



CROSS COUNTRY 2007

Presidents' Athletic Conference
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RECENT RESULTS

Saturday, September 8, 2007

Bud Creamer Memorial Invitational - Wheeling, W.Va.

Men (3 teams)

3. Bethany

Women (3 teams)

2. Bethany

Ursinus Invitational - Collegetown, Pa.

Men (8 teams)

3. Washington & Jefferson

Women (8 teams)

4. Washington & Jefferson

California University of Pa. Invitational - California, Pa.

Men (8 teams)

1. Grove City (46)

7. Westminster (252)

8. Waynesburg (259)

Women (8 teams)

1. Grove City (59)

3. Saint Vincent (158)

4. Waynesburg (164)

6. Westminster (268)

Hanover Classic - Hanover, Ind.

Men (12 teams)

11. Thomas More

Geneva, Saint Vincent (M), Thiel - off

UPCOMING EVENTS

Friday, September 14, 2007

Notre Dame Catholic Invitational - South Bend, Ind. - 4:15 p.m.

Saint Vincent

Saturday, September 15, 2007

IUP Invitational - Indiana, Pa. - 11 a.m.

Geneva

Penn State-Behrend Invitational - Erie, Pa. - 11 a.m.

Thiel, Westminster

Berea Invitational - Berea, Ky.

Thomas More

Marietta Invitational - Marietta, Ohio

Bethany

Grove City, Washington & Jefferson, Waynesburg - off

PAC Men's Runner of the Week

DAN SPAULDING

Grove City

Junior

Rochester, N.Y.

Churchville-Chili H.S.



Spaulding captured the invitational title at the California (Pa.) Invitational Saturday, covering the 8K course in 27:36.20 to best 77 other runners, including numerous Division II runners. He helped lead the Wolverines to the team title as well.

*Also nominated was freshman **Clifford Arbogast** of Bethany, senior **Matthew Rudzki** of Washington & Jefferson, senior **Tim Monaghan** of Waynesburg, and sophomore **Jeremiah Patterson** of Westminster.*

PAC Women's Runner of the Week

KRISTEN CARTER

Grove City

Junior

Bellingham, Wash.

Bellingham H.S.



Carter captured the award for the second straight week after finishing second out of 107 runners (first among Division III runners) at the California (Pa.) Invitational last weekend. She was just six seconds behind the D-II winner and 1:27 ahead of the third-place finisher. She also led the Wolverines to the team title.

*Also nominated was freshman **Suzanne Stettinius** of Bethany, junior **Erin Long** of Washington & Jefferson, junior **Megan Grover** of Waynesburg, and sophomore **Elizabeth Beardsley** of Westminster.*

PAC CROSS COUNTRY CAPSULES

Bethany Bison



The Bison ran at Wheeling Jesuit's Bob Creamer Memorial Invitational in Wheeling ... BC, who ran without their top runners in **Maggie McCort** and **Zach Foster**, was the only D-III team present, as the other teams competing were Division II Wheeling Jesuit and Ohio Valley ... The women placed second, as they had three top 10 finishers ... **Suzanne Stettinius** was their top runner for the second straight week, placing sixth (22:34) ... Following closely was **Chantal Stettinius** in seventh (23:00) and **Emily Roth** in eighth (23:05) ... For the men, **Clifford Arbogast** was the top runner, as he settled for ninth place after getting edged out for eighth by .5 seconds ... **Patrick Miller** took 14th place overall.

Saint Vincent Bearcats



For the second straight week, the Lady Bearcats finished fourth among 10 teams, this time in the California University of PA Invitational ... **Laura Magnuson**, fresh off of a 7th-place finish at Westminster the previous week, was once again SVC's top performer, taking 8th place out of 104 runners with a time of 20:40 in the 5K event ... Freshman **Jillian Krupey** finished 17th with a time of 21:31, while **Amanda Connell** was 23rd (21:59) ... The Lady Bearcats' other top runners were **Kelsey Sullivan** (27th, 22:10), **Maria Shaffo** (37th, 22:42), and **Brittany Fidazzo** (39th, 22:47).

Washington & Jefferson Presidents



Senior **Matthew Rudzki** and junior **Erin Long** led their respective squads with runner-up finishes on Saturday at the Ursinus Invitational in Collegeville, Pa. ... The women's 5K race featured 63 runners, while the men's field included 65 competitors ... Rudzki recorded a time of 27:54 to lead the men, while Long paced the W&J women with a time of 20:40 ... Junior **Bobby Regan** placed fourth (28:37), while freshman **Andrew Howard** earned 12th place (30:05) ... Junior **Megan Duffett** earned the top finish of her career after claiming seventh place (21:45) ... Freshman **Laura Procaro** placed 28th overall (23:35), while competing in her first collegiate event in her hometown.

Geneva Golden Tornadoes



Geneva's cross country teams had the weekend off to prepare for their upcoming meet at IUP next weekend.

Thiel Tomcats



The Thiel Tomcat men's and women's cross country teams were off last weekend and will return to action this Saturday as they are set to compete at the Penn State Behrend Invitational.

Waynesburg Yellow Jackets



The Yellow Jackets competed in the 36th annual California (Pa.) Cross Country Invitational on Saturday ... The Waynesburg women's team finished third at the eight-team event and was led by junior **Megan Grover**, who finished the race 12th-overall with a time of 21 minutes 7.20 seconds ... Seniors **Michelle Cross** and **Haley Hinds**, along with sophomore **Janet Carson**, all finished in the top 25 overall for Waynesburg and their times were separated by a total of five seconds ... Senior **Tim Monaghan** led the men's team with a 17th-place finish and a time of 29:04.50 ... The Yellow Jacket men's squad finished sixth in the eight-team field.

Grove City Wolverines



Both Grove City teams won the 8-team California (Pa.) Invitational ... Junior **Dan Spaulding** and freshman **Garrett Cichowitz** tied for the individual title while junior **Nathan Johnson** finished one-tenth of a second behind in third ... In addition to the top three, **Frankie Hourigan** (8th), **Gordon Grob** (10th) and **Cordell Oberholtzer** (11th) all finished in the top 11 ... The women's team placed five runners in the top 11 ... Junior **Kristen Carter** took second while classmate **Julia Seward** was fourth ... Freshman **Brigitte Fryan** finished seventh while classmates **Emily Pierce** and **Jessica Vernon** placed ninth and 11th, respectively ... Grove City is now off the next two weekends before returning to action Sept. 28 at Lehigh.

Thomas More Saints



The Saints finished 11th in a 12-team field to open the 2007 season at the Hanover Classic in Hanover, Ind. ... Sophomore **Chad Schmidt** was the first Thomas More runner to finish, placing 77th in a time of 30:27 ... Sophomore **Josh Horn** was the next runner to finish, coming in 107th with a time of 32:14 ... Freshman **Kyle Egan** followed soon after in a time of 32:41, good for 112th place ... The final two runners, **Raul Vargas** and **Kevin Keller** came in 142nd and 143rd place, respectively.

Westminster Titans



Westminster competed at the 36th annual California (Pa.) Invitational Saturday ... Sophomore **Elizabeth Beardsley** finished with a 25th-place time of 22:05.70 in the women's 5-kilometer race, followed by teammates sophomore **Amanda Everett** and senior **Leanna Stitt** making the Top 50 with 40th- and 50th-place times of 22:49.20 and 23:31.70 ... Sophomore **Jeremiah Patterson** ran the men's 8-kilometer race in 29:35.90 for 20th place overall to lead the Titan men ... Junior **Andrew Brown**, sophomore **Nate Hunter** and senior **Cory Criss** all cracked the Top 50 at 41st (31:13.10), 48th (31:58.80) and 50th (32:04.10), respectively.