



CROSS COUNTRY 2002

Presidents' Athletic Conference
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LAST WEEK'S RESULTS - September 7

Thiel College Invitational

Men's Results

2. Westminster	48
5. Bethany	144
6. Washington & Jefferson	180
7. Thiel	188

Women's Results

3. Westminster	77
5. Thiel	121
6. Bethany	131
7. Waynesburg	202

Washington & Jefferson - individual only

Case Western Reserve University Invitational

Men's Results

Grove City - 8th of 14 teams

Women's Results

Grove City - 3rd of 14 teams

THIS WEEK'S SCHEDULE - September 14

Bethany, Waynesburg

at Pitt-Johnstown Invitational

Grove City, Westminster

at Penn State-Behrend Invitational

Thiel

at Notre Dame (Ohio) Invitational

PAC Men's Cross Country Runner of the Week

STEVE BROWN
Grove City College
Junior

Lancaster, Pa./Manheim Township H.S.

Brown placed 13th out of 150 runners with a time of 27:59 to lead the Wolverines to an eighth-place team finish at the 14-team Case Western Reserve Invitational in Cleveland.

Other nominees included freshman **Ken Hopper** of Bethany, senior **Matt Yokitis** of Washington & Jefferson and junior **Sean Gallagher** of Westminster.

PAC Women's Cross Country Runner of the Week

ELISA PEDERSON
Grove City College
Freshman

Santa Rosa, Calif./Montgomery H.S.

In her first collegiate race, Pederson placed second out of 141 runners with a time of 19:29 to lead the Lady Wolverines to a third-place team finish at the 14-team Case Western Reserve Invitational in Cleveland.

Other nominees included junior **Tiffany Baumgart** of Bethany, sophomore **MaryBeth Scialabba** of Thiel, freshman **Alexis Orchowski** of Washington & Jefferson and junior **Sara Ialongo** of Westminster.

PAC CROSS COUNTRY NOTES

Bethany Bison

Both Bethany teams posted solid efforts at the Thiel Invitational Saturday ... The men finished fifth, led by freshman **Ken Hopper**, who placed seventh overall with a time of 28:58 ... Two more freshmen placed in the top 30, including **Kevin McGann** (25th) and **Mike Reese** (27th) ... On the women's side, the Bison claimed sixth place ... Junior **Tiffany Baumgart** was the top runner for Bethany, crossing in 15th place (27:02) ... Freshman **Mallory Roadman** was just behind Baumgart in 16th place, just six seconds off ... Freshman **Alexis Rimfred** gave the Bison three top 25 performances with a 24th place finish.

Wash. & Jeff. Presidents

The W&J men's squad was led at Thiel by senior **Matt Yokitis**, who finished 21st with a time of 30:25 ... Fellow senior **Aaron Sontz** placed 35th overall (32:59), while junior **Byron Johnson** finished close behind in 36th place (33:01) ... The W&J women competed on an individual basis due to a small squad, however, freshman **Alexis Orchowski** improved upon her 21st-place showing last week at Muskingum by finishing 17th overall in a time of 27:13.

Grove City Wolverines

GCC opened season with solid performances in both events at Case Western Reserve ... Freshman **Elisa Pedersen** led the Lady Wolverines with a second-place finish (19:29) while sophomore **Janna Sallade** placed seventh (19:44), helping Grove City finish third ... **Katherine Muse** added a 23rd-place arrival in 22:38 ... On the men's side, junior **Steve Brown** came home 13th in 27:59 while senior **Ryan Mitchell** was 17th in 28:09.

Waynesburg Yellow Jackets

Chrissy Barnhart was Waynesburg's top finisher in the Thiel College Cross Country Invitational on Sept. 7 ... Barnhart recorded a time of 28:23 to place 26th overall to lead the Yellow Jackets to a seventh place finish in the nine-team field ... Freshman **Michelle Thompson** trailed Barnhart by 19 seconds with a time of 28:42 to finish 31st overall ... Waynesburg's top runner from last week, sophomore **Rachel Feldner**, was plagued by an injury in the first half mile of the race.

Thiel Tomcats

The Thiel College men's and women's cross country squads hosted the Thiel College Invitational last Saturday ... The men finished 7th with 188 points, while the women took 5th with 121 points ... Freshman **Ben Wheeler** was the top runner on the men's side, finishing in 31st place with a time of 31:56 ... Freshman **Brandon Shemack** finished in 39th place with a time of 33:14 ... Sophomore **MaryBeth Scialabba** was the top Tomcat women's performer, placing fourth with a time of 25:36, setting a new school mark with her finish ... Junior **Mayumi Sasaki** finished in 22nd place (27:46), followed by freshman **Jacci Corso** who placed 25th with a time of 28:11.

Westminster Titans

The Westminster cross country teams each competed at the nine-team Thiel Invitational, with the men placing second and the women finishing third ... The Titan men placed a pair of runners in the top six overall, as junior **Sean Gallagher** led all PAC runners with a fourth place finish in 28:44 and senior **Dan Beckwith** finished sixth in 28:50 ... The Lady Titan harriers placed two runners in the top eight overall, as junior **Sara Ialongo** placed sixth in 26:10 and senior **Nicole Beaver** was eighth in 26:34.

Past PAC Men's Runners of the Week

September 1: Ken Hopper, Bethany
September 8: Steve Brown, Grove City
September 15:
September 22:
September 29:
October 6:
October 13:
October 20:

Past PAC Women's Runners of the Week

September 1: Nicole Beaver, Westminster
September 8: Elisa Pederson, Grove City
September 15:
September 22:
September 29:
October 6:
October 13:
October 20: