF.*	6 p.m.
Nov. 21	WOOSTER	1 p.m.
Dec. 3-5	at Wooster Invitational	
Jan. 9	at Rollins	2 p.m.
Jan. 23	CARNEGIE MELLON	1 p.m.
Jan. 30	at Saint Vincent*	1 p.m.
Feb. 4	GROVE CITY*	6 p.m.
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